

This Week at Unity Church

November 12-18, 2017

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Finding Yourself at Unity

UU History, Principles, and Sources

Finding Yourself at Unity meets today, from 10:15-11:15 a.m., and 6:00-7:00 p.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously through the year. Drop in any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

Curious about what the Sustainable Living Team is doing?

Grab your coffee and join the Sustainable Living Team between services today, 10:15-10:55 a.m., in the Crothers Room (2nd floor), for an informal conversation about sustainability, the steps the group has taken to make the church and community greener, and help map out a focus for 2018. If you are unable to attend but wish to be involved, contact Anna Newton at anewton3@gmail.com. Ideas for action are especially welcome.

Annual Meeting of the Congregation • All are welcome!

Unity Church will hold its Annual Meeting of the Congregation on Saturday, November 18, at 10:00 a.m., in the Sanctuary. Childcare will be provided. Come early for a pancake breakfast at 8:30 a.m. The annual report, budget information, trustee nominee bios and photos, and meeting agenda has been emailed to eligible voting members.

Seeing the Racial Water: A Workshop with Dr. Robin DiAngelo Saturday, November 18 • 1:00-4:00 p.m. • Unity Church

What does it mean to be white in a society that proclaims race meaningless yet is deeply divided by race? Dr. DiAngelo will describe the way race shapes the lives of white people, explain what makes racism so hard for white people to see, and identify common white racial patterns that prevent us from moving towards greater racial equity. Weaving information, analysis, stories, images, and familiar examples, she provides the framework needed to develop white racial literacy.

Dr. Robin DiAngelo is a two-time winner of the Student's Choice Award for Educator of the Year from the University of Washington. Her scholarship is in White Racial Identity and Race Relations. In addition to her academic work, Dr. DiAngelo was appointed to co-design the City of Seattle's Race and Social Justice Initiative Training. She has numerous publications and books, including, *What Does it Mean to be White?: Developing White Racial Literacy*.

Elders' Circle: The Nature of God

Tuesday, November 21 • 1:00-3:00 p.m. • Center Room

Questions? Contact Andrea Johnson at andrea@unityunitarian.org or 651-228-1456 x129.

Black Friday at Church

Body and Soul: Reclaiming our Collective Humanity

Friday, November 24 • 10:00 a.m. • Sanctuary

Join Rev. Ashley Horan, Pastor Danny Givens, Jr., Unity's ministerial interns, and musical guest Ellis Delaney as we gather for spiritual nourishment on the Feast Day of Consumption. As the year-end holiday machine revs into high gear, let's come together for a time of reflection, challenge, and inspiration for how we can repair and reclaim our collective humanity.

Look Who's Sharing at Art Share

Don and Rose Crannel are exhibiting their daughter's art. If you'd like to share, sign up on the bulletin board in the Parish Hall.

The Congregation of Unity Church-Unitarian joyfully invites you to attend the ordination of

Shay MacKay into the Unitarian Universalist Ministry

Saturday, December 2 • 10:00 a.m. • Unity Church

Reception to follow and childcare provided. Kindly RSVP by November 25: unityunitarian.org/ordination.html.

Opportunities to be Involved at Obama School

As a thanks to teachers, refreshments will be provided once a month at staff meetings. To help with cookies or other snacks, contact Nancy Heege at nancyheege@cs.com.

Volunteers are needed on November 16 from 4:00-7:00 p.m. to help with activities for Family Night at the school (across the street from Unity Church). No preparation — just show up!

Smaller size uniforms are needed. Google "Obama School Uniforms" for information. Bring your gift to Ericka Dennis, Volunteer Coordinator, at Obama School.

Mentoring at Unity: A Path to Deeper Connection

Unity has a mentor program, which is available to all visitors and new members. A mentor is available as a guide and a resource in the congregation. They pledge to meet at least once a month face to face, and be available for ongoing questions and advice for at least six months. If you have questions, or would like to request a mentor, please stop by the Welcome Table in the Parish Hall or email Rev. Lisa Friedman at lisa@unityunitarian.org.

This Week in Religious Education

Spirit Play (ages 3-6): Children in Spirit Play today hear the real story of the *Seven Spools of Thread: A Kwanzaa Story*. Why do people fight and argue with one another? How might our differences create something more beautiful because of our differences?

Rotations (grades 1-6): Children continue their journey as a community of faith, exploring "Humans are One Family of Diverse Backgrounds." Please take a moment to connect with your child's Journey Guide.

Junior High (grades 6-8): Youth continue with classes today through four courses offered this semester: Power of Myth (OWL room), UU Identity & History (Jr. High classroom), What Do You Stand For? (Jr. High classroom), and Earth-Centered Religions (Foote Room).

Tweens (grades 5-7): meet Wednesday, November 15, 7:15-8:30 p.m. after Wellspring Wednesday's supper and worship, to gather and grow in community. Meets in Rotation classrooms.

Our Whole Lives is a sexuality and spirituality program typically for grades 8-9. Class meets Wednesday, November 15, with a focus on sexual orientation.

Coming of Age is our signature spiritual growth program typically for 9th graders. Mentors, parents, and youth meet today 3:30 p.m. to conclude focus on "The Nature of the Higher Power" and attend worship together.

Tower Club: Senior High youth meet tonight for community check-in and chance to listen closely to our lives. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith. Lots of fun and food, Sunday evenings from 6:00-8:15 p.m.

This Week at Unity Church

Sunday, November 12

Finding Yourself at Unity	10:15 a.m., Ames Chapel
Afterthoughts	10:15 a.m., Gannett Room
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Children's Choir Rehearsal	10:15 a.m., Robbins Parlor
Sustainable Living Team	10:15 a.m., Crothers Room
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
Finding Yourself at Unity	6:00 p.m., Ames Chapel
Tower Club	6:00 p.m., Center Room

Monday, November 13

Circle of Peace	5:15 p.m., Center Room
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Tuesday, November 14

Sangha Meditation Group	5:30 p.m., Ames Chapel
Anti-Racism Leadership Team	7:00 p.m., DeCramer Room
Unity Book Club	7:00 p.m., Robbins Parlor
Evergreen Quilters	7:00 p.m., Anderson Library
Unity Singers Rehearsal	7:30 p.m., Foote Room

Wednesday, November 15

Wellspring Wednesday	See box below
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Thursday, November 16

Racial and Restorative Justice Team	6:00 p.m., Robbins Parlor
Spirit Map Class	6:30 p.m., DeCramer Room
Textile Arts Group	7:00 p.m., Gannett Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

Saturday, November 18

Pancake Breakfast	8:30 a.m., Parish Hall
Annual Meeting of the Congregation	10:00 a.m., Sanctuary
Kung Fu	10:00 a.m., Body Room
Seeing the Racial Water	1:00 p.m., Sanctuary

Wellspring Wednesday, November 15

6:00 p.m. *Dinner: Tomato soup, grilled cheese sandwiches, and salad. Vegetarian and gluten free options available. Cost: \$7/adult, \$4/child (age 5-12), \$2/child (age 2-4), \$20/family*

6:45 p.m. Worship service in the Ames Chapel

7:10 p.m. Programs and Childcare

Open Page Writing Session: The Way of Pilgrimage Today

Free; RSVP requested to karen@unityunitarian.org

This guided writing session explores the inner and outer aspects of pilgrimage as well as the new navigational skills often discovered by a pilgrim. Open Page writing session participants use stories, poetry, images and objects as well as wisdom from religious teachings, science and history to reflect on the month's theme in their own words and on their own pages.

UU History Book Club

Join the monthly UU History Book Club for an exploration of theology and heritage. November's discussion will be on *A Chosen Faith* by John Buehrens and Forrest Church.

UU Theology

Introduction to theological concepts through a UU lens.

Embodied Spiritual Practice: Yoga

Join yoga instructor Gabe Brindle for an hour-long exploration of spiritual growth within the Himalayan yoga tradition.

Above Every Name Soul Session

A soulful journey through Scripture in the Bible. All are welcome.

Learn and Play Go: A Chinese Game

Tween Group: Grades 5-7

Family Sunday, November 19 • *What Only Pilgrims Know*

The whole church family will gather to celebrate Thanksgiving. We will sing the old hymns, give thanks for the bounty of our lives, and try together to imagine a world in which the feast of life will be more truly shared. Musicians at 9:00/11:00: Children's Choir, Unity Choir, Unity Singers, Women's Ensemble. Musicians at 4:30: KrisAnne Weiss, soloist; Kathy Kraulik, piano.

On Family Sundays, children experience the entire worship together with their families in the Sanctuary. A children's message and activity books related to the stories and sermon help children to engage in the experience of worship. Regular religious education programming does not take place on Family Sundays; however, the nursery is open for children under three years of age.

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. On November 5, \$3,378.00 was collected in the Sunday offering. MUUSJA will receive a donation of \$2,364.60. Information about today's offering recipient, Center for Victims of Torture, is available in your order of worship. On November 19 the offering recipient is Unity's Partner Church Ministry Team.

Unity Church Christmas Pageant

Children and youth of Unity Church! Join this year's Christmas Pageant cast in telling the Nativity story on Christmas Eve! Parents and other adults from the congregation work with Unity's youth to help them act out their roles in tableau, as our co-ministers read a special adaptation of the story that was created just for Unity Church. Being a part of this tradition is another rite of passage for many children as then can participate from kindergarten through high school, and join at any age. Registration and rehearsal details are available online at <http://bit.ly/ucupageant2017>. Questions? Contact Kelley Loughrey at kelleyloughrey@comcast.net. A cast list will be posted by Friday, December 8.

Thinking ahead about our past. In 2019, Unity's beloved pageant will celebrate its 100th anniversary! In January, a Pageant Centennial Team will be formed to help plan this special event. We'd like to start with collecting your stories and copies of your photos from pageants past. To learn more or help with the planning, please email Kelley at kelleyloughrey@comcast.net.

LGBTQ+ Community and Support Group

Sunday, November 19 • 6:30-8:00 p.m. • Robbins Parlor

A place for you to come and be in community with other LGBTQ people, wherever you are in your journey. This is an intergenerational place for good times and difficult times, all ages, and all identities including, but not limited to, transgender, gender non-conforming, genderqueer, bisexual, lesbian, gay, and queer people. Questions? Contact Jamie Bosc at bosc.jamie@gmail.com.

Holiday Concert, Carol Sing, Dessert Buffet

Saturday, December 9 • Sanctuary

6:30 p.m.: Carol Sing

7:00 p.m.: Holiday Concert, "What Sweeter Music?"

Children's Choir, Unity Singers, Unity Choir, Women's Ensemble, joined by guest violinist, Wendy Tangen-Foster

8:00 p.m.: Dessert Buffet

Bring a holiday dessert already cut, plated, and ready to serve, or a donation for the Hallie Q. Brown Food Shelf (write checks to Unity Church). Drop off items in the Parish Hall on your way in to sing carols and to enjoy the concert.