

# This Week at Unity Church

April 14-20, 2019

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Finding Yourself at Unity • Topic: Pastoral Care

Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., and this week the class will be held in the Anderson Library. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

## Project Home

During the month of May, Unity Church becomes an emergency shelter for families with children who are experiencing homelessness. In order to give families the hospitality they deserve, over 150 volunteers are needed. Please help by signing up for a shift or two at <http://bit.ly/2019UnityPH>. Evening shifts are from 5:30-8:30 p.m., and overnight shifts are from 8:00 p.m.-7:00 a.m., M-F, and 8:00 p.m.-9:00 a.m., Saturday and Sunday. Stop by the Project Home table in the Parish Hall today to learn more and see if there's a shift that works for you. Project Home trainings will be held at Unity Church on:

- Wednesday, April 17 • 7:15 p.m.
- Sunday, April 29 • 10:15 a.m.
- Sunday May 5 • 12:30 p.m.

## Back to Rondo: A Celebration!

**Wellspring Wednesday, April 24 • 6:00 p.m. • Parish Hall**

Please join Above Every Name as they celebrate "Back to Rondo," eight years of amazing ministry! Pastor Danny Givens had a vision of planting a "church for the people" in the historic black neighborhood of Rondo, with the hope of impacting change in his community. The celebration will feature the soul food cuisine of Rondo, music, storytelling, and more!

## Fourth Friday Sustainable Film Series: *Inconvenient Sequel*

Al Gore's *An Inconvenient Sequel: Truth to Power* will be shown on Friday, April 26, at 7:00 p.m., in Robbins Parlor. Unity's Sustainable Living Team will facilitate a discussion after the movie.

## Coming of Age 2019!

The entire congregation is warmly invited to witness the Coming of Age of this year's ninth grade class on Saturday, April 27, at 2:00 p.m., in the Sanctuary. Come and listen in amazement as our young people share their personal credos, bravely laying out the beliefs of their hearts and minds for all to hear.

## Your UU Elevator Speech

**Mondays, April 29, May 6, May 13 • 7:00 p.m.–8:30 p.m.**

Explain Unitarian Universalism in the time it takes to ride an elevator! Increase your confidence in talking about your church and your faith! Join us for this three-part class where we will write and practice our elevator speeches. Childcare is available by request. Sign up in the Parish Hall or to Rev. Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org).

## Arthur Foote Music Sunday

**Sunday, May 5 • 9:00 and 11:00 a.m., 4:30 p.m.**

Unity Choir, Unity Singers, Women's Ensemble, Children's Choir Instrumentalists Laura Sewell, Taichi Chen, Steve Lewis, and guest soloist Ruth MacKenzie

## Thank you! From the Obama School Outreach Ministry Team

A hearty *thank you* to the members and friends of Unity Church who made financial contributions to provide Cub gift cards totaling \$4500 for hungry Obama School families during this school year.

## Heritage Society Dinner

**Friday, May 10 • 6:00 p.m. • Parish Hall**

**Guest speaker: Joseph Haj, Artistic Director, Guthrie Theater**

Our annual Heritage Society Dinner is the church's way of thanking those individuals who have made legacy gifts. Interested in learning more about making a legacy gift? Contact Barbara Hubbard at [barbarah@unityunitarian.org](mailto:barbarah@unityunitarian.org).

## This Week in Religious Education

**Religious Education Enrollment session for 2019-20** is scheduled for Wednesday, April 17, 7:15-8:45 p.m. All R.E. families are encouraged to attend, including enrollment for OWL and COA. This in-person session will orient parents to volunteer roles, provide updates and a chance to share in community conversation, and offer instructions for enrolling children in next year's R.E. classes. Childcare provided. If your family is unable to participate please contact Michelle Mecey at [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org).

## Dedication of Older Children

**Sunday, May 19 • 9:00 a.m. and 4:30 p.m.**

Families who would like their child to participate in our annual dedication should contact Michelle Mecey at [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org). This ritual provides the church an opportunity to commit itself to nurturing children who have come into our community as "big kids." This dedication is for families who have joined Unity Church or who are on the pathway to membership.

## 2020 Coming of Age Family Orientation

**Wednesday, May 22 • 7:00 p.m. • Unity Church**

Questions? Contact Drew Danielson at [drew@unityunitarian.org](mailto:drew@unityunitarian.org).

**Spirit Play (ages 3-6):** Children live into this season of renewal and change with the timely story of Passover (Pesach) that celebrates the deliverance of the children of Israel from slavery in Egypt. What is Passover? How do special foods remind us of important moments in our lives? How is freedom important to us?

**Rotations (grades 1-6):** Children, at all three services today, will experience a practice memorial service in Ames Chapel. Parents are encouraged to attend this service with their child as part of this unit on "Endings" and how grief is an important part of the process of healing from loss.

**Junior High (grades 6-8):** Classes continue with four courses offered this semester: Technology & Religion, UU Identity & History, Sacred Threads, and Building the Beloved Community.

**Tweens (grades 5-7)** meet Wednesday, April 17. Save the date for this year's Tween Late-Night: Friday, May 17, 7:00-11:00 p.m.! Games, snacks, and lots of fun!

**Our Whole Lives** meets Wednesday, April 17, with class topic "Contraception and 'Safer' Sex." OWL is a sexuality and spirituality program for grades 7-9.

**Coming of Age** meets today for final class (regular time) and ceremony rehearsal (6:00-7:30 p.m., Sanctuary). COA is our signature spiritual growth program typically for 9th graders.

**Tower Club:** High school youth meet at 6:00 p.m. this evening to attend to remaining events and celebrations that bookend the year. Tower Club welcomes 10th-12th graders to enjoy community at the intersection between the world and faith.

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## This Week at Unity Church

### Sunday, April 14

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|----------------------------|------------------------------|
| Children's Choir Rehearsal | 10:00 a.m., Robbins Parlor   |
| Women's Ensemble Rehearsal | 10:15 a.m., Foote Room       |
| Afterthoughts              | 10:15 a.m., Gannett Room     |
| Finding Yourself at Unity  | 10:20 a.m., Anderson Library |
| Above Every Name           | 1:00 p.m., Ames Chapel       |
| Soup Supper                | 5:45 p.m., Parish Hall       |
| Tower Club                 | 6:00 p.m., Center Room       |

### Monday, April 15

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|-----------------|------------------------|
| Circle of Peace | 5:15 p.m., Center Room |
|-----------------|------------------------|

### Tuesday, April 16

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|-------------------------|-------------------------|
| Zen Meditation Group    | 5:00 p.m., Ames Chapel  |
| Living with Grief Group | 7:00 p.m., Gannett Room |
| Unity Singers Rehearsal | 7:30 p.m., Parish Hall  |

### Wednesday, April 17

|                                  |                         |
|----------------------------------|-------------------------|
| Al Anon Group                    | 5:00 p.m., Science Room |
| Wellspring Wednesday             | See box at right        |
| Recovery from White Conditioning | 6:00 p.m., Gannett Room |
| Religious Education Enrollment   | 7:15 p.m., Sanctuary    |

### Thursday, April 18

|                          |                             |
|--------------------------|-----------------------------|
| Pastoral Care Team       | 9:00 a.m., Anderson Library |
| Caregivers Support Group | Noon, Anderson Library      |
| Maundy Thursday Service  | 7:00 p.m., Ames Chapel      |
| Unity Choir Rehearsal    | 7:30 p.m., Foote Room       |
| Fresh Air AA             | 7:30 p.m., Anderson Library |

### Friday, April 19

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|---------------------|------------------------|
| Good Friday Service | 7:00 p.m., Ames Chapel |
|---------------------|------------------------|

### Saturday, April 20

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|----------------------------|------------------------|
| Women's Ensemble Rehearsal | 9:30 a.m., Parish Hall |
| Kung Fu                    | 11:00 a.m., Body Room  |

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## Celebrate Ruth Palmer

**Saturday, May 11 • Sanctuary/Parish Hall**

**6:00-7:30 p.m. • Program // 7:30-9:00 p.m. • Reception**

Come celebrate our dear Ruth Palmer and the enormous impact she has had on our musical and spiritual lives. Jake Runestad and Dale Warland have each been commissioned to write a piece in honor of Ruth as she starts her retirement. These pieces will be premiered that evening and a reception will follow the program.

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. On April 7, \$2,333.32 was collected in the Sunday offering. ComMUSICation will receive a donation of \$1,633.32. Information about today's offering recipient, Freedom School, is available in your order of service. The offering recipient on April 21 is Mano a Mano International Partners.

## Call for Parish Hall Artists

The Unity Church Art Team is now seeking artists to exhibit in the Parish Hall gallery during the 2019-20 church year. The application deadline is May 1. More information and the application form can be found online at [www.unityunitarian.org/parish-hall-artists](http://www.unityunitarian.org/parish-hall-artists).

## Look Who's Sharing Art

Clover Earl gives us a glimpse into her family history.

## Parish Hall Art Exhibit

Joan Cox's work illustrates her process involving emotion, imagination, and serendipitous chance.

## Holy Week at Unity Church

### Maundy Thursday Service

**Thursday, April 18 • 7:00 p.m. • Ames Chapel**

Please join us for a service of ritual and community, sharing in traditional holy week practices of Eucharist and Foot Washing. In the Memorialist tradition, we join to remember the life and teachings of Jesus of Nazareth, which include welcoming all people to a meal of love, giving thanks for the gifts of life, and serving each other in humility.

### Good Friday Service of Tenebrae

**Friday, April 19 • 7:00 p.m. • Ames Chapel**

A service of Tenebrae, or "shadows/darkness," is based on a twelfth-century liturgy of solemn observance and extended meditation on the passion of Christ. With candles extinguished after each reading and silent reflection, the increasing darkness on the evening of Good Friday invites worshipers to enter into the dramatic narrative of Jesus' betrayal, arrest, and crucifixion, and to reflect on God's steadfast love. This service is offered in partnership with Above Every Name.

### Easter Family Sunday: *Practice Resurrection*

**Sunday, April 21 • 9:00 a.m. and 11:00 a.m. ONLY**

To practice resurrection is to know the agony which is part of being human and to rise up in compassion and yes, in joy despite it all. The whole church family will gather for our Easter celebration. Musicians: Combined choirs and John Huth, trumpet.

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## Wellspring Wednesday, April 17

**6:00 p.m. Dinner: TBD**

Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

**6:50 p.m. Worship service in the Ames Chapel**

**7:15 p.m. Programs and Childcare**

### Two UUs Read Poetry for Earth Day

Two long-time friends, Kim Chapman and Jim Armstrong, have been sharing their experiences in nature and poetry for over thirty years. They will read their own poems with nature at the core, touching on culture and the personal — as well as favorite poems by Mary Oliver, William Stafford, and Walt Whitman.

### Learn What YOU Can Do to Increase Clean Energy

This session, sponsored by the Sustainable Living Team, will include informational talks from experts about what clean energy is, ways to reduce your household's energy consumption, how to improve energy efficiency in your home, and what solar or wind options are out there and how to sign up.

### How to Embrace Change with Curiosity and Courage

Unity Church is on the cusp of a significant amount of change over the next few years, starting with Ruth Palmer's retirement in May 2019. Come to this interactive session facilitated by Unity Church member Clover Earl to discuss what your hopes and fears might be. Learn a tool, grounded in neuroscience, to support you in staying balanced during this period of transition.

### Project Home

Sara Leigl, director of Project Home, will describe the effort of many churches to house homeless families, and provide training for persons who are considering participating or who have already volunteered for this May.

### Textile Arts

Bring your knitting, embroidery, needlepoint, etc.

### Tween Group

Meet in Ames Chapel at 6:45 p.m. for worship.

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