



Creating Your Own Rite of Passage

Instructions: In pairs, create your own rite of passage, an initiation ritual, what marks a young person's transition from childhood into adulthood. What symbolic or ritualistic elements would be part of that initiation? How would the "threshold" be crossed? What would the test or challenge be? Think about food, clothing, special place/time, sacred objects, music, special knowledge, and more.

Name of the Rite of Passage:

Activity of Crossing a Threshold (literal or symbolic):

Some Type of Test or Challenge:

Other Elements (food, clothing, special place/time, sacred objects, music, special knowledge, etc.):