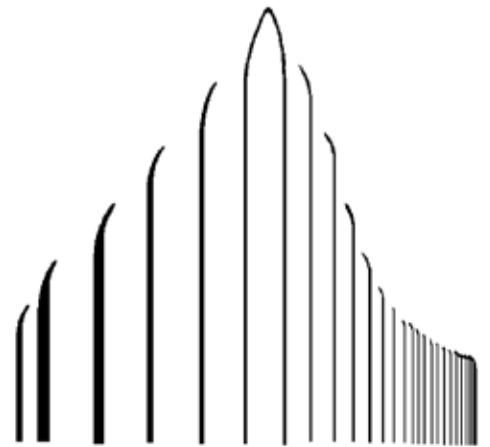


Sounds of Peace

Arthur Foote Music Sunday

*If we come together,
we can mend a crack in the sky.*

— Jake Runestad, *We Can Mend the Sky*



Unity Church–Unitarian
Sunday, May 3, 2015

Arthur Foote Music Sunday • May 3, 2015

**Please rise in body or in spirit.*

GATHERING MUSIC

Spiegel im Spiegel — Arvo Pärt

WORDS OF WELCOME

RINGING OF THE BELL

PRELUDE

Peace Flows Into Me (Sara Teasdale) — Jake Runestad

Peace flows into me
As the tide to the pool by the shore;
It is mine forevermore,
It ebbs not back like the sea.

I am the pool of blue
That worships the vivid sky;
My hopes were heaven-high,
They are all fulfilled in you.

I am the pool of gold
When sunset burns and dies, —
You are my deepening skies,
Give me your stars to hold.

CALL TO WORSHIP

Marg Walker

*OPENING HYMN

Peace Chant

Congregation and Choirs

Quietly speak or intone your hopes for peace into our sanctuary space.

*RESPONSIVE READING

Let Us Be At Peace (Thich Nhat Hanh)

Don Lee

Let us be at peace with our bodies and our minds. Let us return to ourselves and become wholly ourselves.

Let us be aware of the source of being, common to us all and to all living things.

Evoking the presence of the Great Compassion, let us fill our hearts with our own compassion — towards ourselves and towards all living beings.

Let us pray that we ourselves cease to be the cause of suffering to each other.

ALL: With humility, with awareness of the existence of life, and of the sufferings that are going on around us, let us practice the establishment of peace in our hearts and on earth. Amen.

MUSICAL INTERLUDE

Nada Te Turbe (Santa Teresa de Ávila) — Jake Runestad

Soloists: Brian Newhouse, Chris Crosby-Schmidt

Teresa de Ávila, a Carmelite nun and Christian mystic, lived in 16th century Spain and is well known for her writings on mental prayer.

English Translation:

Let nothing disturb you;

let nothing frighten you;

everything passes;

God never changes,

patience

obtains all things.

Whoever has God,

lacks nothing.

SILENCE

EMBRACING MEDITATION

PRAYER

MUSICAL INTERLUDE

A Breathing Peace (Rumi) — Daniel Elder

Soloists: Mary Baremore and Cathy Crosby-Schmidt

Flowers open every night
across the sky, a breathing peace
and sudden flame catching.

REFLECTION

Marg Walker

MUSICAL INTERLUDE

Sing, Wearing the Sky (Lalla) — Jake Runestad

Soloists: Jeannine Robinett, Anna Meek

Lalla, a 14th century Sufi-mystic poet from the Kashmir region of India, believed strongly in the development of the self while reaching enlightenment. The metaphor of dancing while feeling free or naked exemplifies the beauty of empowerment and self-worth. This work uses influences of Classical Indian music and other vocal effects to allow Lalla's message to come to life.

(Various texts by Lalla)

Meditate within eternity.

Don't stay in the mind.

The soul, like the moon, is new
and always new again.

Since I scoured my mind and my body,
I too, Lalla, am new,
each moment new.

My teacher told me,
live in the soul.

When that was so,
I began to go naked, and dance!

Dance, Lalla, with nothing on but air.
Sing, Lalla, wearing the sky.

Look at this glowing day!
What clothes could be so beautiful, or more sacred?

OFFERING

Arthur Foote was minister at Unity Church from 1945-1970. Upon his death in 1999 the Arthur Foote Music Fund was created as a permanent endowment to provide an annual music Sunday in his memory. Currently the endowment supports a portion of Foote Music Sunday expenses. Your gifts to grow this endowment are gratefully accepted!

OFFERING MUSIC

I Am — Melanie Horn

Soloist: Maude Lorr

I am the water, I am the wind in your hair
I am the bird in the tree,
I am the starry sky, I am the mountain so high,
I am the scent on the breeze.
I am nature, I am beauty,
I am the earth and the sea.
I am nature, I am beauty,
I am the earth and the sea.
I am the moonlight, I am the canyon so wide,
I am the storm rolling by.
I am the sun so bright, I am the sweet butterfly
I am the field and the sky.
Oh, I am Nature, earth and sea.
I am beauty, earth and sea.

Dansi Na Kuimba (Swahili, three-part partner song, Dance and Sing)

Sun will come, day will bring, the song of life to ev'rything.

Long time ago when the world was still young, all was quiet and calm, just the rocks and the sun.

Then came a beat that was steady and strong, soon the music was born and the dance was begun.

Dance while the music sings to you, Dance while the music sings to you

Day has come there's much to do, join in the dance.

Dansi na kuimba, Dansi na kuimba, Dance and sing, Dansi na kuimba

READING

Deep in the Quiet Wood (James Weldon Johnson)

Brian Newhouse

MUSICAL REFLECTION

The Peace of Wild Things (Wendell Berry) — Jake Runestad

When despair for the world grows in me

and I wake in the night at the least sound

in fear of what my life and my children's lives may be,

I go and lie down where the wood drake

rests in his beauty on the water, and the great heron feeds.

I come into the peace of wild things

who do not tax their lives with forethought

of grief. I come into the presence of still water.

And I feel above me the day-blind stars

waiting with their light. For a time

I rest in the grace of the world, and am free.

REFLECTION

Marg Walker, Don Lee

MUSICAL CENTERPIECE

We Can Mend the Sky (Warda Mohamed and Somali proverbs) — Jake Runestad

Soloists: KrisAnne Weiss, Teresa Tierney, Blake Morgan

Composer note: My sister is an English teacher at the Minnesota International Middle School in Minneapolis which provides a safe and inclusive environment for East African immigrant students to learn (many of whom are Somali). Most of these students came to the USA to escape the violent civil war that has plagued Somalia since 1991. Seeking a better life for their children, these students' parents risked their lives to come to the USA — a valiant act of love. I wanted to tell their story through music and so I asked my sister to have her students write poems about their experiences leaving their home and coming to the USA. I received over 100 poems that contain passion, pride, emotion, and vivid stories of the sights and sounds that these young people have experienced. I sifted through these texts and found the powerful words of 14-year-old Warda Mohamed that became the backbone of the composition. Using Warda's poem and two Somali proverbs, "We Can Mend the Sky" is a musical depiction of one's journey as an immigrant and an affirmation of hope as we all embrace the diversity around us.

"Let My Dream Come True" by Warda Mohamed (14-year-old student and immigrant from Somalia)

In my dream I saw a world free of violence

hunger

suffering

a world filled with love

Now awake in this world

I beg, let my dream come true.

Soo baxa

(Let's go)

Naftu orod bay kugu aamintaa.

(To save your life, run with all your might.)

If we come together, we can mend a crack in the sky.

CONGREGATION JOIN AS DIRECTED

PRAYER and BENEDICTION

POSTLUDE

...the embrace of silence

The flowers in the Main Lobby are given in memory of Arthur Foote, who preached his first sermon as minister of Unity Church in the spring of 1945, seventy years ago! From his Minnesota family Susan, Ben, Liam, and Mateo Foote.

JAKE RUNESTAD, today's featured composer, is considered "highly imaginative...with big ideas" (Baltimore Sun) and "stirring and uplifting" (Miami Herald). An award-winning composer, Jake (b. 1986) has received commissions and performances from leading ensembles and organizations such as Washington National Opera, the Netherlands Radio Choir, the Louisiana Philharmonic Orchestra, Seraphic Fire, the Dayton Philharmonic Orchestra, the Virginia Arts Festival, the Rockford Symphony Orchestra, Craig Hella Johnson and the Cincinnati Vocal Arts Ensemble, Spire Chamber Ensemble, and the Master Chorale of Tampa Bay. Dubbed a "choral rockstar" by American Public Media, Jake is one of the most frequently performed composers in the U.S.A. and travels extensively to work with ensembles as a clinician and resident composer. Jake Runestad holds a Master's degree in composition from the Peabody Conservatory of the Johns Hopkins University where he studied with Pulitzer Prize-winning composer Kevin Puts. Prior to graduate school, he studied privately with acclaimed composer Libby Larsen. A native of Rockford, IL, Mr. Runestad currently lives in Minneapolis, MN, and his music is published by Boosey & Hawkes and JR Music. Jake is dearly loved and respected by his many colleagues who are always delighted to see him often frequenting many Minnesota venues. One often sees Facebook postings from Jake as he hikes the world over, always looking for the beautiful and magnificent in nature. And, he loves donuts!

DANIEL ELDER, composer of "A Breathing Peace", is a prolific writer of vocal and instrumental music. Elder (b. 1986) ties these genres together to create forms and aesthetics that are at once lyrical and textural, drawing its roots particularly from the impressionist movement, with emotional evocations ranging from lush lyricism to jagged polyphony. Notice the amazing year that 1986 was in producing the next wave of brilliant composers?

WORSHIP ASSOCIATE: Special thanks to Marg Walker whose literary skills and creative thought wove together all the elements of this service with her deeply sensitive words and text selections. Marg was drawn to Unity Church by its music program in 1999, and has been singing here ever since. Currently a member of Unity Singers, Marg has also served as a Worship Associate, Coming of Age mentor, and Trustee. Marg is a researcher and writer, with an abiding interest in the human voice.

INTERPRETERS: Mary Baremore and Wendy Harris

READERS: Marg Walker, Brian Newhouse, Don Lee

PERCUSSION: Elizabeth Giffin and Steve Lewis

VIOLIN: Nancy Oliveros

PIANIST AND MUSICAL ASSISTANT: Kathy Kraulik

DIRECTOR OF MUSIC MINISTRIES: Ruth Palmer

MINISTERS: Janne and Rob Eller-Isaacs

UNITY CHOIR: Ruth Palmer, director; Kathy Kraulik, piano

Unity Choir is a community of singers from all stages of life's journey: those exploring new connections in their lives, to parents of new born infants, to those retired and actively engaged. We welcome all to sing with us. This group is the foundation on which Unity's music program is built and is a vital and energetic presence in our community. Unity Choir members share various levels of musical experience and a wide variety of activities and interests, all of which are brought together by their love of singing.

Soprano: Jule Adelsheim, Heidi Birkholz, Karen Buggs, Joan Carrier, Carolyn Caswell, Susan Conner, Cay Emkovik, Nancy Evert, Patt Kelly Hall, Rochelle Lockridge, Gloria Narabrook, Anna Newton, Bonnie Power, Nancy Rector, Emily Richardson, Julie Robbins, Teresa Tierney*

Alto: Emily Barnes, Katherine Clayton, Pauline Eichten, Sylvia Elrod, Sally Foster, Natalia Gaytan, Jess Goff, Wendy Harris, Roxy Johnson, Ruth Kirkland, Jill van Koolwijk, Ann Mabbott, Robin Moede, Mary Nienaber, Angela Norberg, Nicole Ottjes, Jane Potish, Kathleen Radspinner, Judy Stellar, Nancy Veverka, Bailey Webster, KrisAnne Weiss*

Tenor: Tony Borgerding, Warren Davidson, Mark Foster, Hal Freshley, Peter Heege, Eric Hendrickson, Russ Heuckendorf, Gary Mabbott, Tom Merritt, Blake Morgan*, Tim Power, Harry Wernecke

Bass: Aaron Barnes, Mike Bruns, Glenn Davis, Paul Englund, Chuck Griggs, Bryan Janssens*, Don Lee, Mark Maronde, Henry Mott, Bob Ruud, Bob Stellar, Michael Votel, Gary Zimmerman

(* = Section Leaders)

WOMEN'S ENSEMBLE: Ruth Palmer, director; Kathy Kraulik, piano

The Unity Women's Ensemble is a continually growing and evolving group. Founded in December 2012, they started as a reflection of the joy found in singing together at our annual Women's Retreat. The chance to meet once a month quickly turned into the desire for weekly rehearsals and singing opportunities. This year we have evolved beautifully into a multi-generational group with several mother-daughter teams and one three-generation family team. These wonderful singers meet for only one-half hour each Sunday morning between the 9:00 and 11:00 services. Into this short rehearsal time they bring tremendous creative energy, commitment, and joy!

Erin Adams, Elizabeth Alexander, Ginny Allen, Meg Arnosti, Katherine Barton, Lillian Birkholz, Andrea Bond, Ann Borer, Pat Conboy, Megan Casselmann-Condon, Teresa Connor, Debbie Cushman, Ellen Green, Annie Halland, Alana Howey, Ariana Howey, Roberta Hunt, Ellie Lin, Peggy Lin, Louise Livesay, Rochelle Lockridge, Anna Meek, Sarah Meek, Carol Miller, Katherine Muller, Arlene Seashore, Vivian Seashore, Suzanne Quin-McDonald, Jeannine Robinett, Diane Ross, Amelia Schucker, Linny Siems, Jackie Smith, Josie Smith, Becky Steeber, Sierra Trejo, Lindasusan Ulrich, Kathy Wallace, Ellen Wold, Beth Yokom, Jessica Zimmerley

UNITY SINGERS: Ruth Palmer, director; Kathy Kraulik, piano

Unity Singers is Unity Church's auditioned, 19-voice, a cappella chamber choir. Each singer's involvement is built on a passion for singing and willingness to work towards an ensemble of excellence capable of sharing varied musical genres with the community. The Unity Singers were privileged to be chosen by national audition to perform at the American Choral Directors Association National Convention in March 2009. All singers volunteer their talents to offer the musical gift of this ensemble and are deeply involved in the life of this church community.

Soprano: Mary Baremore, Cathy Crosby-Schmidt, Amber Lockridge, Angela Newhouse, Karyn Wrenshall

Alto: Mary Blouin Auffert, Estelle Brouwer, Ellen Merlin, Marg Walker, Lorelee Wederstrom

Tenor: Charlie Caswell, Chris Crosby-Schmidt, Russ Heuckendorf, Steve Nelson

Bass: Steve Harper, Brian Newhouse, Bob Peskin, Scott Rehovsky

CHILDREN'S CHOIR: Kathleen Radspinner, director; Priscilla Morton, piano

Unity's Children's Choir is a vibrant group of first through fifth graders which reflects the many talents of our children, the support of our parent community and the energy of its director, Kathleen Radspinner. We are grateful for their presence in our services. We are also grateful for the contribution of our volunteer musician, pianist Priscilla Morton.

Maddie Adams, Eli Borgerding, Lily Borgerding, Amelie Brazelton, Madeline Brazelton, Penelope Brazelton, Bella Carls-Rehovsky, Annika Collins, Ava Fischer-Ross, Maggie Fried, Ariel Hansen, Wesley Hendel, Rachel Howey, Sam Johnson, Hanna Koch, Hattie Lin, Josie Lin, Maude Lorr, Laura Lundquist, Hannah Malecha, Sydney Malecha, Sam Schneider, Josephine Schucker, Gus Smith, Levi Smith, Ben Vaughan-Fier, Owen Vaughan-Fier, Ellie Verano, Alice Wagner-Hemstad, Noah Weiser, Hazel Wright, Violet Wright, Anna Zindren

Thanks and appreciation to:

Madeline Summers, our Welcome Team members, and the choir reception volunteers

Kim Klose, Production Manager

Today's music is made possible by funds given in memory of James William Curtis and Howard Huelster, the Arthur Foote Music Fund, the congregation of Unity Church-Unitarian.

Our thanks to all involved in this community for such strong and continued support of our music program and musicians. Endless thanks for the unique gift brought by each choir member and musician. — Ruth Palmer

Today's service will be available as a podcast on Unity's website: www.unityunitarian.org.
We will not be offering CDs at this time.

"The Immigrant Experience"

Minnesota International Middle School Student Poems

(Selected from over 100 submissions)

© 2013 by Anisa Abdi, Mohamud Abdi, Ahmed Warsame, Ubah Ali, Nasra Mohamed, and Zumaya Abdi.

Please contact info@jakerunestad.com for reproduction rights.

Leaving Home by Anisa Abdi

We woke up to a terrible noise wondering
What had happened
Looking out the window seeing people
Shooting at each other
My mom crying out "soo baxa"
Which means "let's go"
Fear crept into me not knowing what was going on
We were running for a long while with no food or shelter
After walking day and night for days without food, we found camps
They told us we were going to America
Coming to America had its own struggle too.
Getting used to the cold, frigid air was hard
Everyday I would cry with fear and sadness leaving my home
It's hard leaving your home but
Today I'm still an immigrant
You aren't any different than me.

Fleeing the War by Mohamud Abdi

My parents left Somalia so they could flee the war.
Because everywhere people were hungry and poor.
They came to America to escape poverty and tragedy.
They did not come in a car, nor an airplane,
They came on a boat where people complained about pain.
People on the boat had broken bones and broken legs but worst of all, broken hearts.
Leaving their children and their family wondering if they will ever see them again.
Most people died, I'm happy my parents survived.

Dreams by Ahmed Warsame

What is a dream?
Dreams
A dream is what defines a person.
Dreams
When my mother came to the U.S. she had a dream.
Dreams
She had a dream of achieving her goals.
Dreams
She had a family, that was a dream.
Dreams
She had a home for her family, that was a dream.
Dreams
She built a daycare with her bare hands, that was a dream.
Dreams
She made her kids go to school for an education, that was a dream.
Dreams
There is one thing my mother has that everyone has.
She has a dream.

This World Has A Future by Ubah Ali

It started early on a Monday morning
with the wind blowing on a sunny day
People walking by staring
have they ever seen anyone like me
covered from head to toe
smiling with joy
not being forced to wear what I choose
holding something other than a Bible.
My parents tell me not to listen to the rude comments
Don't they know
I didn't come for violence
Looking forward to a good future
Where one day I grow up with a diploma
with healthy kids
knowing that this world has a future.

The Other Side by Nasra Mohamed

Stupid
Dumb.
That's all she hears
came from a place
where they don't care about
looks
color
religion
and now they do
I'm judged by everything
I walk around school feeling like an alien
mistreated
bullied
out of place
I don't know what to do.
I can't change myself.
The only thing I can do is be proud of who I am
so I held my head high
and said
YES I AM AN IMMIGRANT

My Life by Zumaya Abdi

I left Somalia. It was very hard -- just imagine leaving the beds unmade,
the chairs in the dining room upturned,
kitchen unswept, dishes in the sink, running barefoot not knowing where you will end up and
not knowing what the future holds for you.
Imagine not knowing the fate of what happened to your beloved family.
Refugee camp was tough and a hard life in many ways.
I had to live with five girls in one bedroom.
I shared with them everything -- clothing, food.
Every time I needed water, food, or doctor, I had to wait in line
for 2 to 3 hours because there were 500 people that want the same thing.
I slept a lot because there was no school. It was a boring place.
Sometimes I worried about my safety because
there were a lot of crimes in the camp.
I was happy to leave the camp. My arrival at the airport was amazing.
The diversity of people working together in harmony was incredible
Black, white, Spanish, and Asian, in one craze.
Coming to America has changed my life in many good ways.
I get an education and am learning English.

This Week at Unity Church

May 3–9, 2015

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Evergreen Quilters Mother's Day Gift Boutique

Evergreen Quilters is offering bags, totes, mats, scarves, and other wonderful items priced right for Mother's Day gifts! Choose a handmade treasure created by one of our church's quilters. One hundred percent of the proceeds support special projects at The Family Place, a day shelter for homeless families; Sharing Korner Food Shelf; Jeremiah Program, a transitional housing and life skills program for young mothers and their children; and other programs with similar missions. Purchases may be made with cash, check, and credit card. Evergreen Quilters invites YOU to join the group, as well! Meetings are held each month on the second Tuesday (7:00-9:00 p.m.) and the fourth Saturday (10:00 a.m.-noon) each month.

2015 Budget and Pledges

The congregation approved our 2015 operating budget last November, and while our budget projections were based on sound assumptions, the realities are unfolding differently. The road has taken a turn, and we need to turn with it. Thankfully, Unity Church is filled with visionaries, people like you who recognize the need to manage the congregation's finances and make course corrections when needed.

In the next week you will receive an email from the church urging you to add to your 2015 pledge. The Board of Trustees and Pledge Team have gotten us off to a great start by increasing their personal pledges. Through additional gifts, we can demonstrate our commitment to the people and programs that make Unity Church such a vibrant place to be.

If you have not yet made a 2015 pledge to the church, you can follow the link on our website, or call the church office and ask for Barbara or Song. *Thank you for your ongoing and generous support!*

Unity Church 2015 Congregational Survey

The 2015 congregational survey (<http://bit.ly/2015ucuSurvey>) is on-line and waiting for you to tell the Board of Trustees how you feel about this religious community, the work we are doing, and its impact in your life and the lives of others. The survey is our board's best tool to measure our progress on our mission and movement toward our collective vision. We need to hear from everyone! Please take a few minutes today to fill out the survey! Paper copies (including large print) are available in Parish Hall on Sundays and by contacting the church office. The deadline is June 3.

Women's Retirement Group

On May 14 the Women's Retirement Group will meet at Bass Ponds in Bloomington, at 1:00 p.m., to view songbird migration. For more information contact Roxann at rsnyder@visi.com. In case of bad weather, we will meet in the Center Room at Unity Church, from 1:00-3:00 p.m., to discuss a Joseph Campbell video.

Family Meal Ritual Workshop

Saturday, May 16 • 10:00 a.m.-12:30 p.m. • Parish Hall

Unity's Unitarian Universalist Families Initiative is offering a workshop on a family meal ritual that both you and your children can enjoy! Kids will make their own personal chalices while parents explore the blessing and challenges of parenting as a UU. We will demonstrate the meal ritual and then practice it together over lunch. Contact Pamela Johnson at pjohnso@comcast.net to participate.

Summer worship at 10:00 a.m. begins May 24!

From May 24 through the September 6, there is just one service each week at 10:00 a.m.

General Assembly 2015: *Building A New Way* June 24-28, Portland, OR

General Assembly is the annual meeting of our Unitarian Universalist Association (UUA). Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; each congregation sends voting delegates. For more information visit www.uua.org/ga. Contact Rev. Lisa Friedman, if you are interested in representing Unity Church as a delegate.



This Week in Religious Education (R.E.)

At the 11:00 service, children enrolled in Workshop Rotation (grade school) should go to the Ames Chapel for children's worship instead of the Sanctuary.

Teacher recognition and the last day of classes is next Sunday, May 10, as we take a moment to appreciate the generosity and care of our teachers for this past year. We will switch over to the Summer in the Garden program, held during the 10:00 a.m. service, beginning May 24.

For anyone who missed R.E. Enrollment for 2015-16, please contact R.E. staff or watch for early-September enrollment opportunity. Enrollment information for COA and OWL (2015-16) is available online. For questions, please contact Drew Danielson at drew@unityunitarian.org or 651-228-1456 x112

- COA: www.unityunitarian.org/grade-9-coming-of-age.html
- OWL: www.unityunitarian.org/our-whole-lives.html

Spirit Play (ages 3-6): Children today learn about Merging of Waters as they anticipate this ritual at the start of religious education again in September. Where are some of the places from where we get water? What happens if we were to pour and mix water from different places? Please take time to wonder with your children as they play with sacred stories and the questions they ask of us.

Rotation Classes (grades 1-6): Children today continue on the theme of "Endings" and the inevitability of death. Rotations end fifteen minutes after the adult worship; so please enjoy a cup of coffee and conversation following worship before going downstairs to gather your child(ren).

Junior High (grades 6-8): Youth continue regular classes for each of our three Jr. High courses: Extreme Religions, What Do You Stand For, and Technology and Religion.

Tweens (grades 5-8): meet this coming Wednesday, April 6, 7:15-8:30 p.m., after Wellspring Wednesday's supper and worship, for meditation practice in the Ames Chapel.

Tower Club youth meet this evening (6:00-8:00 p.m.) for postcarding and an ice cream social. Tower Club is a place for 10th-12th graders to find community and share life at the intersection between the world and faith.

This Week at Unity Church

Sunday, May 3

Afterthoughts 10:15 a.m., Gannett Room
Soup Supper 5:45 p.m., Parish Hall
Tower Club 6:00 p.m., Center Room

Monday, May 4

Unitots Playgroup 9:30 a.m., Nursery
Men's Retirement Group 1:00 p.m., Gannett Room

Tuesday, May 5

Sangha Meditation 5:30 p.m., Ames Chapel
Young Adult Potluck 6:30 p.m., Center Room

Wednesday, May 6

Wellspring Wednesday See box below

Thursday, May 7

Grief Coalition 5:30 p.m., Center Room
Generosity Team Meeting 6:30 p.m., Gannett Room

Saturday, May 9

Board of Trustees 9:00 a.m., Anderson Library

Wellspring Wednesday, May 6

6:00 p.m. Dinner: Sloppy Joes: beef and vegan, roasted veggies, salad, popsicles (GF/vegan options available).

Cost: \$7/adult, \$4/child (age 5-12), \$2/child (age 2-4), \$20/family

6:45 p.m. Worship service in the Ames Chapel

7:10 p.m. Programs and Childcare

MUUSJA Presents: Spiritual Grounding for Justice Leaders

Ashley Horan, Executive Director

Finding the resilience to stay in the struggle for justice over the long haul requires both deep connection to others and a grounding in faith and history. Join the Minnesota Unitarian Universalist Social Justice Alliance to engage in theological reflection, collective conversation, and spiritual practice designed to "replenish the well" of those of us whose hearts are regularly broken by the injustices of the world.

The Anonymous People: Part II

Join in a discussion of the feature documentary film about the 23.5 million Americans living in long-term recovery from addiction to alcohol and other drugs. Deeply entrenched social stigma and discrimination have kept recovery voices silent and faces hidden for decades. This conversation builds on the film viewing that was held April 29.

Embodied Spiritual Practice: Gentle Meditative Yoga

Come as you are and experience non-judgmental, non-competitive yoga. Youth ages 10 and up are welcome to come with an adult family member. Wear comfortable clothing. Bring a yoga mat, towel, and water bottle. A few mats will be available for loan. Elen Bahr is a 200-hour RYT certified yoga instructor.

Religious Education Orientation for New Families

Upcoming Worship Service

Where Peace Begins — Rob Eller-Isaacs

Early bonding is among the keys to happiness. "Where there is peace in the home," wrote Confucious, "there is peace in the nation." Come celebrate Mother's Day at church when Rob and Hallman Intern Lindasusan Ulrich will be joined by worship associate Diane Ross. Musician: Blake Morgan, voice and guitar.

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the Community Outreach Ministry at Unity Church and seventy percent is given to a chosen community non-profit recipient. **Please make checks payable to Unity Church.** On April 26, \$2,703.43 was collected in the Sunday offering. The Unitarian Universalist Association will receive the entire collection. Information about today's offering recipient, the Arthur Foote Music Sunday Fund, can be found in your order of service. The offering recipient on May 10 is the SteppingStone Theatre.

Attention Artists!

Applications are now being accepted for month-long (2015-16 church year) exhibits in the Parish Hall gallery. Exhibit guidelines and an application form are available online at www.unityunitarian.org/parish-hall-artists.html. The application deadline is June 30.

Free Live Theater (at Unity Church!)

Forget Me Not When Far Away by Kira Obolenksy

Wednesday, May 27 • 6:30 p.m. • Unity Church

In partnership with Ten Thousand Things Theater, The Center for Victims of Torture, and Unity Church.

The award-winning theater company Ten Thousand Things is back to bring the Rondo Community a new comedy about a soldier who returns from a long war and must navigate a new, changed world. Written by Kira Obolenksy and directed by Michelle Hensley, this play features Ron Menzel, Sha Cage, Sun Mee Chomet, Annie Enneking, Elise Langer and Karen Wiese-Thompson. The play is free, but reservations are required. Contact Rev. Lisa Friedman at lisa@unityunitarian.org to reserve your tickets today. This play is recommended for audiences 14 years of age and older.

Contemplative Walk

Saturday, June 20 • 9:00–10:00 a.m.

Are you one of those people who most deeply connects with Self and the Beyond out in nature? Come outside and join Spiritual Director Sarah Cledwyn for a Contemplative Walk on Saturday, June 20, at 9:00 a.m. There will be a short introduction followed by a quiet walk through the Hidden Falls Regional Park in St. Paul. This event is free and open to all. Please RSVP to Sarah Cledwyn at sarahcledwyn@gmail.com for directions and more information.

Unity Arts Camp: July 6-10 and 13-17

Unity Arts Camp is an art playground. Camp Director Rene Meyer-Grimberg is looking for players to lead games and projects and to just hang out with youth (and elders!). You set the times you can commit to. Contact Rene at unityartscamp@gmail.com.

Unity Chalice Camp: July 20-24 and 27-31

Youth entering grades 1-6 are invited to participate in this week-long summer camp full of Unitarian Universalist values, fun games, art projects, and community building. Campers return year after year! Don't let your child miss out! Online registration is available at www.unityunitarian.org/summer-camp-registration.html

CAIRNS
1111
2015

Writers & Artists:
for early/first
consideration, submit
your work to
Cairns
The Unity Church
Journal of the Arts
Vol. 7
by June 15, 2015

2015 UNITY CHURCH–UNITARIAN BOARD OF TRUSTEES

STU ALGER
GINNY ALLEN, CHAIR
DEBORAH CARTER MCCOY
MARK FOSTER
HAL FRESHLEY
RICH HAMER
STEVE HARPER
PEGGY LIN, SECRETARY
ANGELA NEWHOUSE

EXECUTIVE TEAM

REV. JANNE ELLER-ISAACS, CO-MINISTER
REV. ROB ELLER-ISAACS, CO-MINISTER
REV. LISA FRIEDMAN, MINISTER OF CONGREGATIONAL AND COMMUNITY ENGAGEMENT
BARBARA HUBBARD, EXECUTIVE DIRECTOR

CHURCH STAFF

LIZ CURRAN, FACILITIES
DREW DANIELSON, COORDINATOR OF YOUTH AND CAMPUS MINISTRY
TIM FRANCO, FACILITIES
REV. DANNY GIVENS, JR., MINISTERIAL RESIDENT
REV. KAREN HERING, CONSULTING LITERARY MINISTER
MICHELLE HILL, CHILDREN'S MINISTRY COORDINATOR
REV. K.P. HONG, DIRECTOR OF RELIGIOUS EDUCATION
BILL LOWELL, FACILITIES MANAGER
ROBIN MACKENZIE-TARIS, NURSERY SUPERVISOR
MARCY MANN-ANDERSON, OFFICE MANAGER
LINDSAY NEWSTRAND, SECURITY
RUTH PALMER, DIRECTOR OF MUSIC MINISTRIES
DERRICK SANDERS, FACILITIES
THERESE SEXE, KITCHEN COORDINATOR
MADELINE SUMMERS, VOLUNTEER COORDINATOR
SONG THAO, FINANCIAL ASSISTANT
MARTHA TILTON, COORDINATOR OF COMMUNICATIONS
LINDASUSAN ULRICH, HALLMAN MINISTERIAL INTERN
HAROLD WATSON, FACILITIES

UNITY CHURCH MUSIC STAFF

RUTH PALMER, DIRECTOR OF MUSIC MINISTRIES: ORGAN/PIANO; DIRECTOR, UNITY CHOIR, UNITY SINGERS, WOMEN'S ENSEMBLE
KATHY KRAULIK: PIANIST, UNITY CHOIR, UNITY SINGERS, WOMEN'S ENSEMBLE; ASSISTANT TO DIRECTOR OF MUSIC
KATHLEEN BARTHOLOMAY, SUMMER MUSIC COORDINATOR
KATHLEEN RADSPINNER, DIRECTOR OF CHILDREN'S CHOIR
PRISCILLA MORTON: PIANIST, CHILDREN'S CHOIR
UNITY CHOIR SECTION LEADERS: TERESA TIERNEY (SOPRANO), KRISANNE WEISS (ALTO), BLAKE MORGAN (TENOR), BRYAN JANSSENS (BASS)
PERCUSSION ENSEMBLE COORDINATORS: STEVE LEWIS AND ELIZABETH GRIFFIN; BILL WEBB, PERCUSSION CONSULTANT

*Interested in learning more about Unity's music program?
Please contact Ruth Palmer at ruth@unityunitarian.org or 651-228-1456 x118.*

UNITY CHURCH–UNITARIAN

SANCTUARY ENTRANCE: 733 PORTLAND AVENUE, SAINT PAUL 55104
BUSINESS ENTRANCE: 732 HOLLY AVENUE, SAINT PAUL 55104
651-228-1456 • UNITY@UNITYUNITARIAN.ORG • WWW.UNITYUNITARIAN.ORG
FACEBOOK: [FACEBOOK.COM/UNITYUNITARIAN](https://www.facebook.com/unityunitarian) • TWITTER: [@UNITYUNITARIAN](https://twitter.com/unityunitarian)