

This Week at Unity Church

October 7 - 13, 2018

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

October Pledge Drive: *Just Imagine*

October is pledge month! As we are introduced to our new Ends statements, we are being called to wonder, open-hearted engagement, and courageous action. *Just imagine!*

- **Check your mail (and inbox) for your invitation to pledge.** Please pledge by October 31 so that we can present next year's budgets at the Annual Meeting on November 17.
- On Saturday, October 13, we invite you to gather for **A Day of Prophetic Imagination** when we will explore our new communal direction with local artists who will lead us in music, art, and conversation (see insert for details).
- Sunday, October 14, is **Celebration Sunday!** A celebration of giving, with special music and a service reflecting on the joys and obligations that emerge out of our longing.

Information about the October pledge drive and pledge events is available online at www.unityunitarian.org/annual-pledge.html.

Finding Yourself at Unity

Topic: Religious Education for Children, Youth, and Adults

Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Voter Registration: October 7 and 14 in the Parish Hall

Unity Gun Sense Ministry Team will offer an opportunity to register to vote after morning Sunday services on October 7 and 14. If you've moved, haven't voted in several years, or if you just turned 18, please stop by and register!

A Journey to Learn with Mano a Mano

Mano a Mano invites you to take part in a unique journey to Bolivia to see projects that have improved health and economic well-being in hundreds of rural Andean communities. Visit the training center where Mano a Mano teaches earth-friendly agricultural practices that protect water and soil as Bolivia faces changes in climate. Be immersed in the daily lives of subsistence farm families. Witness their determination to create a better life for their children. To learn more about the trip, attend an information session offered after each service today (10:15/12:15, Center Room; 5:45, Anderson Library). Questions? Contact Segundo Velasquez, co-founder of Mano a Mano and Unity Church member at segundo@manoamano.org.

Look Who's Sharing Art

The print Carol Mahnke is sharing was the first piece of art she and her husband purchased. She says it hung above the piano in various places where they lived.

Unity Book Club

The Unity Book Club meets on the second Tuesday of the month at 7:00 p.m. All are welcome — even if you haven't read the book! On October 9 the group will discuss *The Redbreast* by Jo Nesbo. Contact: Jack Hawthorne at jack.hawthorne@comcast.net.

Children's Art Reception

A Parish Hall artists reception will be held on Wednesday, October 10, to celebrate the work of Unity's children. The reception will run from 7:15 to 8:30 p.m., with a brief presentation at 7:30 p.m. Stop by anytime. There will be snacks, juice, and an art project.

Young Adult Group (ages 18-35)

The Young Adult Group meets Thursday, October 11! At 6:30 p.m., we gather for coffee/dessert "happy hour." From 7:00-9:00 p.m., we engage in conversation about what is sacred in our lives. Check out our YA blog at <https://stayingabeatlonger.com/>. Newcomers are welcome! To be added to the Young Adults email list, please email kp@unityunitarian.org.

Racial Justice Movie Night

The Doctrine of Discovery: Unmasking the Domination Code Friday, October 12 • 7:00 p.m. • Robbins Parlor

Join Unity Church members and friends for an ongoing film series to further our growth in the understanding and challenging of white supremacy and structural racism. In honor of Indigenous People's Day, we will be viewing a documentary that explores this part of our heritage. Popcorn will be served and there will be time for conversation.

Blessing of the Animals

Sunday, October 14 • 1:00 p.m. • Greenspace

Bring your pet for this bounty of blessings!



This Week in Religious Education

Spirit Play (ages 3-6): Children in Spirit Play today hear the story of Listening for God. How do we listen with our whole selves? With our bodies, minds, hearts, imagination, and souls? And how does the Spirit help us know how to love, what to do, and who to be? Please wonder together with your children about their classroom and their place of sacred play.

Rotations (grades 1-6): Children first begin in worship, upstairs in the Ames Chapel (9:00 and 4:30) or in the Sanctuary (11:00) with their friends and Journey Guides. Then in classrooms downstairs, they continue their journey as a community of faith, exploring "God is Mystery." Take a moment to say hello and get to know your child's teachers.

Tween Group (grades 5-7): Meetings continue October 10, with youth building relationships and community. Meet in Ames Chapel at 6:50 for Wellspring Wednesday worship then head to junior high room 21.

Junior High (grades 6-8): Youth continue classes through four courses offered this semester: Technology & Religion, UU Identity & History, Sacred Threads, and Building the Beloved Community. Each class concludes with worship in Ames Chapel.

Our Whole Lives is a sexuality and spirituality program typically for youth in grades 8-9. October 10 topic: personal concerns about puberty.

Coming of Age (COA) is our signature spiritual growth and enrichment program typically for 9th graders. Youth and mentors meet today at 3:30 p.m. to conclude thematic section on "On Being Human and Alive" and attend worship together.

Tower Club: High school youth meet tonight at 5:45 p.m., for film viewing of *Little Women*, and to bring focus to 11th graders and the upcoming Boston Pilgrimage. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith. Lots of fun and food, too, typically Sunday evenings from 6:00-8:15 p.m.

This Week at Unity Church

Sunday, October 7

Travel to Bolivia Information Session	After each service (9:00/11:00, Center Room; 4:30, Anderson Library)
Children's Choir Rehearsal	10:00 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Afterthoughts	10:15 a.m., Gannett Room
Finding Yourself at Unity	10:20 a.m., Ames Chapel
Above Every Name Worship Service	1:00 p.m., Sanctuary
Men's Retreat Planning Team	2:00 p.m., Crothers Room
Soup Supper	5:45 p.m., Parish Hall
Tower Club	5:45 p.m., Center Room

Monday, October 8

Men's Retirement Group	1:00 p.m., Gannett Room
Circle of Peace	5:15 p.m., Center Room

Tuesday, October 9

Zen Meditation Group	5:00 p.m., Ames Chapel
Unity Book Club	7:00 p.m., Robbins Parlor
Evergreen Quilters	7:00 p.m., Anderson Library
Unity Singers Rehearsal	7:30 p.m., Parish Hall

Wednesday, October 10

Al Anon	5:00 p.m., Science Room
Wellspring Wednesday	See box at right
Mano a Mano Team	7:00 p.m., Art Room

Thursday, October 11

Women in Retirement: The Choice Years	1:00 p.m., Center Room
Young Adults Group	6:30 p.m., Gannett Room
A New Look at the Bible	7:00 p.m., Center Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall
Fresh Air AA	7:30 p.m., Anderson Library

Friday, October 12

Racial Justice Movie Night	7:00 p.m., Robbins Parlor
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Saturday, October 13

A Day of Prophetic Imagination	2:00 p.m., Parish Hall
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Your UU Elevator Speech

Saturday, October 27 • 9:00 a.m.–12:30 p.m. • Ames Chapel

Do you ever wish you could explain Unitarian Universalism in the time it takes to ride an elevator? Would you like to increase your confidence in talking about your church and your faith? Join us for this workshop where we will write and practice our elevator speeches. Childcare is available by request. Sign up in the Parish Hall on Sundays or email Lisa Friedman at lisa@unityunitarian.org.

Obama School: Snacks for Teachers' Meetings

There's currently no parent/teacher group at Obama Elementary School. We can help! Be part of a team of three taking snacks to the teachers for a staff meeting after school; it's an easy way to show that we support the work they're doing. Healthy, sweet, or salty, they appreciate what we share. If you'd like to help once, or more, contact Nancy Heege at nancyheege@cs.com.

Come Together: Unity's Live, Silent, and On-Line Auction

Saturday, November 3 • 5:30 to 9:00 p.m. • Parish Hall

As with last year's successful auction, for a mere \$20 you will be able to bid on myriad opportunities for fellowship and delight offered by members of our congregation. There is something for everyone! Scrumptious food is on the menu, and the Parish Hall will be transformed into a lively bazaar of opportunity! Visit the Parish Hall today to purchase tickets, make a donation, and volunteer to help. Details are online at www.unityunitarian.org/auction.html.

Sunday, October 14 • 9:00 a.m., 11:00 a.m., 4:30 p.m.

Just Imagine Celebration Sunday

After a Day of Prophetic Imagination, during which we will enlist the arts in helping us give shape and voice to the church we dream about, we'll gather to celebrate our community and bring our pledge commitments to the chancel. Rev. Rob Eller-Isaacs and worship associate Suzanne Quinn-Macdonald will remind us of the joys and obligations that emerge out of our longing. Musicians: Dean McGraw Band with Serge Akou, bass; Miguel Hurtado, drums; Dean Magraw, guitar; and Elizabeth Alexander, composer and pianist.

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On September 30, \$3,052.84 was collected in the Sunday offering. The Minneapolis Rotary Club will receive a donation of \$2,136.99. Information about today's offering recipient, Apparent Plan, is available in your order of service. The offering on October 14 is COPAL.

Mentoring at Unity: A Path to Deeper Connection

Unity Church has a mentor program available to all visitors and new members. A mentor serves as a guide and a resource in the congregation. If you are interested in learning more, please stop by the Welcome Table in the Parish Hall today.

Wellspring Wednesday, October 10

6:00 p.m. Dinner: *Herb and garlic roasted chicken, mashed potatoes, green salad, pumpkin bars.* Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

6:50 p.m. Worship service in the Ames Chapel

7:15 p.m. Programs and Childcare

Caring for Our Planet: Come celebrate the joys of caring for our planet and each other by joining Unity's Sustainable Living Team on October 10 and 24. This first session will dig into a delicious discussion about food and will explore community food preparation with a fermentation workshop. The second session will offer a discussion on consumer culture and will set up a lend and trade system for goods and services here at Unity Church.

Creating a Positive Life: Where Intention Goes, Energy Flows: In this lifestyle talk, join wellness coach Ann Drew Yu as she guides the group through a fresh look at intention — what it is, what it's not (you might be surprised), and how you can use its gentle power to bring more positivity into your life. You'll leave with your own personalized intention, one that energizes you with new possibilities and hope.

Children's Art Reception: Join us for an artist reception in the Parish Hall to celebrate the work of Unity's children. We will wonder together about the art, the work, and the spiritual lives of our children. The reception will run from 7:15 to 8:30 p.m., with a brief presentation at 7:30 p.m. Stop by anytime. There will be snacks, juice, and an art project for children.

Great College Search: Competitive Colleges: What, Why (or Why Not), and How

Yoga for the Season: Season-specific yoga poses to help create equanimity in the body and mind.

Learn and Play Go, the Chinese board game

Tween Group
