

# This Week at Unity Church

February 3–9, 2019

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Finding Yourself at Unity

**Topic: Religious Education for Children, Youth, and Adults**

Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

## Racial Justice Movie Night



**Friday, February 8 • 7:00 p.m. • Parish Hall**

*Rondo: Beyond the Pavement*, a documentary filmed by Rondo youth, shares the voices of a thriving Saint Paul neighborhood torn apart by the I-94 corridor. The 30-minute film will be followed by a Q&A session with a panel of the filmmakers and others. Refreshments will be served.

## Organ Dedication Concert

**Sunday, February 10 • 2:00 p.m. • Sanctuary**

**Aaron Miller, Guest Organist**

The congregation of Unity Church will celebrate the recent renovation of our Noack organ with a dedication concert on February 10. Guest organist Aaron David Miller is a renowned organ improviser having won numerous international awards and given concerts across the country. Dr. Miller is Music Director at House of Hope Presbyterian Church. The event will also feature short comments from David Grandall from Grandall and Engen, the craftspeople responsible for our beautifully restored organ.

## Protect Minnesota Broken Hearts Lobby Day at the Capitol

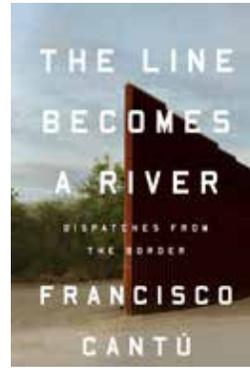
**Thursday, February 14 • 9:00 a.m.-4:00 p.m.**

**Meet at Capitol Hill Church, 105 University Avenue W, in St. Paul**

Participants will meet with their representatives to deliver "Broken Hearts Valentines," encourage support for expanded criminal background checks and the Red Flag law, and then gather with students from Minnesota March For Our Lives to commemorate the tragic shooting at Marjory Stoneman Douglas High School in Parkland, Florida. Email [raphael@protectmn.org](mailto:raphael@protectmn.org) as soon as possible to set up your appointments with legislators. To learn more, please stop by the Gun Sense table in the Parish Hall today or visit [www.protectmn.org](http://www.protectmn.org)

## Living In the Between: A One-Day Retreat

This day retreat is an invitation to tap into the creative possibilities present when change rocks the boat in our personal lives and communities. As Unity Church begins a series of staff transitions that will continue for the next few years, come explore the nature of change and some of the ways — practical, creative and soulful — to engage it with an open heart. Led by Consulting Literary Minister Karen Hering, Hallman Ministerial Intern Kathryn Jay, and others, the day will include workshops, music, conversation, creative activities, and good food and fellowship. Registration is \$25, including lunch; childcare and scholarships available. Details and registration on-line at <http://bit.ly/livinginthebetween>.



## 2019 Unity Church Book Read

***The Line Becomes a River*  
*Dispatches from the Border***

By Francisco Cantú  
Riverhead Books 2018

Available now in the  
Bookstall and Anderson Library

Read in January. Discuss in February.  
Wednesday, February 6 • 7:10 p.m.  
Sunday, February 10 • 12:30 p.m.

## What is Camp UniStar?

Think rustic beauty and simplicity. It's a camp for Unitarian Universalist individuals and families and other like-minded people, nestled in the Chippewa National Forest of Star Island, surrounded by the clear waters of Cass Lake in Northern Minnesota. The lake encourages water activities, the forest trails attract hikers, sunrises and sunsets invite meditation. Activities for children and youth, and a daily program for adults on topics such as spirituality, science, sailing, social justice, self-reflection, yoga, dance, music or crafts. Learn more about camp from campers at the Camp UniStar table in the Parish Hall each Sunday in February. Camp details and registration is online at [www.CampUniStar.org](http://www.CampUniStar.org).

## This Week in Religious Education

All regular programs resume today, with gratitude for the UU Families Initiative and many families who participated in January's workshops, helping to bridge the work of faith formation at church and home.

**Monthly Religious Education Orientation** for new families and anyone interested in learning more about R.E. at Unity Church is Wednesday, February 6, 7:15-8:30 p.m. Childcare provided.

**Spirit Play (ages 3-6):** Children hear the story of John Murray, a Universalist who preached God's love for all. Does God choose to love some or everyone? Do we choose to love some or everyone? Is there anything that would make God stop loving us? Please wonder together with your children.

**Rotations (grades 1-6):** Children continue with a unit on spiritual practices that help connect us with "The Sacred Within."

**Junior High (grades 6-8):** Second semester classes begin today: Technology & Religion, UU Identity & History, Sacred Threads, and Building the Beloved Community. Youth conclude each class with worship in Ames Chapel.

**Tweens (grades 5-7)** meet February 6, Ames Chapel, 6:45 p.m.

**Our Whole Lives** continues February 6 with focus on "Sexuality, Social Media and Internet." OWL is a sexuality and spirituality program typically for grades 8-9.

**Coming of Age** meets this afternoon with introduction to the new unit "The Sacred." COA is our signature spiritual growth program typically for 9th graders.

**Tower Club (grades 10-12)** meets from 1:00-3:00 p.m. to share lunch and further our attention to what is worthy of our lives and commitment.

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## This Week at Unity Church

### Sunday, February 3

|                              |                            |
|------------------------------|----------------------------|
| Children's Choir Rehearsal   | 10:00 a.m., Robbins Parlor |
| Women's Ensemble Rehearsal   | 10:15 a.m., Foote Room     |
| Afterthoughts                | 10:15 a.m., Gannett Room   |
| Finding Yourself At Unity    | 10:20 a.m., Ames Chapel    |
| Children's Musical Rehearsal | Noon, Foote Room           |
| Above Every Name             | 1:00 p.m., Sanctuary       |
| Tower Club                   | 1:00 p.m., Center Room     |
| Soup Supper                  | 5:45 p.m., Parish Hall     |
| Young Adult NAMI Group       | 6:30 p.m., COA/OWL Room    |

### Monday, February 4

|                 |                        |
|-----------------|------------------------|
| Circle of Peace | 5:15 p.m., Center Room |
|-----------------|------------------------|

### Tuesday, February 5

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|------------------------------|------------------------|
| Zen Meditation Group         | 5:00 p.m., Ames Chapel |
| Children's Musical Rehearsal | 7:00 p.m., Foote Room  |
| Unity Singers Rehearsal      | 7:30 p.m., Parish Hall |

### Wednesday, February 6

|                                  |                         |
|----------------------------------|-------------------------|
| Wellspring Wednesday             | See box at right        |
| Recovery from White Conditioning | 6:00 p.m., Gannett Room |

### Thursday, February 7

|                              |                             |
|------------------------------|-----------------------------|
| Take Me Out to the Ball Game | 1:00 p.m., Robbins Parlor   |
| Children's Musical Rehearsal | 7:00 p.m., Foote Room       |
| Unity Choir Rehearsal        | 7:30 p.m., Parish Hall      |
| Fresh Air AA                 | 7:30 p.m., Anderson Library |

### Friday, February 8

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|-----------------------------------|------------------------|
| <i>Rondo: Beyond the Pavement</i> | 7:00 p.m., Parish Hall |
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### Saturday, February 9

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|----------------------------|-----------------------------|
| Board of Trustees          | 9:00 a.m., Anderson Library |
| Women's Ensemble Rehearsal | 9:30 a.m., Foote Room       |
| Kung Fu                    | 11:00 a.m., Body Room       |

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## Take Me Out to the Ballgame

### Thursdays • February 7-March 7 • 1:00 p.m. • Robbins Parlor

Unity Church members are invited to attend "Films about Baseball," a University of Minnesota Life Long Learning (OLLI) course.

## Help Honor Ruth Palmer

Ruth Palmer, Director of Music Ministries, will be retiring this spring and the celebration planning team needs your help honoring her! Please send photos of Ruth and the choirs for a photo book, as well as written testimonials that will become part of a collage of voices read at Ruth's retirement celebration on Saturday, May 11. Photos and testimonials should be sent to Martha at [martha@unityunitarian.org](mailto:martha@unityunitarian.org) by March 1.

## Boston Pilgrimage: October 16-21, 2019

Explore the historical roots of our faith and our democracy and walk the paths that our religious ancestors walked. Interested? Send a refundable \$200 deposit to Song Thao, Financial Assistant, to hold your place. Balance is due June 15. Scholarships are available. The trip will cost between \$1400-\$1800, exclusive of airfare.

## Committed Couples Class

### Tuesdays • April 3-May 14 • 7:00-9:00 p.m. • Unity Church

Led by Janne and Rob Eller-Isaacs, Committed Couples is designed to support all couples who are committed to one another and to promote healthy conversations about relationships. Registration is free for pledging members of Unity Church and \$110 for non-pledging friends. Details and registration by email to [martha@unityunitarian.org](mailto:martha@unityunitarian.org).

## Sunday, February 10 • 9:00 a.m., 11:00 a.m., 4:30 p.m.

### Heaven's Second Rate Hand-Me-Down

"Used to be a world half there, heaven's second rate hand-me-down, now I'm walking with a reverent air... everything is holy now." Singer songwriter Peter Mayer has it right. Ultimate bliss is not some far off goal only to be found in the hereafter. Old images of paradise tend toward idolatry. Rev. Rob Eller-Isaacs and worship associate Bob Peskin will help us shatter some of those old images. Musicians: Children's Choir; Unity Choir (9:00/11:00); Women's Ensemble (4:30).

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On January 27, \$2,235.92 was collected in the Sunday offering. Dragon Crane will receive a donation of \$1,565.14. Information about today's offering recipient, Reviving Islamic Sisterhood for Empowerment, is available in your order of service. The offering on February 10 is The Circle of Peace Movement.

## Look Who's Sharing Art!

Heather Benedict has chosen to show a photo from "Through the Lens: Life in Iraq." The image is one of 54 taken by Max Becherer since Saddam Hussein was overthrown.

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## Wellspring Wednesday, February 6

**6:00 p.m. Dinner:** *Homi tamales, rice and refried beans, guacamole, salsa and chips.* Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

**6:50 p.m. Worship service in the Ames Chapel**

**7:15 p.m. Programs and Childcare**

### **Buoyancy: Living Between Dualities**

Unity Church member and award-winning filmmaker Will Hommeyer presents his new film, *Buoyancy*. More than a film about cancer, courage and chemotherapy, it's an intimate portrait of a woman who becomes stricken with a rare diagnosis. Juggling life and death she finds a path to authenticity as surgery, chemo, and radiation strip away the nonessential. Will Hommeyer and the main subject of film Jeannie Piekos will both be present at the screening. Jeannie recently published a book of poems and essays about her experiences. She will read selections from her book *Buoyancy*, the memoir. Copies of the film and book will be available for purchase.

### **All Congregation Book Read Discussion**

*The Line Becomes a River: Dispatches From the Border* by Francisco Cantú is the memoir of Cantú's nearly four years in the Border Patrol. Even if you haven't read it, or haven't finished it, please do come to the discussion.

### **Textile Arts**

This group is open to textile creatives of all ages. Bring your knitting, embroidery, needlepoint, etc.

### **Yoga: Meditative Movement**

We will use gentle movement and yoga breathing techniques to activate and explore some of the 108 sacred sites within the body.

### **New Family R.E. Orientation**

This session is for families new to Unity Church who would like to learn more about religious education for children and youth.

**Tween Group:** Meet in Ames Chapel at 6:45 p.m. for worship, then heads to Jr. High classroom 21. Pick up is at 8:30 p.m.

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