

Take the **Plastics Crisis Challenge**

12 weeks to a lot less plastic in your home
and in your life!

Our homes can be clean...AND green!

Who doesn't like clean dishes and sweet-smelling laundry? But what should we do when the cleaning products we use come in—or are even made of—plastic? Pay attention to the lifecycle of cleaning products. Are the products and their containers compostable or recyclable?



Less-plastic laundry and clothes drying

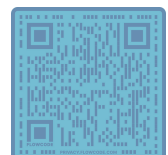
- Your clothes are probably cleaner than you think! Wash less often, spot clean and air clothes out between wearings.
- To pre-treat stains, use a stain stick in paper sleeve.
- Look for detergent in cardboard packaging.
- Good detergent options include laundry strips and pods. The best options come in powdered or tablet form.
- Catch microfibers by washing synthetic textiles in a bag (don't overfill).
- To catch even more microfibers, use a CoraBall.
- Install a microfiber filter for the washing machine.
- Hang wet clothes up to dry or use gentlest dry cycle to limit shedding.
- Use wool dryer balls instead of polyester dryer sheets.



De-plasticized cleaning

- Look for powdered or tablet dishwasher detergent.
- Choose 100% cellulose sponges.
- Use compostable “Swedish dish cloths” instead of microfiber ones.
- Buy scrubbers made of fast-growing bamboo.
- Make your own cleaning products for cleaning the rest of the house (see the back for links)!

Plastics Crisis Challenge
is an initiative of
the Act for the Earth team,
a ministry of Unity Church-Unitarian



Online and In-Store Resources

DIY felted dryer balls

prettystitches.wordpress.com/felted-wool-dryer-balls

Powdered dish detergent

Tare Market, Food Co-ops, Trader Joe's

Laundry ball for microfibers

coraball.com

Sponge alternatives

www.airnex.space

DIY cleaners

bhg.com/homekeeping/house-cleaning/cleaning-products-tools/homemade-cleaners/