

This Week at Unity Church

March 12, 2023

Welcome Visitors

After the service please stop by the Welcome Table in Parish Hall to introduce yourself. We would love to get to know you, answer your questions, and help you learn about Unity Church. If you are attending the service online, contact Laura Park at laura@unityunitarian.org for the link to join our online coffee hour.

Finding Yourself at Unity

Topic: Worship and the Liturgical Year

Finding Yourself at Unity meets Sundays, from 10:15 a.m.-11:15 a.m., in the Gannett Room and online at bit.ly/fyuonline. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Ministerial Search Team Nominations

The deadline to provide your Ministerial Search Team (MST) nominations is today! Nominate online at bit.ly/mstnomination or at the board table in Parish Hall. The MST has the task of presenting a senior settled minister to the congregation for a congregational vote in spring of 2024. All nominees, who are voting members of the congregation, will receive an application. If you want to apply to serve on the MST, you do not need to be nominated, and the application will be available on Unity's website by March 19. Following the application process, a slate of candidates will be presented to the congregation for a vote (early May), and the MST will be announced on May 14.

Intersectionality 101 Follow Up Sessions

Details and registration: bit.ly/ucuiintersectionality101
Class and Race: Tuesday, March 14, 6:30-8:30 p.m.

March Is Minnesota FoodShare Month

During the month of March, please bring soup, tuna, canned chicken, long grain white and brown rice, pasta sauce, diced tomatoes and tomato sauce, and brown paper grocery bags.

March Parish Hall Artists

Mosaic On A Stick is a women-led art studio owned by Black and Indigenous artist Lori Greene. Since 2004, the studio has actively functioned as a community-centered space that works to create a culture of inclusivity, social justice, compassion and authenticity. Mosaic on a Stick welcomes you to a reception on Friday, March 24, from 5:30-8:30 p.m.!

Red Cross Blood Drive: Volunteers and Donors Needed

We are looking for four volunteers to check in donors and monitor the canteen during our blood drive on Monday, March 20, in Parish Hall. Available shifts are 8:30-11:00 a.m., 11:00 a.m.-1:00 p.m., and 1:00-3:00 p.m. Sign up by email to heidi@unityunitarian.org. Donation appointments are available from 9:00 a.m.-3:00 p.m. For an appointment, call 1-800-733-2767 or visit RedCrossBlood.org and enter UCUpaul.

Seeking High Quality Artwork

Join the growing number of artists who have successfully displayed their art in our Parish Hall. Get your application in today for a chance to exhibit starting this November. The deadline to apply is May 1 and applications are online at unityunitarian.org/artist-apply. Questions? Please email Unity's Art Team at artteam@unityunitarian.org.

Still Marching Forth: Post-Auction Sale

Thank you to all the donors and bidders who made the 2023 Unity Church March Forth Auction a great success! If you missed out, don't fret, there are still a few items available to buy now — no bidding required. Purchase a spot at the board's backyard social, a house concert, or a poetry reading! There are also a few very special pieces of art still available. Visit ucu732.cbo.io to log in and make your purchases, or help us reach our goal by making a one time financial contribution.

Pollinators Garden 101

Wednesday, March 29 • 7:10 p.m. • Robbins Parlor

Learn the basics of supporting native pollinators and how to get native plants at low or no cost through programs sponsored by the Act for the Earth Team's Pollinator Team. Attendees can sign up for individual site evaluations and coaching by team members.

Options at the End of Life

Wednesday, March 29 • 7:10 p.m. • Robbins Parlor

Join us for a discussion of the End of Life Options Act (EOLA), a bill before the Minnesota legislature. Dr. Rebecca Thoman will review EOLA and its provisions and safeguards. Unity Church members are invited to consider what their preferences would be, when their time comes.

This Week in Religious Education

Spirit Play (ages 3-6): Children hear stories about how Families All Matter, a Sunday series exploring how families come in diverse forms and expressions, including adoption and divorce. How is your family alike/different from other families? How is church like a family? How do families show love? Please send a family photo for the family tree wall.

Rotations (grades 1-6): Children begin in worship, upstairs in Ames Chapel. Then in classrooms downstairs, they continue with their unit on the "Beloved Community." In the Beloved Community, each person both brings and takes something unique and valuable, and we discover that we are more together than we are separately.

Junior High (grades 6-8): Classes continue today with focus this semester on "Technology & Religion." Youth conclude each class with worship in Ames Chapel.

Our Whole Lives meets this Friday, March 17, for the OWL party. OWL is a sexuality and spirituality program.

Coming of Age youth meet today to reflect on what they have heard and wondered, readying to begin writing their own credos. COA is our signature spiritual growth and enrichment program typically for 9th graders.

Tower Club youth meet today for lunch at 12:45 p.m. in the Center Room, followed by circle conversations. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith.

Chalice Camp at Unity Church!

Week 1: July 10-14 • Week 2: July 17-21

Details are online at unityunitarian.org/chalice-camp.html. Chalice Camp is offered Monday-Friday, 8:30 a.m.-5:30 p.m., for children and youth ages 5-18 (youth in grades 7-12 serve as junior counselors and counselors).

This Week at Unity Church

Find the church calendar, along with links to participate in online offerings, at unityunitarian.org/calendar.html.

Sunday, March 12

Sunday Services	9:00 and 11:00 a.m., Sanctuary
Religious Education	9:00 and 11:00 a.m., lower level
Afterthoughts	10:00 a.m., Crothers Room
Zoom Coffee Hour	10:15 a.m., online
Children's Choir Rehearsal	10:15 a.m., Choir Room
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Finding Yourself at Unity	10:15 a.m., Gannett Room
Youth Choir Rehearsal	10:20 a.m., Ames Chapel
Threshold Choir	12:30 p.m., Ames Chapel
Tower Club	12:45 p.m., Center Room

Monday, March 13

Men's Retirement Group	1:00 p.m., Robbins Parlor
Circle of Peace	5:15 p.m., Center Room

Tuesday, March 14

Unity Sangha	4:15 p.m., Ames Chapel
Affordable Housing Team	4:30 p.m., online
Unity Singers Rehearsal	6:00 p.m., Foote Room
Intersectionality: Class and Race	6:30 p.m., Parish Hall
Evergreen Quilters	7:00 p.m., Anderson Library
Queer Theology Discussion Group	7:00 p.m., Center Room
Unity Book Club	7:00 p.m., online

Wednesday, March 15

Men's Coffee Group	10:00 a.m., out of building
Summit Hill AI-Anon	5:00 p.m., Gannett Room
Wellspring Wednesday Dinner	5:45 p.m., Parish Hall
Recovery from White Conditioning	6:00 p.m., online
Wellspring Wednesday Chapel Service	5:45 p.m., Ames Chapel
Young Adult Group	7:10 p.m., Gannett Room
Unity Stories	7:10 p.m., DeCramer Room
Hey White People	7:10 p.m., Robbins Parlor
Board Game Night	7:10 p.m., Center Room
Beginner Violin	7:10 p.m., Choir Room

Thursday, March 16

Caregivers Support Group	Noon, online
Unity Choir Rehearsal	7:30 p.m., Sanctuary
Fresh Air AA	8:00 p.m., Gannett Room

Friday, March 17

Mary Faegre Memorial Service	11:00 a.m., Ames Chapel
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Saturday, March 18

Faith + Gender Retreat	9:30 a.m., Parish Hall
Kung Fu	9:00 a.m., online
Artist in Residence Mural Painting	1:00 p.m., lower level

UUSC: Giving Life the Shape of Justice

Rev. Karen Gustafson and worship associate Nancy Dilts

Sunday Service, March 19 • 9:00 and 11:00 a.m.

Livestream at 9:00 a.m.: youtube.com/watch?v=fWvnyPB7w5c

The Principles and Sources of Unitarian Universalism make specific references to justice seeking. For many, these statements have drawn them to our faith and provide the most compelling part of our covenant. They have been moved to express their faith in an organization formed over eight decades ago which we now know as the Unitarian Universalist Service Committee. The stories of this vital expression of our presence in the world remind us of the power of service grounded in faith and principle.

Wellspring Wednesday

Wellspring Wednesday gathers a multigenerational church community to nourish right and holy relationship among us and deepen our life of faith grounded in spiritual practice and antiracist multicultural work.

5:45 p.m. • Dinner

The cost for dinner is \$8/adults, \$4/child (ages 5-12), \$2/child (ages 2-4), and \$20/family. Financial assistance to help cover the cost of dinner is also available.

6:45 p.m. • Chapel service

7:10 p.m. • Programs

MARCH 15 • 7:10 PM

Dinner: TBD

Hey White People, We Have Work To Do! • Robbins Parlor

Second Annual Pilgrimage from the Minnesota State Capitol to George Floyd Global Memorial

Saturday, May 20, 2023 • 8:00 a.m. to 3:00 p.m.

Please join Clover Earl and members of the planning team to learn about pilgrimage as spiritual practice. We will open and close the evening with discussion about Unity's Double Helix metaphor and how this opportunity for deep self-reflection supports the realization of our end to "create a multicultural spiritual home built on authentic relationships." There will be a brief talk about the history of Hey White People, an overview of what you can expect on the day of the pilgrimage, and time for Q&A.

Unity Stories • DeCramer Room

Join Rev. Karen Gustafson to share stories of Unity Church that you are carrying in your heart, but may be reluctant to tell.

Board Game Night • Center Room

Open to everyone; kids are welcome with their adult(s)! We'll have a variety of board games available that are easy to learn, or bring a favorite board game that you would like to play.

Beginner Violin with Mayra Mendoza • Choir Room

Join Mayra for beginning violin lessons appropriate for all ages. Learn basic violin posture, note reading, and more!

MARCH 22 • 7:10 PM

Dinner: TBD

Diesel Heart Community Discussion, 4:30-6:00 p.m.

Center Room; snacks provided

Join us for a stimulating theater presentation and discussion led by Melvin Whitfield Carter, Jr., and local teaching artists Warren Bowles (director of the play), Maria Asp, and Patrick Bailey. Participants will read two scenes from *Diesel Heart*, a play that History Theatre will be producing from March 11-April 2. The readings will be followed by a discussion of the themes, tying in current events, personal values, and narratives. Participants will receive a ticket discount to see the play.

An Evening with Geno Okok • Parish Hall

Join Artist in Residence Geno Okok to learn about his art his approach to the mural project on Unity's lower level. May include time to paint, depending on schedule and interest.

Feldenkrais® Awareness Through Movement • Body Room

In a non-judgmental environment for organic learning you will be guided through gentle movement explorations to build self-awareness. Dress comfortably, and bring a blanket to lie on and a small towel to use to lift your head.
