

This Week at Unity Church

Sunday, May 3, 2026 | May Worship Theme: Belonging



Scan the QR code to access all of the links in this document.

Welcome Visitors

After the service please stop by the Welcome Table in Parish Hall to introduce yourself. We would love to get to know you, answer your questions, and help you learn about Unity Church. If you are attending the service online, contact Philippa Anastos at philippa@unityunitarian.org for the link to join online coffee hour.

2026 Congregational Survey Is Here

[Complete the survey by May 17!](#)

Your opinion of how we are doing together at Unity Church is critically important. With all the fresh energy around our new Ends and all the new faces in our community this year we want to hear from everyone! You do not need to be a member to respond.

Native Plant Group Buy

Plants from Glacial Ridge Growers at wholesale prices!

Order through May 3. Delivery to Unity Church in early July.

Join Unity's Act for the Earth Pollinator Team in making the bees happy by adding pollinator plants to your yard. Questions? Email Barbara Porwit at bporwit@gmail.com.

Accompaniment 101

Monday, May 4 | 6:00–7:30 p.m. | Robbins Parlor

An introductory session on supporting immigrants and asylum seekers through accompaniment (navigation/befriending). Learn what this work looks like in practice — from helping navigate systems to offering consistent support or housing. Hear firsthand stories from community members about how they got involved, along with the rewards and challenges of this work. Led by Unity's Sanctuary Justice Ministry Team, this session offers a clear overview to help you decide whether and how to get involved.

Café Unity: Sponsored by Unity's Library-Bookstall Team

Friday, May 8 | 7:00 p.m. | Parish Hall & Zoom

The annual coffeehouse featuring the literary and musical talent of Unity Church. Come enjoy a celebration of original writing, great music, refreshments, and fellowship. Free!

Border CrosSing Dance Party

Friday, May 15 | 7:00 -9:00 p.m. | Cedar Cultural Center

Sunday, May 17 | 4:00-6:00 p.m. | Cedar Cultural Center

[Border CrosSing](#) transforms into a full-fledged salsa band in this joyful, family-friendly program featuring a vibrant rhythm section and amazing vocalists, joined by members of Heritage Choir, for an even bigger and richer sound. This won't be a sit-still kind of night: dance instructors will get people out of their seats and moving their bodies!

Eco Fair on Summit 2026

Saturday, May 16 | Noon-3:00 p.m. | House of Hope Church

Details at mnipl.org/eco-fair-on-summit/

The 2026 Eco Fair will feature: Baby goats! (the natural weed whacker), an EV showroom featuring test drives and tips from owners, electric fire truck, e-bikes, electric lawn and garden tools, residential solar, native garden and pollinator experts, waste and recycling, food trucks with vegetarian options, and more!

Summer Service Schedule

On Sunday, May 24, we switch to our summer worship schedule with one service at 10:00 a.m. (Sanctuary and livestream).

Crosby Farm Picnic

Sunday, May 31 | 2:30-7:00 p.m. | Potluck dinner at 5:00 p.m.

Join Unity's Act for the Earth Team for birding, biking, walking meditation or just playing in the sand along the Mississippi River. Bring yard games and food to share!

Heritage Society Dinner

Unity's annual Heritage Society dinner will be held on Saturday, June 6, honoring members and friends who have made plans to include Unity Church in their future giving. These legacy gifts — of all sizes — reflect a deep commitment to our culture of generosity and help ensure that Unity's mission continues for generations to come. Planned giving is open to everyone, and this year, two generous members have created a matching grant for planned gifts. Considering a legacy gift or want to know more about the matching grant? Email Laura at laura@unityunitarian.org.

Singing with Love

Celebrating 20 Years of Music Ministry with Unity Singers

Sunday, June 7 | 7:00 p.m. | Sanctuary

Unity Singers is offering an anniversary concert as a thank you to Unity Church for the honor and joy of participating in its music ministry. The concert will feature a range of selections that have been significant in the Singers' history, and meaningful to the congregation. Please join this celebration of music's role in the spiritual life of our church — and stay afterwards for a festive reception. See you there!

This Week in Religious Education

Spirit Play (ages 3-6) children will share the story "The Life Cycle of Flowers," learning about how flowers grow from seed to decay. Please wonder together with your children about their sacred play. Classes run 75 minutes, and parents can meet their children downstairs in the classroom.

Rotations (grades 1-6) children begin in Ames Chapel for worship then head downstairs to continue exploring Endings, their fifth and final unit. Classes run 75 minutes, and parents can meet their children downstairs in the classroom.

Middle School (grades 6-8) youth explore Technology & Religion with a discussion of Artificial Intelligence.

Our Whole Lives meets on May 6 for an end of year celebration. OWL is a sexuality and spirituality program typically for grades 8-9.

Tower Club meets this Sunday at 12:45 p.m. in the Center Room. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith.

2026 Chalice Camp at Unity Church

Week 1: July 6–10: Nature, Food, and Land

Week 2: July 13–17: Stories, Myths, and Music

Chalice Camp provides fun, community-building activities that help campers grow and deepen their understanding of Unitarian Universalism. Camp runs Monday through Friday, 8:30 a.m. to 5:30 p.m., for campers and counselors ages 5–18. Registration at unityunitarian.org/chalice-camp.

This Week at Unity Church

Find the church calendar at unityunitarian.org/calendar.

Sunday, May 3

Anderson Library Open	9:00 a.m., Second level
Sunday Services	9:00 & 11:15 a.m., Sanctuary
Religious Education Classes	9:00 & 11:15 a.m., various locations
Coffee Hour	After services, Parish Hall
Afterthoughts	10:15 a.m., Gannett Room
Children's Choir Rehearsal	10:15 a.m., Choir Room
Women's Ensemble Rehearsal	10:30 a.m., Foote Room
Tower Club	12:45 p.m., Center Room

Monday, May 4

Men's Retirement Circle	1:00 p.m., Robbins Parlor
Circle of Peace	5:00 p.m., Parish Hall
Accompaniment 101	6:00 p.m., Robbins Parlor

Tuesday, May 5

Wellspring Wednesday Cooking	4:00 p.m., Kitchen
Sangha Practice	4:30 p.m., Ames Chapel
Unity Singers Rehearsal	7:30 p.m., Parish Hall

Wednesday, May 6

Men's Coffee Group	10:00 a.m., Center Room
Embodied Practice Circle	Noon, Foote Room
Summit Hill Alanon	5:00 p.m., Science Room
Wellspring Wednesday Dinner	5:45 p.m., Parish Hall
Wellspring Wednesday Chapel Service	6:45 p.m., Ames Chapel
Karen Weaving Circle	7:10 p.m., Parish Hall
Sacred Well of Resilience	7:10 p.m., Anderson Library
RE New Family Orientation	7:10 p.m., Robbins Parlor
Young Adults Group	7:10 p.m., Center Room
Beginner Violin	7:10 p.m., Choir Room

Thursday, May 7

Fresh Air AA	6:30 p.m., Gannett Room
The Singing Resistance	6:30 p.m., Parish Hall
Unity Choir Rehearsal	7:30 p.m., Parish Hall

Friday, May 8

Café Unity	7:00 p.m., Parish Hall & Zoom
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Saturday, May 9

Board of Trustees	9:30 a.m., Anderson Library
Elaine Kienitz Memorial Service	1:00 p.m., Sanctuary/Livestream

Hallie Q. Brown Food Shelf

The food shelf seeks donations of paper grocery bags, salsa, dry pinto and black beans, syrup, pancake mix, mac & cheese and canned sardines. Please give generously and do not donate expired food items. Thank you!

General Assembly

Attend the Sunday, June 21, service at the Riverview Theater!

The UUA is creating a virtual "Everywhere GA" with both online and distributed in-person options that will allow Unitarian Universalists to participate in whichever way works best for them. This new format will reduce travel costs and environmental impacts, offer optional in-person connections, streamline production costs, and provide a more flexible schedule for participants. Get all the details: uua.org/ga.

Join us for a St. Paul Saints Game

A baseball game makes the perfect summer outing — so save the date and join us on Friday, August 28, as we cheer on the St. Paul Saints! Tickets are \$22 each. Contact Philippa Anastos at philippa@unityunitarian.org to reserve tickets.

Wellspring Wednesday

A weekly multigenerational church community nourishing right and holy relationship among us and deepening our life of faith grounded in spiritual practice and antiracist multicultural work. Zoom links at unityunitarian.org/wellspring-wednesday.

Dinner: 5:45 p.m.: \$10/adults, \$5/child (ages 5-12), \$3/child (ages 2-4), \$25/family

Chapel service: 6:45 p.m.

Programs: 7:10 p.m., childcare provided

MAY 6

Dinner: Mandalay Kitchen's pumpkin curry with tofu, rice, green beans, dessert

Karen Weaving Circle | Parish Hall

Join members of the Karen Weaving Circle for a presentation and demonstration of their weaving techniques. During the presentation, participants will learn about the Karen (K'nyaw) history and culture, including food, clothing, family relations and communication styles. We will also learn about how the Karen became refugees, their resettlement in the U.S., and how they have adapted to life here.

Cultivating the Sacred Well of Resilience | Anderson Library

Join educator Jackie Smith for a spring series designed to cultivate resilience and well-being in the lives of educators. Rooted in care, connection, and community, this course is ideal for anyone seeking greater clarity, balance, and sustainability in their work.

Religious Education New Family Orientation | Gannett Room

Email nelson@unityunitarian.org to participate.

Young Adults Group | Center Room

A fun, reflective group working to build multifaith and multicultural community.

Beginner Violin | Choir Room

Email mayraquitzia@hotmail.com by 3:00 p.m. on Wednesday to ensure a lesson.

MAY 13

Dinner: Hoyo sambusas, Basbaas sauce, quinoa salad, roasted potatoes, blueberry cake

Death Café | Parish Hall

Eat cake, drink tea and discuss mortality with Rev. Shay. The aim is to increase awareness of death to help people make the most of their (finite) lives. It seems people have a lot to say about death, and enjoy engaging in these conversations with others. What it is: A Death Café is a group directed discussion of death with no agenda, objectives or themes. What it is not: A group focused on bereavement, grief support or a group counseling session.

Lectio Divina | Gannett Room & Zoom

Is it poetry? Is it meditation? It's a bit of both — Lectio Divina! Come experience the alchemy that occurs through focused reflection on an inspirational text. Many people find Lectio Divina sessions to be a time of rejuvenation and insight. Led by Shelley Butler and Lisa Wersal; facilitated by your own heart.

Somatic Yoga | Foote Room

This class is accessible to anyone comfortable sitting on the floor — bring a yoga mat, blanket, or blocks for added comfort. Led by Dr. Tamara Kraft, somatic psychotherapist and holistic health coach.

Beginner Violin | Choir Room