



## Welcome Visitors

After the service please stop by the Welcome Table in Parish Hall to introduce yourself. We would love to get to know you, answer your questions, and help you learn about Unity Church. If you are attending the service online, contact Laura Park at [laura@unityunitarian.org](mailto:laura@unityunitarian.org) for the link to join our online coffee hour.

## Finding Yourself at Unity

### Topic: Congregational and Pastoral Care

Finding Yourself at Unity meets Sundays, 10:15-11:15 a.m., in the Gannett Room and online at [bit.ly/fyuonline](http://bit.ly/fyuonline). For visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

## Buy a Pie! Support Queer Prom and Youth Pride

The annual Pi(e) Day (3.14.24) Bake Sale is here! Order a blueberry, apple crumble, or French silk pie in Parish Hall on Sundays, or order online at [bit.ly/buyapie24](http://bit.ly/buyapie24). Plan to pick up your pie(s) on Sunday, March 10, between 10:00 a.m. and 12:30 p.m. The fruit pies are frozen and bake-at-home. A limited number of pies will be available. Want to help bake? Email Mike Huber at [mikehuberece@gmail.com](mailto:mikehuberece@gmail.com) to join the fun on February 16 and 17. No baking experience required.

## Queer Theology

### Tuesday, February 13 | 6:30-8:00 p.m. | In-person, Center Room

Queer Theology is a theological practice that attempts to erase boundaries that exist in religious traditions, to include rather than exclude more voices. Open to adults of all genders and sexual orientations. Contact Mike Huber or access to the readings or if you have any questions: [mikehuberece@gmail.com](mailto:mikehuberece@gmail.com).

## Serve as a Worship Associate

Unity's worship associates program provides lay members an opportunity to participate in the co-creation of worship. You must be a member of Unity Church to apply. The deadline to apply is February 15, and new associates begin March 21. Interested? Details and an application are online at [bit.ly/ucuwaapp](http://bit.ly/ucuwaapp).

## We Are All in this Together: Climate Crisis Retreat

### Saturday, February 24 | 9:00 a.m.-12:30 p.m.

#### Parish Hall | Registration: [bit.ly/afeclimateretreat](http://bit.ly/afeclimateretreat)

The alarming stories about the climate crisis keep coming — how can we form a meaningful response? There are solutions available, but it can feel overwhelming, confusing, or even that nothing we do matters. Come to this congregational retreat, sponsored by Unity's Act for the Earth Team, to join a movement of people who feel your despair and seek solutions. The retreat will include current research on high-impact climate actions, resources to develop your own plan, ways to build courage and resilience to address climate change, opportunities for further involvement and action.

## Help prepare a Wellspring Wednesday meal!

Sign up — [bit.ly/wwhosp](http://bit.ly/wwhosp) — for Monday grocery shopping, Tuesday night prep from 4:00-6:00 p.m., Wednesday support (cook, serve, clean up) from 4:00-5:30 or 5:00-7:30 p.m. We have such a good time in the kitchen together! One time, a few times, or many times, we could use your help! Many of these opportunities are perfect for families, too. Questions? Contact Heidi Birkholz at [heidi@unityunitarian.org](mailto:heidi@unityunitarian.org).

## Funding Our Future

### Unity Church Auction Fundraiser — with a twist!

#### Saturday March 2 | 6:00 p.m. | Unity Church

Let's get together, online and live, and fund our church's future! Have fun helping us raise \$40,000 to support Unity's mission and programs. Make a donation, volunteer, buy tickets, come to the auction — everyone is needed to help support this fundraiser. Details online at [unityunitarian.org/fundraiser.html](http://unityunitarian.org/fundraiser.html).

## The Unrestricted Gifts of Barbara Hubbard

### A Celebration of 25 Years

#### Save the date: Sunday, March 17 | 4:00 p.m. | Unity Church

We will celebrate Barbara Hubbard's ministry as executive director and send her into retirement with our gratitude, love and joy! To submit a story or photo of Barbara for the celebration and a keepsake from the congregation visit [bit.ly/bhubbsmems](http://bit.ly/bhubbsmems). To contribute to Barbara's retirement gift fund visit [bit.ly/bhubbsretire](http://bit.ly/bhubbsretire).

## February Parish Hall Exhibit

Bob Keller, February's Parish Hall artist, uses spontaneous brush strokes and multiple paint layers to create his engaging abstract paintings. Suki Sun sees her Chinese ink drawings almost as a spiritual awakening and a form of meditation. Her minimalist approach has maximum appeal! Suki's art is displayed in the Eliot Wing. Check out both exhibits while you enjoy some social time and treats following one of today's services!

## This Week in Religious Education

### Monthly Religious Education Orientation for New Families

is rescheduled for Wednesday, February 21, 7:15-8:30 p.m. Please RSVP with [nelson@unityunitarian.org](mailto:nelson@unityunitarian.org).

**Spirit Play (ages 3-6)** children hear the story of John Murray, a Universalist who preached God's love for all. Does God choose to love some or everyone? Do we choose to love some or everyone? Is there anything that would make God stop loving us? Please wonder together with your children about their sacred play.

**Rotations (grades 1-6)** children begin in Ames Chapel worship, then in classrooms downstairs explore their new unit on "Sacred Community" which celebrates and affirms many different types of families, held together in the embrace of love.

**Middle School (grades 6-8)** youth continue their second semester class on "Building the Beloved Community." Youth conclude each class with worship in Ames Chapel.

**Our Whole Lives** meets Wednesday, February 14, with focus on "Redefining Abstinence." OWL is a sexuality and spirituality program typically for grades 8-9.

**Coming of Age** youth meet today to step into their new unit: How is the Sacred present in each of us and experienced? COA is a signature spiritual growth and enrichment program typically for 9th graders.

**Tower Club** youth gather today for their regular meeting. Tower Club is a place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith, typically Sundays from 12:45-2:45 p.m.

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## This Week at Unity Church

Find the church calendar, along with links to participate in online offerings, at [unityunitarian.org/calendar.html](http://unityunitarian.org/calendar.html).

### Sunday, February 11

Sunday Services	9:00 (livestream) and 11:15 a.m., Sanctuary
Religious Education Classes	9:00 and 11:15 a.m., Lower level
Afterthoughts	10:15 a.m., Lower level - Room 024/online
Finding Yourself at Unity	10:15 a.m., Gannett Room/online
Indigenous Justice Team	10:15 a.m., Community Outreach Office
Youth Choir Rehearsal	10:15 a.m., Ames Chapel
Children's Choir Rehearsal	10:20 a.m., Choir Room
Women's Ensemble Rehearsal	10:30 a.m., Foote Room
Tower Club	12:30 p.m., Center Room

### Monday, February 12

Men's Retirement Circle	1:00 p.m., Robbins Parlor
Circle of Peace	5:15 p.m., Center Room

### Tuesday, February 13

Affordable Housing Team	4:30 p.m., online
Unity Sangha	4:30 p.m., Ames Chapel
Queer Theology	6:30 p.m., Gannett Room
Evergreen Quilters	7:00 p.m., Anderson Library
Unity Book Club	7:00 p.m., online
Unity Singers Rehearsal	7:30 p.m., Parish Hall

### Wednesday, February 14

Men's Coffee Group	10:00 a.m., DeCramer Room
Summit Hill Alanon	5:00 p.m., Science Room
Wellspring Wednesday Dinner	5:45 p.m., Parish Hall
Recovery from White Conditioning	6:00 p.m., online
Wellspring Wednesday Chapel Service	6:40 p.m., Ames Chapel
Self-Compassion/Loving Kindness	7:10 p.m., Robbins Parlor
Beginner Violin	7:10 p.m., Choir Room
Lectio Divina	7:10 p.m., online
Mano a Mano Team	7:10 p.m., Science Room

### Thursday, February 15

Caregivers Support Group	Noon, online
Gun Violence Prevention Team	3:30 p.m., Gannett Room/online
Fresh Air AA	7:00 p.m., Gannett Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

### Friday, February 16

Pi(e) Day Baking	4:30 p.m., Parish Hall/kitchen
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### Saturday, February 17

Pi(e) Day Baking	8:00 a.m., Parish Hall/kitchen
Kung Fu	9:00 a.m., Body Room
Debtors Anonymous	9:00 a.m., Science Room
Families Living with Mental Health Challenges	9:30 a.m., online

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## Healthy Congregation Covenant

A Healthy Congregation Covenant is an aspirational statement of how church members will be in "healthy relationship" with one another. The process of creating such a covenant begins with conversations about the values that Unity Church members share, and to get the process underway, Rev. Rolenz would like you to answer the question: What is one behavior you do or have observed someone else doing at Unity Church that builds a community of integrity, openhearted engagement, and courageous action? Submit your response online at [unityunitarian.org/congregation-covenant.html](http://unityunitarian.org/congregation-covenant.html).

## Wellspring Wednesday

Wellspring Wednesday gathers a multigenerational church community to nourish right and holy relationship among us and deepen our life of faith grounded in spiritual practice and antiracist multicultural work.

### FEBRUARY 14

Dinner: 5:45 p.m.: *Meatloaf, tomato and farro salad, ginger cookies*  
Chapel service: 6:45 p.m.  
Programs with child care provided: 7:10 p.m.

### Self-Compassion and Loving Kindness: Practice and Dialogue

In-person, Robbins Parlor  
Join Rev. KP Hong and Jenny Wilson for an exploration of self-compassion and the loving kindness meditation in particular. They'll share their understandings and approaches in dialogue with each other and invite your questions and reflections.

### Lectio Divina

Online via Zoom: [bit.ly/Lectio2023-24](https://bit.ly/Lectio2023-24)  
Participate in a centuries-old monastic practice of listening, contemplating, and responding to sacred texts, modified with poetry for UU small group spiritual practice. On Wednesdays, join the Zoom from the Gannett Room at church!

### Beginner Violin with Mayra Mendoza

In-person, Choir Room  
Beginning violin lessons appropriate for all ages. Send Mayra an email at [mayraquitzia@gmail.com](mailto:mayraquitzia@gmail.com) if you plan to attend.

### FEBRUARY 21

#### Spiritual Practice: What's Next?

In-person, Robbins Parlor  
Rev. KP Hong offers this session for anyone working to develop spiritual practice and wanting the opportunity to reflect on how it's going. Individually and in small groups, we'll name where we are with spiritual practice and consider where we want to go next, especially in connecting spiritual practice and antiracist multicultural practice. We'll consider where we encounter the sacred and calibrate our spiritual practice to enter those encounters with more intention and attention.

#### Creating Covenant, Transforming Conflict

Parish Hall and online via Zoom: [bit.ly/createcovenant](https://bit.ly/createcovenant)  
Rev. Dr. Terasa Cooley offered wisdom on how we might creatively engage with conflict. Rev. Kathleen has been collecting your ideas about creating a Healthy Congregation Covenant. This program will explore your responses to both the workshop and your answer to the question: What is one behavior you do or have observed someone else doing at Unity Church that builds a community of integrity, openhearted engagement, and courageous action?

#### A Taste of Coming of Age: What is our role in striving for Beloved Community?

In-person, Gannett Room  
This is the third of the five questions that young people in Unity's Coming of Age program address through the year-long crafting of their credo statements. In this session, facilitated by Coming of Age mentor and teacher of teachers Nate Schultz, we will turn the floor over to you, inviting your responses, and listening in as others grapple with their thoughts.

#### Board Game Night

In-person, Anderson Library

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