

This Week at Unity Church

March 5, 2023

Welcome Visitors

After the service please stop by the Welcome Table in Parish Hall to introduce yourself. We would love to get to know you, answer your questions, and help you learn about Unity Church. If you are attending the service online, contact Laura Park at laura@unityunitarian.org for the link to join our online coffee hour.

Finding Yourself at Unity

Topic: Congregational and Pastoral Care

Finding Yourself at Unity meets Sundays, from 10:15 a.m.-11:15 a.m., in the Gannett Room and online at bit.ly/fyuonline. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Pi(e) Day Pie Pick-up!

Unity's annual Pi(e) Day (3.14.23) Bake Sale was a wonderful success. Thanks to everyone who purchased a pie! Please pick up your pie(s) today, March 5, between 10:00 a.m. and 12:30 p.m., in the freezer on the lower level (room 015, next to the elevator).

Got Spare Keys?

Only two more Sundays to donate them! Today and March 19 are the final times to drop off your unused keys at the Affordable Housing Team table after services in Parish Hall. Why? Metropolitan Council distributes the greatest number of housing vouchers in Minnesota, yet they do not have a policy to distribute them as Project Based Vouchers (PBVs). Our partner, Beacon Interfaith Housing Collaborative, cannot develop deeply affordable housing units without PBVs. At a clergy press conference at the end of March we will deliver the thousands of keys collected from churches all over the metro to put pressure on Met Council to "Unlock the Metro" by creating this needed policy. No spare keys? No problem. Sign a tag at our table that we'll fasten to the keys we've already collected!

Unity Stories

Sunday, March 5 • Noon • Gannett Room

Join Rev. Karen Gustafson to share stories of Unity Church that you are carrying in your heart, but may be reluctant to tell. Sharing times will also be offered on Wednesday, March 15 and 22, at 7:10 p.m. Individual appointments are available by contacting Rev. Karen at kareng@unityunitarian.org.

Intersectionality 101 Follow Up Sessions

Details and registration: bit.ly/ucuiintersectionality101
Black-white Binary: Tuesday, March 7, 6:30-8:30 p.m.
Class and Race: Tuesday, March 14, 6:30-8:30 p.m.

Gender + Faith Retreat

Saturday, March 18 • 9:30 a.m.-4:30 p.m. • Unity Church

A faith formative experience which expands our personal and collective understanding of gender, faith, and the intersections between them. Details and interest form (due March 6) at unityunitarian.org/gender-faith-retreat.html.

March Is Minnesota FoodShare Month

During the month of March, please bring soup, tuna, canned chicken, long grain white and brown rice, pasta sauce, diced tomatoes and tomato sauce, and brown paper grocery bags. Our goal is to double our contributions this month! Thank you!

A Ghost of a Second Chance 2023 Unity Church Youth Musical Performances are March 9, 10, 11

Tickets on sale in Parish Hall after the service!



March Parish Hall Artists

Mosaic On A Stick is a women-led art studio owned by Black and Indigenous artist Lori Greene. Since its conception in 2004, the studio has actively functioned as a community-centered space that works to create a culture of inclusivity, social justice, compassion and authenticity. Lori and her team have built numerous permanent public art and community-engaged mosaic installations throughout Minnesota. The artwork they create centers around healing, nature, joy, and celebrating and honoring people of color in our communities. Meet the artists after the services today or at a reception on Friday, March 24, from 5:30-8:30 p.m.!

This Week in Religious Education

Spirit Play (ages 3-6): Children in Spirit Play today hear stories about how Families All Matter, a three-Sunday series that explores how families come in diverse forms and expressions. How is your family alike/different from other families? How is church like a family? How do families show love? Please send along a family photo for the family tree wall. Classes run 75 minutes, and parents can gather their children in one of the activities classrooms.

Rotations (grades 1-6): Children begin in worship, upstairs in Ames Chapel. Then in classrooms downstairs, they continue with their unit on the "Beloved Community." In the Beloved Community, each person both brings and takes something unique and valuable to the community, and we discover that we are more together than we are separately. Classes run 75 minutes, and parents can gather their children in one of the activities classrooms.

Junior High (grades 6-8): Classes continue today with focus this semester on "Technology & Religion." Youth conclude each class with worship in Ames Chapel.

Our Whole Lives does *not* meet until Friday, March 17, for the OWL party. OWL is a sexuality and spirituality program typically for grades 8-9.

Coming of Age youth meet today to focus on the "Sacred Here and Now." COA is our signature spiritual growth and enrichment program typically for 9th graders.

Tower Club does *not* meet today, and resumes next Sunday March 12. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith.

Chalice Camp at Unity Church!

Week 1: July 10-14 • Week 2: July 17-21

Details are online at unityunitarian.org/chalice-camp.html. Chalice Camp is offered Monday-Friday, 8:30 a.m.-5:30 p.m., for children and youth ages 5-18 (youth in grades 7-12 serve as junior counselors and counselors).

This Week at Unity Church

Find the church calendar, along with links to participate in online offerings, at unityunitarian.org/calendar.html.

Sunday, March 5

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| Sunday Services | 9:00 and 11:00 a.m., Sanctuary |
| Celebration of New Lives Reception | 10:15 a.m., Center Room |
| Afterthoughts | 10:00 a.m., Crothers Room |
| Zoom Coffee Hour | 10:15 a.m., online |
| Children's Choir Rehearsal | 10:15 a.m., Choir Room |
| Women's Ensemble Rehearsal | 10:15 a.m., Foote Room |
| Finding Yourself at Unity | 10:15 a.m., Gannett Room |
| Youth Choir Rehearsal | 10:20 a.m., Ames Chapel |
| Unity Stories | 12:30 p.m., Gannett Room |

Monday, March 6

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| Circle of Peace | 5:15 p.m., Center Room |
| Men's Conversation Group | 7:00 p.m., online |

Tuesday, March 7

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| Unity Sangha | 4:15 p.m., Ames Chapel |
| Intersectionality: Black-white Binary | 6:30 p.m., Parish Hall |
| Queer Theology Discussion Group | 7:00 p.m., Center Room |
| Unity Singers Rehearsal | 7:30 p.m., Foote Room |

Wednesday, March 8

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| Men's Coffee Group | 10:00 a.m., out of building |
| Summit Hill AI-Anon | 5:00 p.m., Science Room |
| Wellspring Wednesday Dinner | 5:45 p.m., Parish Hall |
| Recovery from White Conditioning | 6:00 p.m., online |
| Wellspring Wednesday Chapel Service | 5:45 p.m., Ames Chapel |
| Paul Kruse: Once Removed | 7:10 p.m., Robbins Parlor |
| Lectio Divina | 7:00 p.m., online |
| Beginner Violin | 7:10 p.m., Choir Room |

Thursday, March 9

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| Women in Retirement | Noon, Center Room |
| Gun Sense Team | 3:30 p.m., Gannett Room |
| A New Look at the Bible | 7:00 p.m., online |
| Youth Musical: <i>A Ghost of a Second Chance</i> | 7:00 p.m., Sanctuary |
| Unity Choir Rehearsal | 7:30 p.m., Sanctuary |
| Fresh Air AA | 8:00 p.m., Gannett Room |

Friday, March 10

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| Youth Musical: <i>A Ghost of a Second Chance</i> | 7:00 p.m., Sanctuary |
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Saturday, March 11

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| Board of Trustees | 9:00 a.m., Anderson Library |
| Kung Fu | 9:00 a.m., online |
| Youth Musical: <i>A Ghost of a Second Chance</i> | 5:30 p.m., Sanctuary |

Heeding the Call: A Deep Dive into Jonah's Whale

Rev. Shay MacKay and worship associate Russel Balenger

Sunday Service, March 12 • 9:00 and 11:00 a.m.

Livestream at 9:00 a.m.: youtube.com/watch?v=fu1mlrHaTMQ

What does it mean to be chosen, to be called by something deep inside toward a life of service, compassion, truth, and courage? What do we do when we really don't want to follow that path? And how do we find the strength to do it anyway?

Seeking High Quality Artwork

Join the growing number of artists who have successfully displayed their art in our Parish Hall. Get your application in today for a chance to exhibit starting this November. The deadline to apply is May 1 and applications are online at unityunitarian.org/artist-apply Questions? Please email Unity's Art Team at artteam@unityunitarian.org.

Wellspring Wednesday

Wellspring Wednesday gathers a multigenerational church community to nourish right and holy relationship among us and deepen our life of faith grounded in spiritual practice and antiracist multicultural work.

5:45 p.m. • Dinner

The cost for dinner is \$8/adults, \$4/child (ages 5-12), \$2/child (ages 2-4), and \$20/family. Financial assistance to help cover the cost of dinner is also available.

6:45 p.m. • Chapel service

7:10 p.m. • Programs

MARCH 8 • 7:10 PM

Dinner: TBD

Paul Kruse: Once Removed Final Sharing and Workshop

In-person, Robbins Parlor

Join Artist in Residence Paul Kruse to hear a small sample of the interviews he recorded as part of the Once Removed project, exploring LGBTQ experiences of family. Paul will also offer a brief workshop experience inviting folks to share family stories with each other.

Lectio Divina

Online via Zoom: bit.ly/lectio22-23

Following a centuries-old Benedictine spiritual practice of contemplative reading, a chosen poem is read aloud, as attendees are encouraged to lift up what they heard and how the poem spoke to them. A different poem at each session. A rich way to receive poetry's gifts in a small group setting. Led by Lisa Wersal or Shelley Butler.

Beginner Violin with Mayra Mendoza

In-person, Choir Room

Join Mayra for beginning violin lessons appropriate for all ages. Learn basic violin posture, note reading, and more!

Evergreen Quilters

Evergreen Quilters is a ministry group of church members and friends who love to make quilts for others. The money earned from selling their quilts and other items is donated to community non-profits providing food and housing services including Project Home, Hallie Q. Brown Food Shelf, and the Jeremiah Program. New members are always welcome! The group meets twice a month (the second Tuesday, 7:00-9:00 p.m.; and the fourth Saturday, 10:30 a.m.-12:30 p.m.). Contact Kathie Simon Frank for more information at kathie@umn.edu.

Hey White People, We Have Work To Do!

Wednesday, March 15 • 7:10 p.m. • In-person, Robbins Parlor

Learn about the second annual pilgrimage from the Minnesota State Capitol to George Floyd Global Memorial that will be held on May 20. Explore pilgrimage as spiritual practice through the lens Unity's Double Helix metaphor, and how this opportunity for deep self-reflection supports the realization of Unity's end to "create a multicultural spiritual home built on authentic relationships."

Red Cross Blood Drive: Volunteers and Donors Needed

We are looking for four volunteers to check in donors and monitor the canteen during our blood drive on Monday, March 20, in Parish Hall. Available shifts are 8:30-11:00 a.m., 11:00 a.m.-1:00 p.m., and 1:00-3:00 p.m. Sign up by email to heidi@unityunitarian.org. Donation appointments are available from 9:00 a.m.-3:00 p.m. For an appointment, call 1-800-733-2767 or visit RedCrossBlood.org and enter UCUpaul.