

# This Week at Unity Church

October 15-21, 2017

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Newly Commissioned Art in the Main Lobby Today

Unity's newest art acquisition was commissioned by the Art Team in June 2016. The calligrapher/artist is Diane von Arx, a local, internationally known calligrapher. Diane created several pages of the St. John's Bible and has major pieces at Hennepin Methodist and Westminster Presbyterian churches in Minneapolis. Diane met with Unity's Art Team and through conversation created this piece titled "Integrity, Service & Joy." After its debut today, the piece will be permanently installed in the Center Room.

## Finding Yourself at Unity

### *Worship and the Liturgical Year*

Finding Yourself at Unity meets on Sunday mornings, from 10:15-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously through the year. Drop in any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

## Beyond Inquirers

**Today! • 12:30-1:30 p.m.**

This class addresses commonly asked questions about Unitarian Universalism: What do UUs believe? Is this a new religion? How do we do church? How do we live our values? Does it matter if I join?

## Blessing of the Animals

**Today! 1:00 p.m. • Portland Avenue Greenspace**

Bring your favorite pet (and friends!) for this bounty of blessings.

## Unity's LGBTQ+ Group

**Sunday, October 15 • 6:30-8:00 p.m. • Robbins Parlor**

A place to come and be in community with other LGBTQ people, wherever you are in your journey. All ages welcome. Questions? Contact Jamie Bosc at [bosc.jamie@gmail.com](mailto:bosc.jamie@gmail.com).

## Gender 101: Fostering Justice, Equity, and Compassion

**Sunday October 22 • 1:00-3:00 p.m. • Unity Church • Free**

Led by Catherine Charles Hammond, a Minneapolis-based writer, musician, and trainer, this lively and informative workshop will start with the basics and cover vital knowledge for understanding gender diversity along with "dos and don'ts" you can start practicing today to help build a safe, equitable world for people of all genders. No RSVP is necessary. Unity's Rainbow Chalice Alliance will serve lunch prior to the program. Email Mike Huber at [mikehuberece@gmail.com](mailto:mikehuberece@gmail.com) if you plan to come for lunch.

## Spirit Map Classes

Have you been looking for an opportunity for spiritual deepening? Join Spiritual Director Sarah Cledwyn for classes based on Spirit Map, a tool for spiritual reflection. If you haven't already obtained your Spirit Map report, purchase it online at <http://bit.ly/spiritmap17>. Classes are \$35 each and meet on Thursdays, from 6:00-8:30 p.m., through November 16, in the DeCramer Room. Topics focus on Spirit Map strengths, opportunities, priorities, learning, transformation, and growth. Details at [www.unityunitarian.org/spirit-map.html](http://www.unityunitarian.org/spirit-map.html).

## Emerging Gun Sense Ministry Team Meeting

**Tuesday, October 24 • 3:30 p.m. • Gannett Room**

If you are interested in the work of Unity's emerging Gun Sense Ministry Team, please attend the team's first meeting on October 24. Questions? Contact Sue Conner at 651-646-6667.

## 2018 Unity Church Pledge Drive

This fall's pledge drive at Unity Church is titled, "The World We Want to Live In." As you consider your pledges of support, we ask you to recall how our shared community at Unity Church has changed you, connecting you to others and to hope itself. If you have already made a pledge for 2018, pledge cards offer the opportunity to affirm or revise it. If you have come upon good fortune and would like to increase your pledge, we would be grateful. Pledge cards and more information is available in the Parish Hall today and online at <http://www.unityunitarian.org/annual-pledge.html>.

## Food Shelf Collection October Goal: 200 Pounds!

Bring your items (non-perishable food, hygiene items, and pet products) to church anytime, and place them in the wicker trunks located at both entrances.

## This Week in Religious Education

Boston Pilgrimage for our 11th grade youth is October 18-23. Please keep our youth in your prayers as they make this annual pilgrimage deeper into their UU heritage.

**No Religious Education classes Sunday, October 22, for MEA fall break.** Please use next Sunday as an opportunity to worship together with your children in the Sanctuary, or have children (typically grades 1-5) join in community activities downstairs. Classes resume October 29.

**Spirit Play (ages 3-6):** Children in Spirit Play today hear the story of the Buddha and the Mustard Seed. How do we live with suffering? Is there medicine for loss and grief? How do we help one another when we are hurting? Please wonder together with your children about their sacred play.

**Rotations (grades 1-6):** Children begin in worship, upstairs in the Ames Chapel (9:00/4:30), or in the Sanctuary (11:00), with their friends and Journey Guides. Then in classrooms downstairs, they continue their journey as a community of faith, exploring "God is knowable." Take a moment to say hello and get to know your child's Journey Guide for this semester.

**Junior High (grades 6-8):** Youth connect with community and topics: Power of Myth (OWL Room), UU Identity & History (Jr. High classroom), What Do You Stand For? (Jr. High classroom), and Earth-Centered Religions (Foote Room).

**Tweens (grades 5-7):** No meeting on October 18 given fall break. Regular meetings resume Wednesday, October 25, 7:15-8:30 p.m. after Wellspring Wednesday supper and worship.

**Our Whole Lives** is a sexuality and spirituality program typically for grades 8-9. Class will not meet October 18 given fall break, then resumes Wednesday, October 25, with focus on "Personal Concerns about Puberty."

**Coming of Age** is our signature spiritual growth and enrichment program typically for 9th graders. Class meets with mentors at 3:30 p.m. today for the concluding class "On Being Human and Alive" and attend worship together. No class October 25 for fall break, then resumes October 29.

**Tower Club:** Senior High youth gather tonight for regular meeting, attentive to juniors as they ready for the Boston Pilgrimage. Tower Club is a gathering place for 10th-12th graders to enjoy community. Sundays, 6:00-8:15 p.m.

## This Week at Unity Church

### Sunday, October 15

Finding Yourself at Unity	10:15 a.m., Ames Chapel
Afterthoughts	10:15 a.m., Gannett Room
Children's Choir Rehearsal	10:15 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Beyond Inquirers	12:30 p.m., Robbins Parlor
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
Tower Club	6:00 p.m., Center Room
LGBTQ+ Group	6:30 p.m., Robbins Parlor

### Monday, October 16

Men's Retirement Group	1:00 p.m., Gannett Room
Circle of Peace	5:15 p.m., Center Room

### Tuesday, October 17

Sangha Meditation Group	5:30 p.m., Ames Chapel
Living with Grief Group	7:00 p.m., Gannett Room
Unity Singers Rehearsal	7:30 p.m., Foote Room

### Wednesday, October 18

Wellspring Wednesday	See box below
Board of Trustees	7:15 p.m., Anderson Library

### Thursday, October 19

Caregivers Support Group	Noon, Anderson Library
Racial and Restorative Justice Team	6:00 p.m., Robbins Parlor
Spirit Map Class	6:30 p.m., DeCramer Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

### Saturday, October 21

Kung Fu	10:00 a.m., Body Room
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## Provide Flowers for Worship

Contact Martha Tilton at [martha@unityunitarian.org](mailto:martha@unityunitarian.org) or 651-228-1456 x105 to find out available dates.

## Look Who's Sharing at ART SHARE !

Mike McDonald's mandalas are on display.

### Wellspring Wednesday, October 18

6:00 p.m. *Dinner: Roasted chicken, ratatouille, rice, and greens. Vegetarian and gluten free options available. Cost: \$7/ adult, \$4/child (age 5-12), \$2/child (age 2-4), \$20/family*

6:45 p.m. **Worship service in the Ames Chapel**

7:10 p.m. **Programs and Childcare**

### Open Page Writing Session: Sacrifice: Learning to Let Go

RSVP requested to [karen@unityunitarian.org](mailto:karen@unityunitarian.org)  
 "The law of every living thing is growth," writes Susan Griffin, "through love, through willing sacrifice, or both." This writing session asks what sacrifices are asked of us today and how might we respond? Led by Consulting Literary Minister Karen Hering, Open Page writing session participants use stories, poetry, images, religious teachings, and science to reflect on the monthly theme in their own words. No writing experience is necessary.

### UU History Book Club

Join the monthly UU History Book Club for an exploration of theology and heritage. October's discussion will be on Philip F Gura's *American Transcendentalism*. Questions? Contact Krista Hanson at [klfhanson@yahoo.com](mailto:klfhanson@yahoo.com).

### Embodied Spiritual Practice: Yoga and the Seven Principles

### Learn and Play Go: A Chinese Board Game

## Sunday, October 22 • She/He/They/We

With the unfolding conversations and awareness around gender identity and diversity, how do we understand what it means to be "us" in ways that welcome and open the fullness of all our gender identities and possibilities? Rev. Karen Hering has developed this service with Catherine Charles Hammond, her son, who will join her in leading it along with worship associate Mike Huber. An afternoon workshop, "Gender 101: Fostering Justice, Equity, and Compassion for All Genders" will also be led by Catherine Charles Hammond (see other side). Musician: Catherine Charles Hammond

October 22 is MEA weekend and there are no Religious Education classes. Activities for kids will be available.

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. On October 8, \$2,862.83 was collected in the Sunday offering. Guadalupe Alternative Program will receive a donation of \$2,003.98. Information about today's offering recipient, Sarah's Oasis, is available in your order of worship. On October 22 the offering recipient is Community Stabilization Project.

# SHARE THE BOUNTY!

## November 4: Silent & Live Auction

Donations & tickets at: [www.unityunitarian.org/share-the-bounty.html](http://www.unityunitarian.org/share-the-bounty.html)

Purchase tickets online or in the Parish Hall — only \$20!

## Seeing the Racial Water

### A Workshop with Dr. Robin DiAngelo

Saturday, November 18 • 1:00-4:00 p.m. • Unity Church

What does it mean to be white in a society that proclaims race meaningless yet is deeply divided by race? Dr. DiAngelo will describe the way race shapes the lives of white people, explain what makes racism so hard for white people to see, and identify common white racial patterns that prevent us from moving towards greater racial equity. Weaving information, analysis, stories, images, and familiar examples, she provides the framework needed to develop white racial literacy. Although the focus is on white racial identity development, people of color may also find the analysis valuable as it is one that is rarely affirmed or provided in mainstream society. This workshop is sponsored by Unity Church, United Theological Seminary, Kaleo Center, First Unitarian Society of Minneapolis, First Universalist Church of Minneapolis, White Bear UU Church, and the Minnesota UU Social Justice Alliance.

Dr. Robin DiAngelo is a two-time winner of the Student's Choice Award for Educator of the Year from the University of Washington. Her scholarship is in White Racial Identity and Race Relations. In addition to her academic work, Dr. DiAngelo was appointed to co-design the City of Seattle's Race and Social Justice Initiative Training. She has numerous publications and books, including, *What Does it Mean to be White?: Developing White Racial Literacy*. Her work on *White Fragility* has influenced the national dialogue on race and been featured in *Alternet*, *Salon*, *NPR*, *PBS*, *The New York Times*, *The Atlantic*, *Slate*, and *Colorlines*.