

This Week at Unity Church

January 13-19, 2019

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

2019 Pilgrimage to Transylvania

Meet in Budapest June 18, depart Budapest July 1

Information Sessions Today: 10:15 a.m. and 12:15 p.m., Anderson Library; 5:45 p.m., DeCramer Room

Come explore the Unitarian homelands, deepen your faith, and strengthen the bonds between Unity Church and the congregation of our partner village in Homorodszentpeter. Leaders will include Rob and Janne Eller-Isaacs, Karen Hering, and Hal Freshley. The cost will be approximately \$1900.00, not including air transportation. Scholarship support is available.

Finding Yourself at Unity: Q&A with Rev. Rob Eller-Isaacs

Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

THE GATHERING: Unity Church Women's Retreat

Transformed by Fire — Claiming Our Strengths

Saturday, January 26 • Unity Church • Keynote: Rev Kate Tucker

Rev. Kate Tucker is Minister Emerita of First Universalist Church, Minneapolis, where her focus was spirituality, pastoral care, and small group ministry. Rev. Tucker will be joined by musical guest Ann Reed. This day-long retreat includes programs, food, music, and spiritual practice, as well as time for reflection on the sources of strength that keep us going. Recognizing that gender is not binary, this retreat is open to all individuals who identify as female. Register in the Parish Hall or online at www.unityunitarian.org. Scholarships and child care are available.

UU Queer Youth Gathering

Friday, January 18 • 6:30-8:30 p.m. • Unity Church

Unity Church is hosting a UU queer youth gathering for LGBTQ2+ youth and allies (junior high and high school age)! Meet in the Center Room for community building, snacks, and fun! Parents are encouraged to spend time getting to know other parents. Please RSVP by January 13 to Ray Hommeyer at ray@unityunitarian.org.

Gun Violence Communications Workshop

Saturday, January 19 • 10:00 a.m.-noon • Unity Church

Learn to lead the conversation about gun violence and the need for gun reform by attending this workshop, facilitated by Protect Minnesota's Executive Director, Nancy Nord Bence. You will leave this workshop with your own personal one-minute message. For more information, see the Gun Sense Ministry Team in the Parish Hall or RSVP to info@protectmn.org.

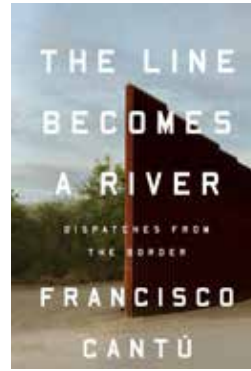
Fourth Friday Sustainable Film Series: *The True Cost*

Friday, January 25 • 7:00 p.m. • Robbins Parlor

The True Cost is a story the clothes we wear, the people who make them, and the impact the industry is having on our world. Post-movie discussion facilitated by Unity Church member Nancy Dilts. Nancy holds an MA in Environmental and Resource Policy and spent close to 20 years working in the field of environmental education and outreach.

Look Who's Sharing Art

Purchased in 1968 by the then newlyweds Karen and Dick Buggs, the "Daisy Shower," a hopeful, sunny piece, energized the many sagas that unveiled for them.



2019 Unity Church Book Read

The Line Becomes a River
Dispatches from the Border

By Francisco Cantú
Riverhead Books 2018

Available now in the
Bookstall and Anderson Library

Read in January. Discuss in February.
Wednesday, February 6 • 7:10 p.m.
Sunday, February 10 • 12:30 p.m.

Parking Restrictions: East Lot (Holly Avenue)

Unity Church has a commitment to accessibility which includes parking near the church for members and friends who have mobility issues. Therefore, each Sunday, the entire parking lot located directly east of the church is now reserved for handicapped parking, assisted parking, tenant parking, and electric vehicle charging. Parking for everyone else is available in Unity's lot on the corner of Portland and St. Albans, on the street, and on Sundays in the Obama Elementary parking lot located just north of the school. While the entire lot is restricted parking on Sundays only, please continue to observe and respect posted parking signs during the week. Thank you!

This Week in Religious Education

UU Families workshops are scheduled for January 13 and 27:

In place of usual R.E. classes today, families are participating in workshops offered by Unity's UU Families Initiative, including: bedtime/mealtime ritual trainings, new family covenanting workshop, and parent circle gatherings.

- Spirit Play, Rotations, and Jr. High programs do not meet on those Sundays
- OWL and COA programs continue as usual
- Nursery and activities for school-age children is provided

Detailed information is online at <https://www.unityunitarian.org/young-uu-families.html>.

Spirit Play (ages 3-6): No regular Spirit Play today. Classes meet next Sunday, January 20.

Rotations (grades 1-6): No regular Spirit Play today. Classes meet next Sunday, January 20.

Junior High (grades 6-8): Second semester begins February 3.

Tweens (grades 5-7) meet on January 16. Meet in the Ames Chapel at 6:45.

Our Whole Lives continues January 16 with focus on "Relationship Skills." OWL is a sexuality and spirituality program typically for grades 8-9.

Coming of Age meets this afternoon at 3:00 p.m. at White Bear UU Church for a joint COA dedication service with youth from partner congregations. COA is our signature spiritual growth program typically for 9th graders.

Tower Club does not meet this evening, as youth have been coordinating activities for children in R.E. today.

This Week at Unity Church

Sunday, January 13

Children's Choir Rehearsal	10:00 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Afterthoughts	10:15 a.m., Gannett Room
Finding Yourself At Unity	10:20 a.m., Ames Chapel
Travel to Transylvania Information	10:15 a.m., Anderson Library
Children's Musical Rehearsal	Noon, Foote Room
Travel to Transylvania Information	12:15 p.m., Anderson Library
Above Every Name	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
Travel to Transylvania Information	5:45 p.m., DeCramer Room

Monday, January 14

Men's Retirement Group	1:00 p.m., Gannett Room
Circle of Peace	5:15 p.m., Center Room

Tuesday, January 15

Zen Meditation Group	5:00 p.m., Ames Chapel
Children's Musical Rehearsal	7:00 p.m., Foote Room
Living with Grief Group	7:00 p.m., Gannett Room
Unity Singers Rehearsal	7:30 p.m., Parish Hall

Wednesday, January 16

Wellspring Wednesday	See box at right
Recovery from White Conditioning	6:00 p.m., Gannett Room

Thursday, January 17

Pastoral Care Team	9:00 a.m., Anderson Library
Caregivers Support Group	Noon, Anderson Library
Children's Musical Rehearsal	7:00 p.m., Foote Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall
Fresh Air AA	7:30 p.m., Anderson Library

Friday, January 18

UU Queer Youth Gathering	6:30 p.m., Center Room
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Saturday, January 19

Gun Violence Communication Workshop	10:00 a.m., Parish Hall
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Organ Dedication Concert

Sunday, February 10 • 2:00 p.m. • Sanctuary

Aaron Miller, Guest Organist

Aaron David Miller is a renowned organ improviser having won numerous international awards and given concerts across the country. Dr. Miller's orchestra works have been performed by such ensembles as the Seattle Symphony, Chicago Symphony, Zurich Symphony, and St. Paul Chamber Orchestra. His recent compositions include works for Yale University and a Christmas recording by the Bach Chamber Players of St. Paul, MN. Dr. Miller is Music Director at House of Hope Presbyterian Church.

Save the Date: Celebrate Ruth Palmer

Mark your calendars for the evening of Saturday, May 11, when we will have the opportunity to celebrate Ruth Palmer and the enormous impact she has had on our musical and spiritual lives. Jake Runestad and Dale Warland have each been commissioned to write a piece in honor of Ruth as she starts her retirement. These pieces will be premiered that evening, with a reception following the concert.

Tower Club: No Book Sale

This year the book sale will NOT be the spring fundraiser for Unity's high school youth group. Watch for information about youth-led programming happening this spring. Please do not bring book donations to church!

Story Sunday, January 20 • 9:00 a.m., 11:00 a.m., 4:30 p.m. *Make it Right*

We honor the memory and ministry of the Rev. Dr. Martin Luther King, Jr., by wrestling with the obligation to find creative, effective ways to transfer wealth and generate new investment in communities that have been decimated by colonialism. What will it take to make it right? Rev. Rob Eller-Isaacs will be joined by worship associate Kevin Harris for a justice high holiday service. Musicians: Unity Singers and Dan Friberg, clarinet (9:00); Unity Choir and "The Four" (11:00); Women's Ensemble and Gregg Temple, guitar and voice (4:30).

On Story Sundays, children in grades 1-8 begin in worship in the Sanctuary. After the Story for All Ages, Workshop Rotation children (grades 1-5) proceed with their Journey Guides to classes while junior high youth (grades 6-8) remain in the Sanctuary for the entire worship service.

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On January 6, \$2,891.05 was collected in the Sunday offering. World Without Genocide will receive a donation of \$2,023.74. Information about today's offering recipient, Como Park/Falcon Heights Block Nurse Program, is available in your order of service. The offering on January 20 is the Minnesota Unitarian Universalist Social Justice Alliance.

Wellspring Wednesday January 16

6:00 p.m. Dinner: *Red beans and rice, green salad, green beans, bread pudding.* Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

6:50 p.m. Worship service in the Ames Chapel

7:15 p.m. Programs and Childcare

Open Page Writing Session: Justice

RSVP to karen@unityunitarian.org

Pascal once observed that justice is too subtle a point to be touched by our blunt tools. Perhaps this is why its meaning has so often been carried by symbols and stories passed down through the ages. This session explores the swinging scales of justice and other symbols and stories.

Sign Making for the Women's March

The third annual Women's March happens January 19, 2019, with a goal to "harness the power of women and their communities to create transformative social change. Join Unity Church members in making signs for the march and discussing the role of marching in creating social change.

Committing to Unity *Ends at 9:00 p.m.

This class explores the deeper meanings and expectations of membership and shared ministry. The class concludes with a ceremony as participants sign the membership book and officially join the church!

Yoga: Vinyasa Flow

This class is for individuals seeking faster and more rigorous movement. Flowing from pose to pose is coordinated with regulated breathing to strengthen muscles and build balance.

Textile Arts: This group is open to textile creatives of all ages. Bring your knitting, embroidery, needlepoint, etc.

Tween Group (grades 5-7): Meet in Ames Chapel at 6:45 p.m. for worship, then head to Jr. High classroom 21.
