

This Week at Unity Church

August 18-24, 2019

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Pancake Brunch • Today!

Join us for a pancake brunch after worship. We'll have fresh pancakes, real maple syrup, sausages, juice, coffee, and more!

PD&Q Railroad Welcomes Visitors Today

Weather permitting, Dutton and Caroline Foster will open their backyard railroad for Unity folks today from 11:30 a.m. to 1:00 p.m. The Fosters will have lemonade and water on hand. If you've never visited before, this is a G scale backyard railroad in its 34th year, set in a landscape of mountains, water, bridges, towns, mines, farms, and ranches. Given its advanced age (and that of its builder), it faces an uncertain future, but for now, it's up, running, and (this year especially) pretty lush. The PD&Q Railroad is at 1882 Goodrich Avenue, one block west of Fairview and two blocks south of Grand, southwest corner of Howell. Look for the RR Crossing sign.

Sign Up for a Chalice Circle • In the Parish Hall today!

Chalice Circles are small groups of 8-10 participants who come together with a trained leader, once a month from September–June, to nurture spiritual growth in community. At the beginning of each month, participants receive materials based upon the monthly worship theme. From these materials, each participant chooses one spiritual exercise and a deep question to sit with for the course of the month. At the end of the month, participants gather with their group to share their experiences. Details and sign up are available at the Chalice Circle table in the Parish Hall today and online at www.unityunitarian.org/chalice-circles.html.

Dine with Nine

Are you interested in getting to know more people at Unity Church? Do you enjoy good food and lively conversation? Beginning in October, small groups of church members and friends will gather in each other's homes once a month for food and fellowship. The self-directed groups will choose dates, times, and places for their gatherings. Visit the Dine with Nine table in the Parish Hall on Sundays, August 11 through September 22, to learn more. Sign up to participate online at www.unityunitarian.org/dine-with-nine.html or by email to Teresa Wernecke at teresa475@gmail.com. Please include your contact information and let us know if you would like to sign up for a family or adult only group.

All Summer: Tuesday Night Chopping

In an effort to utilize more Minnesota grown produce in the Unity Church kitchen, volunteers are invited to shop for, prep, can, preserve, and freeze summer's bounty! You will learn new recipes and techniques, enjoy tasting Minnesota's freshest fruits and vegetables, and share good conversation and lots of laughs. Sign up online at <http://bit.ly/summerchop>.

- Farmers Market: Receive a shopping list to purchase produce at the farmers market (you will be reimbursed). Deliver produce to church by the Tuesday you've signed up for.
- Tuesdays in the kitchen: 4:00-6:30 p.m., Prep, taste, and preserve market produce.

Tell Us Your Story!

Members of the team working to write a 1970-2020 history of Unity Church are collecting the stories you'd like to share about any aspect of the church during those years. Stories can be submitted via e-mail to ucuhistory@gmail.com.



**The Unity Bookstall's Second-Ever
Used Children's
Picture Book Sale
Sundays
Aug 25 & Sept 1, 2019**

Black Lives of UU presents

The Harper-Jordan Memorial Symposium

October 30-November 2 • St. Paul, MN

The Harper-Jordan Memorial Symposium responds to a longing on the part of many Black Unitarian Universalists to more fully understand where we have been, who we are now, and how we hope to live out our Unitarian Universalism as Black people.

This four-day gathering will offer a welcome reception, informative and interactive plenaries, spiritual grounding and worship experiences that speak directly to the onsite learning, and as many meaningful and joy-filled networking and community-building opportunities as you can handle. The symposium will conclude with a worship service, open to all, at Unity Church-Unitarian.

The Symposium is open to everyone, with priority registration for Black people, Indigenous people and People of Color. After you have registered you will be notified if a space in the symposium is available for you. Full details and registration is online at www.blacklivesuu.com.

Look Who's Sharing Art

Bill Randall's painting "Big Tree, Little Branch" brings memories of the relationship between a father and a son.

Parish Hall Art Share

Art Share is the Parish Hall exhibit where Unity Church members display a piece of art that's meaningful to them. The purpose of Art Share is for church members to get to know each other and to enhance the focus on art within the congregation. To participate, put your name and e-mail on the form on the bulletin board next to the coffee window in the Parish Hall. Your art, a statement from you, and your photo will be a one-person show for two Sundays!

This Week in Religious Education

Summer in the Garden is offered today at 10:00 a.m. and continues throughout summer. Great for children ages 4-12. Please meet in our outdoor garden, next to the parking lot. No registration is necessary but drop-in capacity will be limited by the number of adult volunteers present. Regular nursery care for continues throughout summer.

Religious Education Enrollment for 2019-2020

The next R.E. enrollment session for the 2019-20 church year will be held Wednesday, September 4, at 6:30 p.m. If you plan to enroll your child in Unity's Sunday programs for children and youth, please attend this session. Questions? Contact Michelle Mecey at michelle@unityunitarian.org.

This Week at Unity Church

Sunday, August 18

Anderson and Whitman Libraries Open to the Congregation
Obama School Team Meeting 11:00 a.m., Robbins Parlor
Finding Yourself at Unity 11:15 a.m., Ames Chapel
Afterthoughts 11:15 a.m., Gannett Room
Above Every Name 1:00 p.m., Sanctuary
Young Adult NAMI 6:30 p.m., COA/OWL Room

Monday, August 19

Circle of Peace 5:15 p.m., Center Room

Tuesday, August 20

Tuesday Night Chopping 4:00 p.m., Kitchen
Zen Meditation Group 5:00 p.m., Ames Chapel
Debtors Anonymous 6:30 p.m., Drama Room
Living with Grief Group 7:00 p.m., Gannett Room

Wednesday, August 21

Al Anon Group 5:00 p.m., Science Room
Recovery from White Conditioning 6:00 p.m., Gannett Room

Thursday, August 22

Women in Retirement: The Choice Years 1:00 p.m., Center Room
Racial and Restorative Justice Team 6:00 p.m., Robbins Parlor
Textile Arts 7:00 p.m., Robbins Parlor
Fresh Air AA 8:00 p.m., Anderson Library

Mentoring at Unity: A Path to Deeper Connection

Unity Church has a mentor program available to all visitors and new members. A mentor serves as a guide and a resource in the congregation. They pledge to meet at least once a month face to face, and be available for ongoing questions and advice for at least six months. If you would like more information, stop by the Welcome Table or email Lisa Friedman at lisa@unityunitarian.org.

Summer Sunday Service • 10:00 a.m.

August 25: *Grounded Faith*

Unitarian Universalism's commitment to religious freedom is often misrepresented as "religion-lite," where you get to choose the easy elements of theology and ignore the harder ones. And yet, life-long UUs Erika Sanders and Rev. Lisa Friedman have found the principles and faith of Unitarian Universalism to be life-saving in their hours of need. What is the essence of that strength and foundation, and what can it offer us in these challenging times? Musicians: Oasis (vocal trio)

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On August 11, \$1,031.09 was collected in the Sunday offering. One Voice Mixed Chorus will receive a donation of \$721.76. Information about today's offering recipient, East Side Elders, is available in your order of service. The offering recipient on August 25 is One Voice Mixed Chorus.

Food Shelf Collection

Bring non-perishable food and hygiene items to Unity Church and help feed hungry people in our community through Evergreen Quilters' partnership with Hallie Q. Brown Food Shelf. Wicker collection trunks are located at the Portland and Holly entrances.

Upcoming Fellowship Groups

Living With Grief Group: For people living with grief and loss. Third Tuesday of the month (August 20), 7:00-9:00 p.m. Contact: Janne Eller-Isaacs, janne@unityunitarian.org

Men's Retirement Group: Monday, August 26, 1:00-3:00 p.m. Contact: Tom Zell, tomzell@me.com

Men's Conversation Group meets Monday, August 26, 7:00-9:00 p.m., Gannett Room. Contact Terry McDanel, tmcdanel@gmail.com

Recovery from White Conditioning: Wednesdays, 6:00-7:00 p.m., Gannett Room. Contact: Dayna Kennedy, daynamelissa@icloud.com

Textile Arts Group meets Thursday, August 22, 7:00-8:30 p.m., Robbins Parlor. Bring your knitting, needlepoint, or other textile and join them in art and conversation. Contact: Linda Mandeville, lindamandeville41@gmail.com

Women In Retirement: Meets the second and fourth Thursday of the month (August 22), 1:00-3:00 p.m. Contact Lisa Friedman, lisa@unityunitarian.org

Zen Meditation: Find renewal and grounding. Tuesdays, 5:00-6:00 p.m., Ames Chapel. Contact KP Hong, kp@unityunitarian.org.

MERGING OF WATERS

Sunday, September 8

Collect water from your summer adventures and come celebrate the new church year!

Read Now — Meet the Author This Fall

After the Good News

Progressive Faith Beyond Optimism
by Rev. Nancy McDonald Ladd

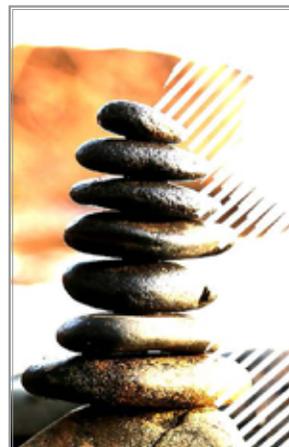


After the Good News
Progressive Faith Beyond Optimism
by Nancy McDonald Ladd
Skinner House, 2019

Available in
the Unity Bookstall and
the Anderson Library

Two opportunities to meet and hear Rev. Ladd at Unity Church

1. Saturday, October 12, at 9:00 a.m., Samuel Morgan Forum!
2. Sunday, October 13, at the 9:00, 11:00, and 4:30 services!



PHOTOGRAPHERS, ARTISTS,
POETS, & WRITERS:

We need your gifts and talents!

SUBMIT TO

CAIRNS VOL. 11
The Unity Church Journal of the Arts

For more information and to submit
visit www.unityunitarian.org/cairns-arts-journal.html

FINAL DEADLINE:
SEPTEMBER 23, 2019