

# This Week at Unity Church

November 8-14, 2015

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Garden Clean Up

**Today! • 12:30 p.m. • Children's Garden**

Help Unity's Sustainable Living group put our Children's Garden to rest for the winter. Jobs include harvesting greens, clearing brush and plants, spreading wood chips, and clearing invasive species.

## Thanksgiving Gatherings

Thanksgiving is the perfect time to get together with friends and family, to open our doors to visitors, and share food and conversation! If you can be a host and would welcome a Unity Church guest or two at your table, or if you wish to be a guest and join a Unity Church family this holiday, sign-up at the Thanksgiving Gathering table in the Parish Hall today and on November 15. For more information contact Anna Newton at [asnewton3@gmail.com](mailto:asnewton3@gmail.com) or 651-295-1524 (text is OK).

## Welcome to Unity: A Class for Newcomers

**Today! • 5:45-7:00 p.m. • Center Room**

If you have been visiting Unity Church and would like to find out more about Unitarian Universalism and our congregation, we invite you to join us for a Welcome to Unity class. Together, we will explore the mission and vision of this church, as well as historical and contemporary Unitarian Universalism. There will be time to reflect on our own faith journeys and religious questions.

## Join Unity's Sustainable Living Group

**Tuesday, November 10 • 7:00-8:00 p.m. • Gannett Room**

This year, Unity's Sustainable Living Group will be exploring ways to green our homes by "consuming less." What does that look like? How do we take action? Attend this meeting to have your voice heard and assist in creating a plan! Can't be there in body? Email ideas to Jessica Zimmerley at [jjimm0813@gmail.com](mailto:jjimm0813@gmail.com).

## A New Orleans Weekend

**with Michael Cowan and James Carter**

**Samuel Morgan Community Forum**

***Ideological Passion vs. Principled Pragmatism:***

***Bridging the Racial Divide in Urban America***

**Saturday, November 14 • 9:00 a.m.-Noon • Free • Parish Hall**

Michael Cowan and James Carter will speak frankly about the challenges and conflicts, as well as the learning and excitement, involved in their ten-year effort to bridge the racial divide in New Orleans. They will describe the outcomes, ongoing racial tensions as revealed in a current conflict, and some lessons to be drawn from its record. Child care is available with request by email to [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org) by November 8.

## New Orleans Dinner Event

**Sign up at the Welcome Table in the Parish Hall today!**

**Saturday, November 14 • 6:00 p.m. • \$15/person • Parish Hall**

Come remember and reflect about Hurricane Katrina and the aftermath of the storm with pilgrims from Unity Church, friends from the Selma 70, and special guests James Carter and Michael Cowan from New Orleans. Music will be provided by the inimitable Rev. Carl Walker. Dinner is \$15 per person. Register for dinner online at [www.unityunitarian.org](http://www.unityunitarian.org).

**Sunday, November 15: 9:00 and 11:00 a.m. • 4:30 p.m.**

**"... he passed by on the other side."**

**A Reflection on the New Orleans Pilgrims of Unity Church**

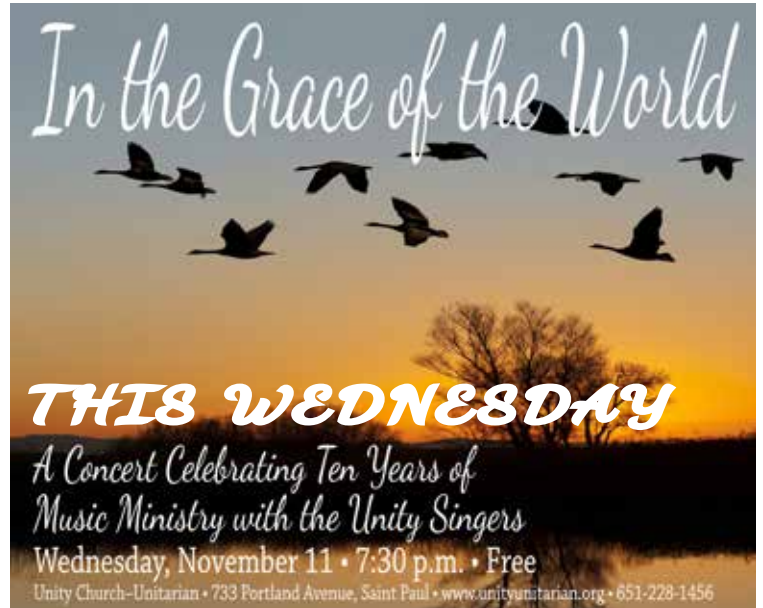
## Annual Meeting of the Congregation

**Saturday, November 21 • 10:00 a.m. • All are welcome!**

**Come early for a pancake breakfast at 8:30 a.m.**

Unity Church will hold its Annual Meeting of the Congregation on Saturday, November 21, at 10:00 a.m., in the Sanctuary. Childcare will be provided. Details and an agenda will be mailed to eligible voting members this week. At this meeting the Board will:

- Report to the congregation and present the 2016 operating budget (Budget Information Meetings will be held on November 11 and 15 — explore the church finances in detail!)
- Ask the congregation to:
  - Elect three new trustees: Estelle Brouwer, Justin Cummins, and Bailey Webster
  - Vote on changes to the church by-laws
  - Vote on the ordination of Rose Schwab



## Winter Warm Up Drive

Unity's Racial and Restorative Justice Team is asking you to help provide the following items for clients of its community partner, Amicus. These necessities will be shared with people upon their release from correctional facilities, a time where support and care is critical to a positive community re-entry experience:

- New and unopened hygiene items such as shampoo, soap, toothpaste/brushes, lotion, deodorant, and shaving cream
- New gloves, hats, scarves, and socks suitable for the job site
- Hand and foot warmers
- Bus passes or the cash to buy bus passes

Please bring donations to the Racial and Restorative Justice table in the Parish Hall on Sundays or leave them in the bins located at the coat racks in the main lobby and downstairs in the Whitman Children's Lobby. Donations delivered during the week should be brought to Lisa Friedman's office.

Our grade school friends are downstairs pondering "Being Human" and one of the lessons will offer the opportunity for children to help prepare the packages that will be given to the Amicus clients. Donations of the hygiene items listed above (as well as gum, granola bars, washcloths, and metro transit passes) are especially appreciated to help execute this lesson.

## This Week in Religious Education

Parents Night Out is this Saturday, November 14, with opportunities to spend an evening with other Unity parents, as well as an option to share potluck appetizers and drinks with Unity's UU Families Initiative. The UUFI will also host a family social hour, from 5:00-6:00, with pizza for kids. Child care is available from 6:00-8:30. Please contact Michelle Hill with questions or to sign up: [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org)

**Spirit Play** (ages 3-6): Children in Spirit Play today hear the story of The Good Samaritan. Can we remember a time when we stopped to help a person in need? Were they family, friends, strangers? What made us stop? Are there times when we have not stopped to help? Please wonder together with your children.

**Workshop Rotation** (grades 1-6): Children continue with their current unit, "On Being Human." Take a moment to connect with your child's Journey Guide for this semester.

**Junior High** (grades 6-8): Youth continue with their classes today, learning together in community in four courses offered this year: Sacred Threads/Asian Religions, Intro to Islam, UU History & Identity, and Jesus & the Beloved Community.

**Coming of Age** class meets today to continue their focus on the nature of God, bringing attention to "higher power" and the diverse ways we understand and relate to it. COA is a signature spiritual growth and enrichment program typically for 9th graders.

**Our Whole Lives** meets Wednesday, November 11, with focus on gender identity. OWL is a sexuality and spirituality program for grades 7-9.

**Tower Club:** High School youth (10th-12th grade) meet this evening, from 6:00-8:00 p.m., to sample martial arts, specifically Gongfu, and the larger question of embodied spiritual practices.

---

## This Week at Unity Church

### Sunday, November 8

New Member Reception	After morning services, Center Room
Children's Choir	10:00 a.m., Robbins Parlor
Women's Ensemble	10:00 a.m., Foote Room
Afterthoughts	10:15 a.m., Gannett Room
Soup Supper	5:45 p.m., Parish Hall
Welcome to Unity	5:45 p.m., Anderson Library
Tower Club	6:00 p.m., Center Room

### Monday, November 9

Men's Retirement Group	1:00 p.m., Gannett Room
------------------------	-------------------------

### Tuesday, November 10

Sangha Meditation Group	5:30 p.m., Ames Chapel
Unity Book Club	7:00 p.m., Robbins Parlor
Evergreen Quilters	7:00 p.m., Anderson Library
Sustainable Living Group	7:00 p.m., Gannett Room
Unity Singers Rehearsal	7:00 p.m., Parish Hall

### Wednesday, November 11

Mano a Mano Team	5:30 p.m., Center Room
Wellspring Wednesday	See box below

### Thursday, November 12

Women in Retirement: The Choice Years	1:00 p.m., Center Room
A New Look at the Bible	7:00 p.m., DeCramer Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

### Saturday, November 14

Samuel Morgan Forum	9:00 a.m., Parish Hall
Board of Trustees	9:00 a.m., Anderson Library
Parents Night Out	6:00 p.m., Children's Library
New Orleans Dinner	6:00 p.m., Parish Hall

---

## Flowers for the Sanctuary

If you would like to provide flowers for our Sunday services, please contact Marcy Mann-Anderson at 651-228-1456 x110 or [marcy@unityunitarian.org](mailto:marcy@unityunitarian.org). Available dates include: November 29, and December 20 and 27.

## 2015 Christmas Pageant: Calling all K-12th graders!

The Christmas Pageant is a honored tradition at Unity Church that you don't want to miss! Registration is online at <http://bit.ly/ucucp2015> and the deadline is December 1. To bring this story to life, we need youth in grades 3-6 to make up our children's choir; our K-2nd grade children to bring us a multitude of the heavenly hosts, pages and little shepherds; and our 7-12 graders to bring us a flock of shepherds, acolytes, kings, and angels to bring this story to life. The Christmas Pageant services are held on Christmas Eve and all are welcome! Please contact Kelley Loughrey, pageant director, at [kelleyloughrey@comcast.net](mailto:kelleyloughrey@comcast.net) with questions.

### Wellspring Wednesday, November 11

6:00 p.m. *Dinner menu: Made from scratch Lasagne Bolognese, kale caesar salad, ciabatta, tiramisu. Gluten-free and vegan options are available.*

*Cost: \$7/adult, \$4/child (age 5-12), \$2/child (age 2-4), \$20/family*

**6:45 p.m. Worship service in the Ames Chapel**

**7:10 p.m. Programs and Childcare**

**In the Grace of the World:** You are invited to an evening of music and reflection by the Unity Singers as they commemorate their ten-year anniversary. The program will include some of the most beautiful and memorable pieces from their repertoire, both old and new. Unity Singers offer this concert in the spirit of celebration and gratitude for ten years of ministry within and beyond this congregation. Prepare to be uplifted!

**Budget Information Meeting:** See information at right.

**Embodied Spiritual Practice: Meditative Movement:** This 60 minute-long practice includes slow, mindful movement, with special attention to how we use our breath. This session is suitable for a wide variety of body types, and there is no previous yoga experience required. Youth ages 10 and up are welcome to come with an adult family member. Wear loose, comfortable clothing. Bring a yoga mat or blanket. Learn more about the instructor, Elen Bahr, at [EveryYogi.com](http://EveryYogi.com) or email questions to [elen@everyyogi.com](mailto:elen@everyyogi.com).

**Tween Group (grades 5-8)**

**Go: A Chinese Game**

**Wellspring Wednesday Cooking Help Needed**

**November 18 and December 2 • Noon-3:00 p.m.**

---

**Sunday, November 15: 9:00 a.m. • 11:00 a.m. • 4:30 p.m.**

**"... he passed by on the other side."**

## A Reflection on the New Orleans Pilgrims of Unity Church

As New Orleans civic leaders, James Carter and Michael Cowan will interpret the sacred meaning of the bonds of public friendship that have united their city with her sister city at the northern end of the great river that connects us, through the fidelity of the pilgrims of Unity Church. Musicians at 9:00/11:00: Laura Caviani, jazz pianist; Unity Women's Ensemble. Musicians at 4:30: Laura Caviani, jazz pianist; Unity Choir.

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the Community Outreach Ministry at Unity Church and seventy percent is given to a chosen community non-profit recipient. **Please make checks payable to Unity Church.** On October 25, \$3,337.17 was collected in the offering. Circles of Peace will receive a donation of \$2,336.02. On November 1, \$2,256.62 was collected in the offering. Minnesota Television Network will receive a donation of \$1,579.63. Information about today's offering recipient, Will's Education Opportunity Fund, is available in your order of service. The offering recipient on November 15 is Ujamaa Place.

## Unity Book Club

**Tuesday, November 10 • 7:00 p.m. • Robbins Parlor**

The Unity Book Club will be discussing *The Worst Hard Time* by Timothy Egan. All are welcome—even if you haven't read the book. Contact Jack Hawthorne at [jack.hawthorne@comcast.net](mailto:jack.hawthorne@comcast.net).

## Budget Information Meetings

**Wednesday, November 11 • 7:15 p.m.**

**Sunday, November 15 • 10:15 a.m.**

Two opportunities for congregants to ask questions and explore in detail the church finances and 2016 proposed budget. Contact Barbara Hubbard at [barbarah@unityunitarian.org](mailto:barbarah@unityunitarian.org) or 651-228-1456 x116 with questions.

## Elders' Group: Allowing Our Spirits to Play!

**Tuesday, November 17 • 1:00 p.m. • Center Room**

Experience the wonder of exploring faith through story and discover how curiosity and play can enhance your spirituality. Some of the facilitators from the team that spends Sundays with Unity's preschoolers in the Spirit Play program will be guiding us in this journey. All self-identified elders and their friends are welcome!

## Mano a Mano Craft Sale

**Sunday, November 22 • After Services • Parish Hall**

Get a head start on holiday shopping at our Bolivian crafts sale! Warm and fuzzy scarves, hats and sweaters; adorable finger puppets; and affordable stocking-stuffers will all be on sale Sunday, November 22. Proceeds benefit the life-giving work of Mano a Mano International Partners, which builds clinics and schools, and trains health providers, teachers and farmers in rural Bolivia. Cash, check, and credit cards accepted.

## Black Friday at Church: The Cost of Justice

**Feeding the Spirit on the Feast Day of Consumption**

**Friday, November 27 • 10:00 a.m. • Sanctuary**

**Rev. Danny Givens, Jr.**

**Special Guests: Nekima Levy-Pounds and Lena Gardner**

**Musical Guest: Kevin Jackson**

Unity Church's eighth annual "Black Friday at Church" celebration offers you an opportunity to launch the holiday season with spiritual renewal, fellowship, and good cheer, an alternative to the habitual consumerism on display in the broader culture.

Ministerial Resident, Reverend Danny Givens, Jr., will share a message of hope and a call to action, challenging us to confront how capitalism's greed has silenced the voice of justice. As laborers all over the country fight for better wages, fair scheduling, and improved benefits; as violence and racism continue to prove that black lives don't matter; as immigration detention centers, border patrols, and the prison industrial complex render liberty for all a moot point, we are called to proclaim that black, brown, yellow, and red bodies are not commodities to be used in our pursuit of more. Activities for children and families, as well as child care, will be provided.

## Unity Church Singles Meet Up Group

A group for single attendees of Unity Church looking for a social group for outings, church events, and other activities. To join the group please contact Gail Mulcahey at [gtbmulcahey@gmail.com](mailto:gtbmulcahey@gmail.com).