

This Week at Unity Church

August 11-17, 2019

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Finding Yourself at Unity

Topic: Membership 101 and Congregational Life

Finding Yourself at Unity meets on Sundays, from 11:15 a.m.-12:15 p.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Unity Men's Conversation Group

The Men's Conversation Group meets the second and fourth Monday of each month (August 12 and 26), from 7:00-9:00 p.m., in the Gannett Room, to discuss a wide range of topics; to offer support for each other with emotional, spiritual, family, and other issues; and to develop a deeper connection with one another. Everyone identifying as male is welcome. Questions? Contact Terry McDanel at tmcdanel@gmail.com.

Unity Book Club

Unity Book Club meets on the second Tuesday of the month at 7:00 p.m. All are welcome — even if you haven't read the book! On August 13 the group will discuss *Diesel Heart* by Melvin Carter II. Mr. Carter will attend the discussion! Questions? Contact Jack Hawthorne at jack.hawthorne@comcast.net.

All Summer: Tuesday Night Chopping

In an effort to utilize more Minnesota grown produce in the Unity Church kitchen, volunteers are invited to shop for, prep, can, preserve, and freeze summer's bounty! You will learn new recipes and techniques, enjoy tasting Minnesota's freshest fruits and vegetables, and share good conversation and lots of laughs. Sign up online at <http://bit.ly/summerchop>.

- Farmers Market: Receive a shopping list to purchase produce at the farmers market (you will be reimbursed). Deliver produce to church by the Tuesday you've signed up for.
- Tuesdays in the kitchen: 4:00-6:30 p.m., Prep, taste, and preserve market produce.

Pancake Brunch • Sunday, August 18, after the service!

Join us for a pancake brunch after worship. We'll have fresh pancakes, real maple syrup, sausages, juice, coffee, and more!

PD&Q Railroad Welcomes Visitors August 18

Weather permitting, Dutton and Caroline Foster will open their backyard railroad for Unity folks from 11:30 a.m. to 1:00 p.m. on Sunday, August 18. The Fosters will have lemonade and water on hand. If you've never visited before, this is a G scale backyard railroad in its 34th year, set in a landscape of mountains, water, bridges, towns, mines, farms, and ranches. Given its advanced age (and that of its builder), it faces an uncertain future, but for now, it's up, running, and (this year especially) pretty lush. The PD&Q Railroad is at 1882 Goodrich Avenue, one block west of Fairview and two blocks south of Grand, southwest corner of Howell. Look for the RR Crossing sign.

Tell Us Your Story!

Members of the team working to write a 1970-2020 history of Unity Church are collecting the stories you'd like to share about any aspect of the church during those years. Stories can be submitted via e-mail to ucuhistory@gmail.com.

Sign Up for a Chalice Circle

Chalice Circles are small groups of 8-10 participants who come together with a trained leader, once a month from September-June, to nurture spiritual growth in community. At the beginning of each month, participants receive materials based upon the monthly worship theme. From these materials, each participant chooses one spiritual exercise and a deep question to sit with for the course of the month. At the end of the month, participants gather with their group to share their experiences. Details and sign up are online at www.unityunitarian.org/chalice-circles.html.

Dine with Nine

Are you interested in getting to know more people at Unity Church? Do you enjoy good food and lively conversation? Beginning in October, small groups of church members and friends will gather in each other's homes once a month for food and fellowship. The self-directed groups will choose dates, times, and places for their gatherings. Visit the Dine with Nine table in the Parish Hall on Sundays, August 11 through September 22, to learn more. Sign up to participate online at www.unityunitarian.org/dine-with-nine.html or by email to Teresa Wernecke at teresa475@gmail.com. Please include your contact information and let us know if you would like to sign up for a family or adult only group.

Look Who's Sharing Art

In 1999, near Lake Powell, Carolyn Walkup used a Nikon camera to capture scenic crevices in stone walls with sunlight bouncing off the walls.



**The Unity Books+all's Second-Ever
Used Children's
Picture Book Sale
Sundays
Aug 25 & Sep 1, 2019**

This Week in Religious Education

Summer in the Garden is offered today at 10:00 a.m. and continues throughout summer. Great for children ages 4-12. Please meet in our outdoor garden, next to the parking lot. No registration is necessary but drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, please contact Anna Newton at asnewton3@gmail.com or KP Hong at kp@unityunitarian.org. Regular nursery care for continues throughout summer.

Religious Education Enrollment for 2019-2020

The next R.E. enrollment session for the 2019-20 church year will be held Wednesday, September 4, at 6:30 p.m. If you plan to enroll your child in Unity's Sunday programs for children and youth, please attend this session. Questions? Contact Michelle Mecey at michelle@unityunitarian.org.

This Week at Unity Church

Sunday, August 11

Anderson and Whitman Libraries Open to the Congregation
Finding Yourself at Unity 11:15 a.m., Ames Chapel
Afterthoughts 11:15 a.m., Gannett Room
Above Every Name 1:00 p.m., Sanctuary

Monday, August 12

Men's Retirement Group 1:00 p.m., Gannett Room
Circle of Peace 5:15 p.m., Center Room
Men's Conversation Group 7:00 p.m., Gannett Room

Tuesday, August 13

Tuesday Night Chopping 4:00 p.m., Kitchen
Zen Meditation Group 5:00 p.m., Ames Chapel
Debtors Anonymous 6:30 p.m., Drama Room
Evergreen Quilters 7:00 p.m., Anderson Library
Unity Book Club 7:00 p.m., Robbins Parlor

Wednesday, August 14

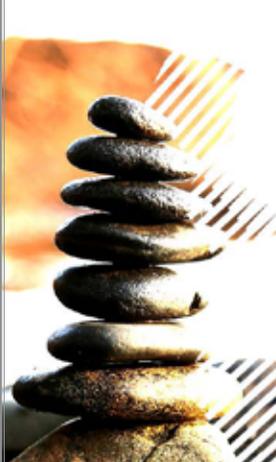
Al Anon Group 5:00 p.m., Science Room
Recovery from White Conditioning 6:00 p.m., Gannett Room

Thursday, August 15

Pastoral Care Team 9:00 a.m., Anderson Library
Caregivers Support Group Noon, Anderson Library
Fresh Air AA 8:00 p.m., Anderson Library

Merging of Waters Worship Service

Be sure to collect water from your journeys (or backyard!) this summer for our annual Merging of Waters ritual service which will be held on Sunday, September 8.



PHOTOGRAPHERS, ARTISTS,
POETS, & WRITERS:
We need your gifts and talents!

SUBMIT TO
CAIRNS VOL. 11
The Unity Church Journal of the Arts

For more information and to submit
visit www.unityunitarian.org/cairns-arts-journal.html

FINAL DEADLINE:
SEPTEMBER 23, 2019

Read Now — Meet the Author This Fall

After the Good News
Progressive Faith Beyond Optimism
by Rev. Nancy McDonald Ladd



After the Good News
Progressive Faith Beyond Optimism
by Nancy McDonald Ladd
Skinner House, 2019

Available in
the Unity Bookstall and
the Anderson Library

Two opportunities to meet and hear Rev. Ladd at Unity Church

1. Saturday, October 12, at 9:00 a.m., Samuel Morgan Forum!
2. Sunday, October 13, at the 9:00, 11:00, and 4:30 services!

Summer Sunday Service • 10:00 a.m.

August 18: *You Don't Ever Let Go of the Thread*

No matter how intentional and clear we are in our lives, life keeps challenging us with the unexpected and uncontrollable. Angela Wilcox and worship associate Nelson Moroukian will explore those threads that help us hold on through transitions, tragedies, and time, and celebrate the immutable aspects of our faith and our communities. Pancake breakfast after the service! Musician: Dawn Baker, piano

August 25: *Grounded Faith*

Unitarian Universalism's commitment to religious freedom is often misrepresented as "religion-lite," where you get to choose the easy elements of theology and ignore the harder ones. And yet, life-long UUs Erika Sanders and Rev. Lisa Friedman have found the principles and faith of Unitarian Universalism to be life-saving in their hours of need. What is the essence of that strength and foundation, and what can it offer us in these challenging times? Musicians: Oasis (vocal trio)

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On August 4, \$975.48 was collected in the Sunday offering. Frogtown Green will receive a donation of \$682.84. Information about today's offering recipient, One Voice Mixed Chorus, is available in your order of service. The offering recipient on August 18 is East Side Elders.

Criminalization of Poverty Series

The Hamline Center for Justice and Law is hosting Criminalization of Poverty series during the 2019-2020 academic year. The first event is on Friday, September 20, from 1:00-4:30 p.m., at Hamline University Sundin Music Hall. Hear the stories of those who committed crimes, those who got away with them, and those who have been directly affected by the criminal justice system. Keynote by author and national speaker Emily Baxter of "We Are All Criminals." Discussion on the policies and practices that can help end decades of mass incarceration and criminalization of poverty. Details about the series and ticket information is online at www.hamline.edu/center-justice-law/poverty-series/.

Black Lives of UU Harper-Jordan Memorial Symposium

October 30-November 2 • St. Paul, MN

The Harper-Jordan Memorial Symposium responds to a longing on the part of many Black Unitarian Universalists to more fully understand where we have been, who we are now, and how we hope to live out our Unitarian Universalism as Black people.

This four-day gathering will offer a welcome reception, informative and interactive plenaries, spiritual grounding and worship experiences that speak directly to the onsite learning, and as many meaningful and joy-filled networking and community-building opportunities as you can handle. The symposium will conclude with a worship service, open to all, at Unity Church-Unitarian.

We are opening ourselves up to an articulation of Unitarian Universalism that is unapologetically Black and proceeds from our co-creation and co-development, such that we might proclaim and clarify a vision for a Black Unitarian Universalism.

The Symposium is open to everyone, and we are prioritizing spaces for Black people, Indigenous people and People of Color. Please register and we'll follow up and let you know when registration is full. Full details and registration is online at www.blacklivesuu.com.