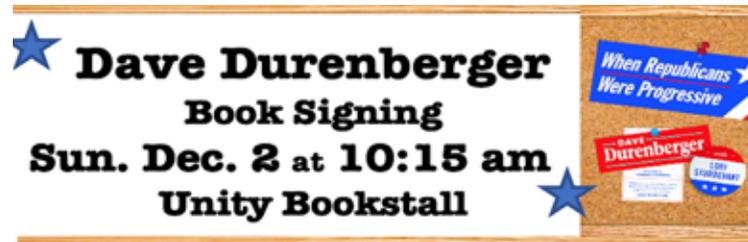


This Week at Unity Church

December 2-9, 2018

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.



★ **Dave Durenberger**
Book Signing
Sun. Dec. 2 at 10:15 am
Unity Bookstall

When Republicans Were Progressive
Dave Durenberger
The Lutheran

Finding Yourself at Unity

Topic: Worship and the Liturgical Year

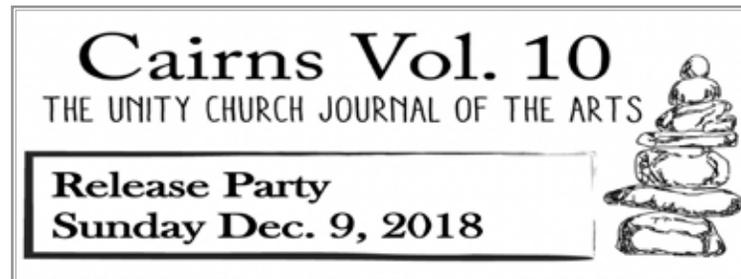
Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Open Page Writing Session: *Wonder: Living with an Open Heart*

Today • 1:00-3:00 p.m. • Anderson Library

RSVP to karen@unityunitarian.org

As we enter the season of lengthened nights, we reflect on the gift of wonder and how we keep it alive. Led by Consulting Literary Minister Karen Hering, Open Page writing session participants use stories, poetry, images and objects as well as wisdom from religious teachings, science, and history to reflect on the monthly theme. Bring something to write with and on; the rest will be provided!



Cairns Vol. 10
THE UNITY CHURCH JOURNAL OF THE ARTS

Release Party
Sunday Dec. 9, 2018



2019 Children's Musical Parent Information Meeting

For the past 29 years, talented members of the Unity Church community have come together to write, compose, direct, choreograph, and perform a unique show for Unity Church. Participating in the Children's Musical has been a transformative experience for many of our young people. If you have a 6th, 7th, or 8th grader, consider whether this fun, team building experience might be right for them. To learn more, please come to the parent information session on Sunday, December 9, from 10:00-11:00 a.m., in the Anderson Library. The musical is scheduled for March 7-9, 2019. Questions? Please contact co-producer Dave Smith at david.smith52@yahoo.com.

Racial Justice Movie Night: *Rabbit Proof Fence*

Friday, December 14 • 7:00 p.m. • Robbins Parlor

Join Unity Church members and friends for an ongoing film series to further our growth in the understanding and challenging of white supremacy and structural racism. Popcorn will be served and there will be time for conversation.

At a time when it was Australian government policy to train aboriginal children as domestic workers and integrate them into white society, young Molly Craig decides to lead her little sister and cousin in a daring escape from their internment camp. *Rabbit Proof Fence* also features a fine soundtrack by Peter Gabriel.



December Holidays Services and Events

See this week's holiday insert!



This Week in Religious Education

Monthly Religious Education Orientation for new families, and anyone interested in learning more about Religious Education at Unity, is Wednesday, December 5, 7:15-8:30 p.m. Childcare provided.

Celebration of New Lives is Sunday, December 9, for families wishing to recognize and dedicate infants into the church community. This celebration is typically for members of Unity or families who are on the path toward membership. If your family plans to participate, contact Michelle Mecey at michelle@unityunitarian.org.

Donations Needed for Religious Education Program

Unity's grade school kids are pondering good and evil. In the Body class they will learn about Amicus, an organization that helps people in transition after incarceration. Donations of the following items will be gratefully accepted in the drop off bin located on the lower level: Tote bags (our greatest need: new or used, clean, fabric, reusable shopping bags or smaller fabric totes), soap, washcloths, razors, shaving cream, combs, toothbrushes and paste, feminine hygiene products, shampoo and conditioner (travel size).

Spirit Play (ages 3-6): Children today hear the real story of St. Nicholas, *Friend of Children* and what it means to enter the holiday season of gratitude and caring for the least among us. Who was St. Nicholas? Why did he give away his possession to help the poor? Have we helped anyone in secret? Who would St. Nicholas help today? Please wonder together with your children about their sacred play.

Rotations (grades 1-6): Children begin in worship in the Ames Chapel (9:00 and 4:30) or in the Sanctuary (11:00). Then in classrooms downstairs, they continue to explore "Being Human and Alive." Part of being human means claiming our own moral capacity for good/evil and everything in between, and using our hearts and minds to side with love.

Junior High (grades 6-8): Classes resume today, with four courses offered this semester: Technology & Religion, UU Identity & History, Sacred Threads, and Building the Beloved Community. Youth conclude each class with worship in Ames Chapel.

Tweens (grades 5-7) are having a TWEEN PARTY for their final gathering of the year! Before chapel, meet in the Center Room at 6:00 p.m. for communal tween dinner (food will be served in the Parish Hall). Then join in an evening of games and fun!

Our Whole Lives is a sexuality and spirituality program typically for grades 8-9. Class on December 5 focuses on "Sexuality and Disability."

Coming of Age is our signature spiritual growth program, typically for 9th graders. Class meets today to continue with the topic "Death and Loss."

Tower Club: High School youth do NOT meet tonight, after wreath making on Saturday. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith.

This Week at Unity Church

Sunday, December 2

Holiday Boutique	After morning services, Parish Hall
Wreath and Cookie Sales	After services, Parish Hall
Children's Choir Rehearsal	10:00 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Afterthoughts	10:15 a.m., Gannett Room
Men's Retreat Planning Team	10:15 a.m., Crothers Room
Finding Yourself at Unity	10:20 a.m., Ames Chapel
Open Page Writing Session	1:00 p.m., Anderson Library
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
Young Adult NAMI Meeting	6:30 p.m., COA/OWL Room

Monday, December 3

Men's Retirement Group	1:00 p.m., Gannett Room
Circle of Peace	5:15 p.m., Center Room
Alateen	6:00 p.m., Children's Library

Tuesday, December 4

Zen Meditation Group	5:00 p.m., Ames Chapel
Unity Singers Rehearsal	7:30 p.m., Parish Hall

Wednesday, December 5

Al Anon	5:00 p.m., Science Room
Recovering from White Conditioning	6:00 p.m., Gannett Room
Wellspring Wednesday	See box at right

Thursday, December 6

Unity Choir Rehearsal	7:30 p.m., Parish Hall
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Friday, December 7

Sustainable Living Team	7:00 p.m., Center Room
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Look Who's Sharing Art

The picture of Mary Charlie making flatbread was taken by Will Hommeyer while he was helping families on the Navajo Reservation in the mid 1980s. Will says, "the photo usually hangs in our kitchen, where visitors often ask about it."

Winter Warm-up Drive

Unity's Racial and Restorative Justice Team is collecting the following items to share with clients of its community partner, Amicus. These items will be shared with people upon their release from correctional facilities:

- New hygiene items such as shampoo, soap, toothpaste/brushes, lotion, deodorant, and shaving cream
- New gloves, hats, scarves, and socks suitable for the job site
- Hand and foot warmers
- Bus passes or the cash to buy bus passes

Bring donations to the Racial and Restorative Justice table in the Parish Hall on Sundays and to Lisa Friedman's office during the week.

Crossing and Blessing Our Thresholds

Are you crossing a threshold in your life — a change in relationship, work, home, roles, identity or abilities that feels like a turning point, whether you've chosen it or not? If this describes your own life now, consider joining the 2019 Threshold series, a facilitated small group for reflecting on the changes in our lives. Led by literary minister Karen Hering, the group will use conversation, guided writing, and a variety of nonwriting activities in considering the meaning present on our thresholds. The series is free to members, and \$100 for nonmembers. The group meets Saturdays, January 19, February 2 and 23, and March 9. To register email Karen Hering at karen@unityunitarian.org with a sentence or two describing the threshold you have crossed or will be crossing soon.

Sunday, December 9 • 9:00 a.m., 11:00 a.m., 4:30 p.m.

Letting Wonder Have Its Way

We tend to think of spiritual practice as a conscious, focused discipline. But for those of us who need to cultivate humility, surrendering to wonder can help us to grow beyond our need to control and judge the world. Rev. Rob Eller-Isaacs and worship associate Maima Fant will offer a service urging us to let wonder guide us as we lean into the winter holy days. Musicians: Unity Singers (9:00/11:00) and Unity Choir (4:30).

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On November 25, \$2,201.95 was collected in the Sunday offering. Feeding Frogtown will receive a donation of \$1,541.37. Information about today's offering recipient, TU Dance School, is available in your order of service. The offering on December 9 is the Face It Foundation.

Wellspring Wednesday, December 5

6:00 p.m. Dinner: *Butternut squash lasagna, green salad, dessert.* Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

6:50 p.m. Worship service in the Ames Chapel

7:15 p.m. Programs and Childcare

Spiritual Photography: Finding Wonder in Photos

Join Hallman Ministerial Intern Kathryn Jay in using photography to reflect on this month's theme of wonder. The session will start with a visio divina practice to help participants see more deeply, and then explore how taking pictures helps us to experience more wonder in our everyday lives. Bring a photo that represents wonder for you — on your phone is fine!

Sharing the Holidays with the CLF Prison Ministry

The Church of the Larger Fellowship (CLF) has almost 900 members who are currently incarcerated. They communicate with CLF solely through the mail which involves a lot of folding, stuffing, and addressing of envelopes! Join Unity member and CLF staff member Hannah Franco-Isaacs to send out correspondence courses to UUs in prison.

Your Voice in the Congregational Survey

Come hear key insights the board gained from the congregational survey completed last May.

New Family Religious Education Orientation

This session is for families new to Unity Church who would like to learn more about religious education.

Yoga for Healing

Use gentle movement to activate and explore some of the 108 sacred sites within the body, called marma points (marmani). Marmani are similar to acupuncture points, as activating them provides a healing connection to all of our internal systems.

Textile Arts: This group is open to textile creatives of all ages. Bring your knitting, embroidery, needlepoint, etc.

Learn and Play Go, the Chinese Board Game

Anyone above the age of 10 is welcome to play.

Tween Party (Grades 5-7)

Meet in the Center Room at 6:00 p.m. for dinner, then enjoy games, activities, surprises, and so much fun!

After December 5, Wellspring Wednesday goes on winter break, returning January 9!
