

This Week at Unity Church

October 14 - 20, 2018

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

October Pledge Drive: *Just Imagine*

October is pledge month and today is Celebration Sunday! As we are introduced to our new Ends statements, we are being called to wonder, open-hearted engagement, and courageous action.

Please pledge by October 31 so that we can present next year's budgets at the Annual Meeting on November 17.

Information about the October pledge drive and an online pledge form is available at www.unityunitarian.org/annual-pledge.html.

Finding Yourself at Unity

Topic: UU History

Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Voter Registration: Today in the Parish Hall

Unity Gun Sense Ministry Team will offer an opportunity to register to vote after morning Sunday services today. If you've moved, haven't voted in several years, or if you just turned 18, please stop by and register!

Blessing of the Animals

Today! • 1:00 p.m. • Greenspace

Bring your pet for this bounty of blessings!



Look Who's Sharing Art

Gus Smith, a 9th grader, is sharing a bronze sculpture he made with Nick Legeros. Legeros and Gus were matched up for Gus's Make-A-Wish event. They worked for four months to design, cast, pour, solder, and polish this sculpture. Gus says the coolest part was pouring the 1800+ degree bronze — "it was exciting, loud, and a little scary."

Beyond Polarization

A Workshop for Liberals Who Want to Communicate Better with Conservatives

Tuesday, October 23 • 6:00-9:00 p.m. • Parish Hall

Sponsored by Better Angels and Unity Church-Unitarian

Bill Doherty, Unity Church member and co-founder of Better Angels

Conversations across the political divide have become treacherous, with many people avoiding them or regretting them afterwards. Some family members stop talking to each other altogether. In this workshop you'll learn skills for communicating effectively and respectfully with conservative friends, coworkers, and loved ones who strongly disagree with you. You'll practice ways to clarify differences and search for common ground without igniting open hostilities. You'll learn how to avoid the escalation trap when talking about President Trump. And, you'll get acquainted with the Better Angels movement to depolarize America. This will be a lively, intense, and fun workshop. Register at www.unityunitarian.org.

Your UU Elevator Speech

Saturday, October 27 • 9:00 a.m.–12:30 p.m. • Ames Chapel

Do you ever wish you could explain Unitarian Universalism in the time it takes to ride an elevator? Would you like to increase your confidence in talking about your church and your faith? Join us for this workshop where we will write and practice our elevator speeches. Childcare is available by request. Sign up in the Parish Hall on Sundays or email Lisa Friedman at lisa@unityunitarian.org.

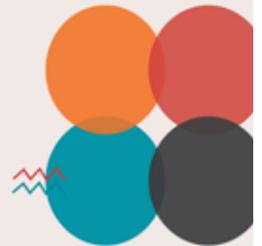
COME TOGETHER

5:30 to 9:00 PM

Saturday, November 3, 2018

Purchase tickets today!
Only \$20 each in the Parish Hall!

 **Unity Church**
Live, Silent and
Online Auction



Donate to Unity's Auction

Be creative and donate something special to the auction! How about... A family game night? A tasting event (beer, soup, dessert)? A talent to share (art, music, cooking, or a hiking tour)? A concert?

Donations of gift baskets, gift cards, event tickets, art, and crafts are also gratefully accepted. Complete a donation form in the Parish Hall today or online at www.unityunitarian.org/auction.html.

This Week in Religious Education

Boston Pilgrimage for our 11th grade youth is October 17-22.

Please keep our pilgrim youth in your prayers as they make this annual pilgrimage deeper into their UU heritage.

No R.E. classes next Sunday (October 21, MEA fall break).

Please use next Sunday as an opportunity to worship together with your children in the Sanctuary, or have children join in community activities downstairs. Classes resume October 28.

Spirit Play (ages 3-6): Children in Spirit Play today hear the story of the Buddha and the Mustard Seed. How do we live with suffering? Is there medicine for loss and grief? How do we help one another when we are hurting?

Rotations (grades 1-6): Children first begin in worship, upstairs in the Ames Chapel (9:00 and 4:30) or in the Sanctuary (11:00) with their friends and Journey Guides. Then in classrooms downstairs, they continue their journey as a community of faith, exploring "God is Mystery."

Tween Group (grades 5-7): No meeting this Wednesday, October 17, given fall break. Meetings resume October 24.

Junior High (grades 6-8): Youth continue classes through four courses offered this semester: Technology & Religion, UU Identity & History, Sacred Threads, and Building the Beloved Community. Each class concludes with worship in Ames Chapel.

Our Whole Lives does not meet October 17, given fall break. Class resumes October 24 with focus on "Body Image."

Coming of Age (COA) does not meet this afternoon given their weekend retreat at Camp St. Croix. No class on October 21, given fall break. Class resumes on October 28.

Tower Club: High school youth meet tonight to bring focus to the Boston Pilgrimage. No meeting October 21, given fall break. On October 28 youth will meet for a Halloween party. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith. Sunday evenings from 6:00-8:15 p.m.

This Week at Unity Church

Sunday, October 14

Children's Choir Rehearsal	10:00 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Afterthoughts	10:15 a.m., Gannett Room
Finding Yourself at Unity	10:20 a.m., Ames Chapel
Blessing of Animals	1:00 p.m., Greenspace
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
Tower Club	6:00 p.m., Center Room

Monday, October 15

Circle of Peace	5:15 p.m., Center Room
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Tuesday, October 16

Elders Circle	1:00 p.m., Center Room
Paul Siegler Memorial Service	3:00 p.m., Sanctuary
Zen Meditation Group	5:00 p.m., Ames Chapel
Living with Grief Group	7:00 p.m., Gannett Room
Unity Singers Rehearsal	7:30 p.m., Parish Hall

Wednesday, October 17

Al Anon	5:00 p.m., Science Room
Wellspring Wednesday	See box at right
Board of Trustees	7:15 p.m., Anderson Library

Thursday, October 18

Pastoral Care Team	9:00 a.m., Anderson Library
Caregivers Support Group	Noon, Anderson Library
Unity Choir Rehearsal	7:30 p.m., Parish Hall
Fresh Air AA	7:30 p.m., Anderson Library

Saturday, October 20

Betty Hardacker Memorial Service	1:00 p.m., Sanctuary
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Obama School: Snacks for Teachers' Meetings

There's currently no parent/teacher group at Obama Elementary School. We can help! Be part of a team of three taking snacks to the teachers for a staff meeting after school; it's an easy way to show that we support the work they're doing. Healthy, sweet, or salty, they appreciate what we share. If you'd like to help once, or more, contact Nancy Heege at nancyheege@cs.com.

When Republicans Were Progressive

A Book Reading with Dave Durenberger

Wednesday, November 7 • 7:15 p.m. • Unity Church

Dave Durenberger will read from his new book, *When Republicans Were Progressive*. All are welcome.

Help Provide a Meal for Jeremiah Families

Help cook a meal at The Jeremiah Program (932 Concordia Avenue, St. Paul), a residence and education program for single moms and their children. Meals are provided before evening classes and Unity Church volunteers are needed to help with preparation on the following dates: Tuesday, November 13; Thursday, January 17; Tuesday, March 19; Thursday, April 18. Helpers (including kids over eight years old) work from 4:00-7:00 p.m. To volunteer contact Karen Buggs at 651-297-0111 or buggs745@hotmail.com.

Save the Date: Celebrate Ruth Palmer

Mark your calendars for the evening of May 11, 2019, when we will have the opportunity to celebrate our dear Ruth Palmer and the enormous impact she has had on our musical and spiritual lives. Jake Runestad and Dale Warland have each been commissioned to write a piece in honor of Ruth as she starts her retirement. These pieces will be premiered that evening, with a reception following the concert. Save the date!

Sunday, October 21 • 9:00 a.m., 11:00 a.m., 4:30 p.m.

The Longing Heart

It is said that religion exists to make sense of human longing. It provides a means to live with that longing, and responds to it with practices for channeling that longing. Rev. Janne Eller-Isaacs and worship associate Alex Askew will be addressing the purpose of longing and our spiritual lives. Musicians: Tony Hauser, guitar (all); Teresa Tierney and KrisAnne Weiss, soloist (9:00/11:00); Kathleen Bartholomay, piano (4:30).

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On October 7, \$1,854 was collected in the Sunday offering. Apparent Plan will receive a donation of \$1,297.80. Information about today's offering recipient, COPAL, is available in your order of service. The offering on October 21 is Microgrants.

Wellspring Wednesday, October 17

6:00 p.m. Dinner: *Garlic roasted pork loin, crispy broccoli, citrus salad, dessert.* Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

6:50 p.m. Worship service in the Ames Chapel

7:15 p.m. Programs and Childcare

St. Paul Public Schools Update with Dr. Joe Gothard

After a year of visiting schools, holding listening and learning sessions, and seeking community input, St. Paul Superintendent Dr. Joe Gothard, will present information regarding the district's request to increase its operating referendum by \$18.6 million. This will be an opportunity to learn more about current school funding and why it is important to our community. In addition, he will share the Strategic Plan implementation focus areas and next steps.

Divine Feminine Consciousness with

Suzanne Quinn-McDonald and Susan Skach-Bejarano

Join us as we watch Clare Dubois, the inspirational founder of "Tree Sisters," share her story of being called to focus the brilliance, creativity, and generosity of women, toward the rebirthing of the Divine Feminine Consciousness in our world today. Following this 20 minute video, we will gather to share stories of how this wisdom and knowing is showing up in our own lives. This gathering is for all genders.

Open Page Writing Session: Belong to Our Longing

RSVP to karen@unityunitarian.org

What is the nature of longing and how do we respond to it? What does our longing point us toward? And what would happen if we let ourselves belong to our deepest longing?

Led by Consulting Literary Minister Karen Hering, Open Page writing session participants use stories, poetry, images, science, and history to reflect on the monthly theme in their own words and on their own pages. No writing experience is necessary.

Vinyasa Flow Yoga

This class is for individuals seeking more rigorous movement.

Textile Arts

Bring your knitting, embroidery, needlepoint, etc.

Learn and Play Go, the Chinese Board Game

Tween Group
