

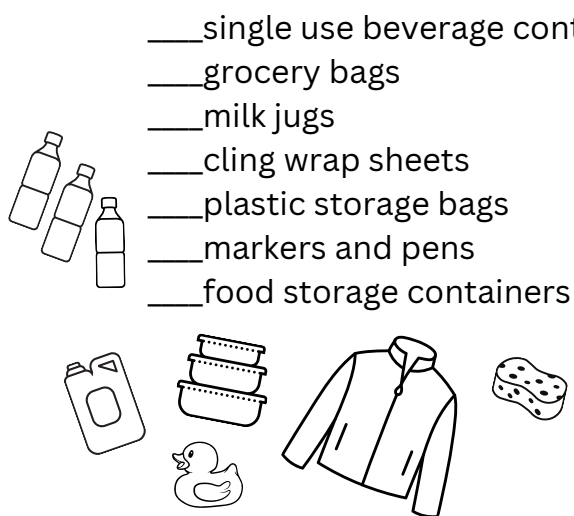
Take the **Plastics Crisis** Challenge

12 weeks to a lot less plastic
in your home and in your life!

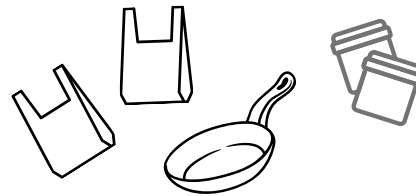


Step 1. Take Stock of Household Plastic

Want to reduce the plastics you use in your home? Great! The first step is to take stock of the many ways in which plastic has become the default in your household. Here's a list of the most frequently found plastic litter. How many of these plastic items can you count in your house today?



- ___ single use beverage containers
- ___ grocery bags
- ___ milk jugs
- ___ cling wrap sheets
- ___ plastic storage bags
- ___ markers and pens
- ___ food storage containers



- ___ take out containers
- ___ non-stick pans
- ___ cleaning supplies (including sponges!)
- ___ shampoos and similar product bottles
- ___ synthetic textiles
- ___ childrens' toys

Step 2. Calculate how much Plastic you could eliminate

Find out how much plastic you'll be able to cut out of your life in just twelve weeks! EarthDay.org offers a "Plastic Calculator" that helps you sum up the number of plastic items that you could reduce in three months during our Plastics Crisis Challenge.

Step 3. Visit the Plastics Crisis Challenge table next Sunday

We'll have a new tipsheet offering resources, ideas and support to help you reduce your use of one, two, three or ALL of the plastics in Step 1.

It took us 50 years to fill
our lives with plastic.
So it might take a while to
find alternatives !



Plastics Crisis Challenge is an initiative of the the Act for the Earth team, a ministry of Unity Church-Unitarian, St Paul.

Not all plastic is recyclable!
Check your county website to figure out
what's actually recyclable and how to do it right!

Anoka

anokacountymn.gov/370/Residential-Recycling

Dakota

co.dakota.mn.us/Environment/Residential

Hennepin

hennepin.us/recycling

Ramsey

ramseycounty.us/residents/recycling-waste

Washington

washington.mn.us/2954/Household-Recycling

