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If It's Not One Thing, It's Another

Rev. Kathleen Rolenz



Unity Church–Unitarian

Sunday, February 11, 2024

9:00 and 11:15 a.m.

Livestream at 9:00 a.m.

Unity Church–Unitarian

733 Portland Avenue, Saint Paul 55104 | 651-228-1456
unity@unityunitarian.org | unityunitarian.org

ORDER OF WORSHIP

Sunday, February 11, 2024 | 9:00 and 11:15 a.m.

**Please rise in body or in spirit.*

GATHERING MUSIC

WELCOME Rev. Kathleen Rolenz

PEALING THE BELL

PRELUDE The Right Mistake Unity Band
Robbie Robertson

CALL TO WORSHIP | KINDLING THE CHALICE FLAME Ari Giles
Unison: We light this chalice as a symbol of our faith, the light of truth and the warmth of love.

*HYMN Morning Has Broken #38

*RESPONSIVE READING spell for reclaiming the moment (adapted)
adrienne maree brown

even now we could be happy
even now breathing in
filling our bodies with right now
from the dirt below us
from our toes to our knees
hips up our spines
shoulders to earlobes
the tip top of our heads to beyond
to the stars

*breathing wide
across our wingspan
into that sacred and constant silk web
where we belong*

even now we can be shocked by the thunderclap, the storm;
laugh at the abundance of our grief
and our earnest attempt to avoid the inevitable

*we are a delight
we could be another's blessing
with our brief and epic lives
where every day
we are given the option
of love*

EMBRACING MEDITATION | PRAYER | SILENCE

ANTHEM Don't Want to Know Unity Band
John Martyn

READING

SERMON | REFLECTION If It's Not One Thing, It's Another Rev. Kathleen Rolenz
Ari Giles

OFFERING

OFFERTORY If You Want to Sing Out, Sing Out Unity Band
Yusuf Islam

*HYMN When the Spirit Says Do #1024, teal hymnal

*BENEDICTION

Unison: We extinguish this flame, but not the light of truth, the warmth of community and the fire of commitment. These we carry in our hearts until we are together again.

SENDING FORTH

Unity Church resides on the homelands of the Dakota Nation. We honor with gratitude the people who have stewarded the land throughout the generations and their ongoing contributions to this region. We acknowledge the ongoing injustices that we have committed against the Dakota Nation, and we wish to interrupt this legacy, beginning with acts of healing and honest storytelling about this place.

At the June 2024 General Assembly, delegates will vote on Article II of the UUA's bylaws, which currently contains Unitarian Universalism's Seven Principles and Purposes. The graphic found on the cover depicts the proposed changes to Article II. For a fuller description of the report, visit bit.ly/art2uua, or search "UUA Article II."

Como Connects, today's offering recipient, links older adults in the Como Park/Falcon Heights neighborhoods with community resources. Their services support independence, increase opportunities for socialization, and promote safety for adults as they age. The services they provide include transportation to/from medical appointments, in-home foot care, homemaking, food delivery and chore support. This collection will support socialization programs intended to nurture mind and spirit vitality essential for integrated well-being. Donate at bit.ly/sundayoffering

Unity Band: Julia Brown (voice), Callum Schultz (bass), Ross Johnson (guitar), Phil Carlson (guitar), Steve Lewis (drums).

Worship associate Ari Giles lives in the Mill District of Downtown Minneapolis. After taking time to explore other areas of the country, she's thrilled to be back in the Twin Cities. She's enjoyed rediscovering old favorites like the Minneapolis Institute of Art and Springbrook Nature Center. Though her membership is recent, her participation in Unity's community has deep roots after being raised in the church.

To access the Sanctuary's assistive listening system, please switch your hearing aid to "T" or request headphones or assistance from an usher. Large print orders of service are also available by request to an usher.



If You Want to Sing Out, Sing Out
Yusuf Islam

Well, if you want to sing out, sing out
And if you want to be free, be free
'Cause there's a million things to be
You know that there are

And if you want to be high, be high
And if you want to be low, be low
'Cause there's a million ways to go
You know that there are

You know it's up to you
Anything you can do
And if you find a new way
Well, you can do it today
Well, you can make it all true
And you can make it undo
You see, ah-ah-ah, it's easy, ah-ah-ah
You only need to know

And if you want to be her, be her
And if you want to be you, be you
'Cause there's a million things to do
You know that there are

And if you want to say yes, say yes
And if you want to say no, say no
'Cause there's a million ways to go
You know that there are

You know it's up to you,
anything you can do
And if you find a new way
Well, you can do it today
Well, you can make it all true
And you can make it undo
You see, ah-ah-ah, it's easy, ah-ah-ah
You only need to know...

Don't Want to Know
John Martyn

I don't want to know 'bout evil
Only want to know 'bout love
I don't want to know 'bout evil
I only want to know 'bout love

Sometimes, it gets so hard to listen
Hard for me to use my eyes
And all around the gold is glistening
Making sure it keeps me down to size

And I don't want to know about evil
I only want to know about love
I don't want to know one thing about evil
I only want to know 'bout love

I'm waiting for the planes to tumble
Waiting for the towns to fall
I'm waiting for the cities to crumble
Waiting 'til I see you crawl

Yes, it's getting hard to listen
Hard for us to use our eyes
'Cause all around the gold is glistening
Making sure it keeps us hypnotized

And I don't want to know 'bout evil
I only want to know 'bout love
I don't want to know about evil
I only want to know 'bout love

I don't want to know anything about evil
I only want to know 'bout love
I don't want to know 'bout evil
I only want to know 'bout love

I don't want to know 'bout evil
I only want to know 'bout love
I don't want to know anything about evil
I only want to know 'bout love
I only want to know 'bout-

The Right Mistake
Robbie Robertson

One man's trash is another man's treasure
One man's pain is another man's pleasure
Play too hard, play too rough
And someday someone's gonna call your bluff

Take a stroll off the deep end
On the boulevard of broken dreams
Take a stroll off the deep end

And I was just trying to make
The right mistake, the right mistake
I was only trying to make
The right mistake

Gotta change some old habits
Tryin' to turn a new leaf
I gotta stop chasing rabbits
But I got hooked beyond belief

Let it go, they told me
But I just couldn't hear their plea
Let it go, they warned me

'Cause I'm just tryin' to make
The right mistake, the right mistake
I was only trying to make
The right mistake
The right mistake
The right mistake
The right mistake

You could be the perfect stranger
You could be from Illinois
You come around here courting danger
Making all that noise

And you know I'll be there
Tell me when the deal goes down
And you know I'll be there

'Cause I'm just tryin' to make
The right mistake, the right mistake
I was only trying to make
The right mistake
The right mistake
The right mistake
The right mistake
The right mistake