



## Welcome Visitors

After the service please stop by the Welcome Table in Parish Hall to introduce yourself. We would love to get to know you, answer your questions, and help you learn about Unity Church. If you are attending the service online, contact Philippa Anastos at [philippa@unityunitarian.org](mailto:philippa@unityunitarian.org) for the link to join online coffee hour.

## Bookstall Sale: Every Sunday in July

**Books marked with BLUE dots are \$2, RED dots are \$5.**

Markdowns will be taken at checkout.

## Claim Your Lost and Found Item

We've collected all the raincoats and water bottles and put them on display in the Main Lobby of our Portland Avenue entrance. Please claim your item(s) by next Sunday, July 14. Remaining items will be donated the following week.

## Parish Hall Exhibit

Check out the July photography exhibit in Parish Hall after the service! Sarah Lilja and Ian Hanson are both passionate about their photography and their love of nature. Their photos draw the viewer into a wide variety of distinctive compositions and focus the viewer's attention on the unseen details in order to deepen their experience with the natural world.

## Unity Book Club: *Driving Dad Home: A Memoir*

**Tuesday, July 9 | Foote Room/Robbins Parlor**

**Reception with author at 6:00 p.m. | Discussion at 7:00 p.m.**

Unity's Book Club welcomes St. Paul writer John Halter, author of this month's book selection, *Driving Dad Home: A Memoir*, to a reception, reading and discussion. Many readers have already enjoyed this funny, sad, and loving tale of an unforgettable road trip down memory lane. As Star Tribune columnist Neal Anthony says, "John Halter has written a compelling memoir about his attempt to untangle his relationship with a judgmental, volatile, and increasingly forgetful father while fetching him home from a retirement community in Arizona. Any stubborn son who has warred with his flawed father will be moved by the empathy that slowly develops as the two navigate the freeways of the Midwest — and fifty-seven years of family history." Critic Lori Sturdevant adds, "This emotion-packed tale will touch anyone who has endured a difficult relationship with a parent or has helplessly watched a loved one slip into dementia... Halter has given readers of a certain age the gift of knowing they are not alone."

## Get Outdoors with Act for the Earth

### Lake Phalen Walk

**Wednesday, July 10 | Walk: 5:30-6:30 p.m., dinner after**

Park on English Street, just north of Arlington Avenue East. Kathy Sidles will lead us south on the Bruce Vento Regional Trail, and back along the east shore of Lake Phalen. Who knows what we will find (birds and bumble bees?), and the lake is gorgeous. Dinner at Saint Paul Brewing Co. Email Kathy at [kesid@aol.com](mailto:kesid@aol.com) if you plan to participate.

### Bike Ride Along the Mississippi

**Saturday morning August 24 | Watch for details!**

Bike 10 miles (optional longer route) along the river, with lunch at City House (an old grain elevator)! Email Anna at [asnewton3@gmail.com](mailto:asnewton3@gmail.com) if you plan to participate.

## Lectio Divina

**July 10, August 14, September 11 | 7:10 p.m.**

**Online via Zoom: [bit.ly/Lectio2023-24](https://bit.ly/Lectio2023-24)**

Participate in a centuries-old monastic practice of listening, contemplating, and responding to sacred texts; modified with poetry for Unitarian Universalist small group spiritual practice. Led by Lisa Wersal or Shelley Butler. A different poem at each session. Questions? Contact Shelley at [library@unityunitarian.org](mailto:library@unityunitarian.org).

## LGBTQ Choral Festival in Minneapolis: July 10-14

GALA Choruses is holding the world's largest LGBTQ+ singing even in Minneapolis on July 10-14 with over 7,000 people attending and 122 LGBTQ+ choruses performing from all over the world! Events take place at the Convention Center, Central Lutheran Church, and Orchestra Hall. Local choral fans can attend hundreds of ticketed and free events as part of the festival. Find the details online: [galachoruses.org](https://galachoruses.org). Volunteers are needed for the festival! Be part of creating an unforgettable celebration of LGBTQ choral music. [galachoruses.org/resource/festival-volunteers](https://galachoruses.org/resource/festival-volunteers).

## Food Ministry Volunteers Needed

Use the links to sign up or email Heidi at [heidi@unityunitarian.org](mailto:heidi@unityunitarian.org).

Come and help Tom Zell **serve brunch** on Sunday, July 14, and/or August 11. Sign up: [bit.ly/ucusummerbrunch](https://bit.ly/ucusummerbrunch).

**Share your hospitality** talents in the kitchen during **coffee hour on Sunday mornings**. No kitchen experience required — training provided on the spot. Sign up: [bit.ly/ucucoffeesunday](https://bit.ly/ucucoffeesunday).

Wellspring Wednesday returns September 11! Join us for some **deep cleaning in the kitchen** on Friday, August 16, and Saturday, August 17. Then helps us **prep meals to put in the freezer** during the week of Tuesday, August 20, through Friday, August 23. Finally, volunteer to support Wellspring Wednesday meals this year! Sign up: [bit.ly/wwfood2425](https://bit.ly/wwfood2425).

## Summer Pick Up Choir

Sing in Unity's summer pick up choir on Sunday, July 14, and August 11. Come to the Foote Room at 9:00 a.m. and learn the music for that Sunday service. Friends and family are welcome! This has been a great way for people to find their way into the music ministry, please invite anyone that you think might enjoy it!

## UU the Vote

UU the Vote is a bold initiative created by the Unitarian Universalist Association's Side With Love team, engaging people in voter registration, education, get-out-the-vote drives, voter protection, and more. To get connected to Unity's UU the Vote effort, visit [unityunitarian.org/uu-the-vote.html](https://unityunitarian.org/uu-the-vote.html), stop by the table in Parish Hall on Sundays, or email Priscilla Morton at [prismorton@comcast.net](mailto:prismorton@comcast.net) to be added to the action alert email list.

## This Week in Religious Education

**Summer in the Garden continues throughout summer during our 10:00 a.m service.** Great for children ages 4-12. Please meet in our outdoor garden, next to the parking lot. No registration is necessary but drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, please email [nelson@unityunitarian.org](mailto:nelson@unityunitarian.org).

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## This Week at Unity Church

Find the church calendar, along with links to participate in online offerings, at [unityunitarian.org/calendar.html](http://unityunitarian.org/calendar.html).

### Sunday, July 7

Sunday Service 10:00 a.m., Sanctuary and livestream  
Summer in the Garden 10:00 a.m., Children's Garden  
Coffee Hour After the service, Parish Hall  
Afterthoughts 11:15 a.m., Lower level - Room 024/online

### Monday, July 8

Chalice Camp 8:30 a.m., Parish Hall  
Circle of Peace 5:15 p.m., Center Room  
Men's Conversation Group 7:00 p.m., online

### Tuesday, July 9

Chalice Camp 8:30 a.m., Parish Hall  
Housing Justice Team 4:30 p.m., online  
Unity Sangha 4:30 p.m., Ames Chapel  
Unity Book Club 6:00 p.m., Foote Room/Robbins Parlor  
Evergreen Quilters 7:00 p.m., Anderson Library

### Wednesday, July 10

Chalice Camp 8:30 a.m., Parish Hall  
Men's Coffee Group 10:00 a.m., Greenspace  
Summit Hill Alanon 5:00 p.m., Science Room  
Recovery from White Conditioning 6:00 p.m., online  
Young Adults Group 7:00 p.m., Center Room

### Thursday, July 11

Chalice Camp 8:30 a.m., Parish Hall  
Women in Retirement 1:00 p.m., Center Room  
A New Look at the Bible 7:00 p.m., online  
Fresh Air AA 7:00 p.m., Gannett Room

### Friday, July 12

Chalice Camp 8:30 a.m., Parish Hall  
Act for the Earth Climate Meeting 8:30 a.m., Greenspace  
Board of Trustees 9:00 a.m., Anderson Library

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### Save the date!

## Green Energy Morning: Go Green and Save Money

**Saturday, August 17 | 9:00–noon | Unity Church**

Come learn about home energy audits, insulation, heat pumps, rooftop solar, and more! Check out electric and plug-in hybrid vehicles. Find out how to get rebates and other ways to save.

## Board of Trustees Garden Party

**Spots are still available for this summertime fundraiser!**

**Saturday, August 24 | 4:00-6:00 p.m.**

Come enjoy fellowship, live music, and refreshments, in Louise Livesay-Al's beautiful backyard! Visit with Unity's trustees and other church friends, new and old. Appetizers and beverages (alcoholic and non-alcoholic) included. Music by trustee Debbie Cushman and friend. In the event of inclement weather, this event will be held inside. Purchase and reserve your spot for \$50 or \$75 or \$100 (your choice) at [unityunitarian.org/make-a-gift.html](http://unityunitarian.org/make-a-gift.html). Select "fundraiser donation" and include "garden party" in the notes section. If the cost is prohibitive, please email Louise at [louiselivesay@yahoo.com](mailto:louiselivesay@yahoo.com).

## Merging of Waters Service of Reunion

Remember to collect water this summer for our annual Merging of Waters service held on Sunday, September 8.

## Help Wanted: Unity Church Facilities Specialist

The purpose of the facilities specialist position is to ensure that the mission and program life of the church are supported by attending to the facilities, grounds and operations of Unity Church. This is an hourly and non-exempt, benefit earning position. For details including the application, visit [unityunitarian.org/employment.html](http://unityunitarian.org/employment.html). Questions? Email Facilities Manager Robert Baker at [robert@unityunitarian.org](mailto:robert@unityunitarian.org).

## Consider Joining Unity's Board of Trustees

You can engage in supporting Unity in lots of ways — including through board service. With nine members on the board serving three-year terms, three positions open up each year. Think about whether board service could be a good fit for you.

Read more about the trustee role and the characteristics we're looking for in candidates at [unityunitarian.org/board-of-trustees.html](http://unityunitarian.org/board-of-trustees.html). The application link is posted there, too.

Interested? Reach out directly to trustees on the recruitment committee: Jackie Boyd at [jduffboyd@gmail.com](mailto:jduffboyd@gmail.com), LauraSue Schlatter at [laurasueschlatter@gmail.com](mailto:laurasueschlatter@gmail.com), and John Steiner-Manning at [johnhsmanning@gmail.com](mailto:johnhsmanning@gmail.com).

## All Our Fullness

Introduce yourself in All Our Fullness, a new project of stories, art, and videos designed to help us "know each other in all our fullness," and take a deeper dive into the people of our Beloved Community. Details and submissions at [bit.ly/AllOurFullness](http://bit.ly/AllOurFullness).

## Contribute Music to Summer Services

If you have a musical offering you'd like to contribute to a summer service, please email [ahmed@unityunitarian.org](mailto:ahmed@unityunitarian.org). This could be a solo or an ensemble — bring an idea to Ahmed and he can likely find a good fit for it! If you or someone you know is interested in participating with worship music at Unity Church, contributing music to a summer service is a good first step.

## Photos and Stories from Candidating Week

If you took photos during candidating week, or have a story or memory of the week you would like to share, please submit it using the online form at [bit.ly/mstrevos](http://bit.ly/mstrevos) or send it by email to [unity@unityunitarian.org](mailto:unity@unityunitarian.org).

## Be a Weekend Warrior!

Join a weekend meal team at Provincial House in Saint Paul. Volunteers assist with serving meals, visiting with guests, and clean up. Details and sign up at [bit.ly/23phmeals](http://bit.ly/23phmeals). Questions? Contact Donna Franklin at [dfranklin@interfaithaction.org](mailto:dfranklin@interfaithaction.org).

## Food Shelf: Bring items each time you come to church!

Needed now: sunscreen, toilet paper and paper towels, aluminum foil, window and oven cleaner, disinfectant spray and nonperishable food items. Collection baskets are located at the Portland and Holly Avenue entrances. Thank you for your support!

## In The Justice Database: Wakan Tipi Awanyankapi

Formerly known as Lower Phalen Creek Project, Wakan Tipi Awanyankapi is a Native-Led, East Side environmental stewardship nonprofit. The Wakan Tipi Center, under construction and due to open in 2026, is so named to honor the significance of Wakan Tipi Cave as a Dakota sacred site, and will serve as an intergenerational gathering place that honors Wakan Tipi and the maka paha as Dakota sacred sites. [bit.ly/JusticeData](http://bit.ly/JusticeData)