

This Week at Unity Church

September 17-23, 2017

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Finding Yourself at Unity • Topic: Pastoral Care

Finding Yourself at Unity meets on Sunday mornings, from 11:15 a.m.-12:15 p.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously through the year. Drop in any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

Beyond Inquirers: Begins today!

Who are Unitarian Universalists? How do we do church?

Sundays, September 17-October 15 • 12:30-1:30 p.m.

This five session class addresses commonly asked questions about Unitarian Universalism and how UU congregations approach religious life: What do UUs believe? Is this a new religion? How do we do church? How do we live our values? Does it matter if I join? All are welcome to come today at 12:30!

Chalice Circles: New Small Group Ministry Opportunity

Chalice Circles are groups of 8-10 committed participants who come together with a trained leader, once a month from October-May, to nurture spiritual growth in community. At the beginning of each month, participants will receive a packet of materials based upon the month's worship theme. From these materials, each participant chooses one spiritual exercise and a deep question to sit with for the course of the month. At the end of the month, participants will gather with their small group to share their experiences. Groups will form in October. Express interest online at www.unityunitarian.org/chalice-circles.html or in person at the Chalice Circles table in the Parish Hall. Questions? Contact ministerial intern Andrea Johnson at andrea@unityunitarian.org.

Group Spiritual Direction

Join Spiritual Director Sarah Cledwyn and a group of inquisitive folks to notice, name, and nurture lives through group spiritual direction. This group will practice listening carefully and reverently to individual experiences, while exploring and finding insight. This group will meet on Mondays, from 10:30 a.m.-12:30 p.m., September through May, at Unity Church. Details and sign up are online at www.unityunitarian.org/spiritual-direction.html Questions? Contact Sarah at sarahcledwyn@gmail.com.

Spiritual Practice for Young Adults

Saturday, September 23 • 9:00 a.m.-1:00 p.m. • Parish Hall

Rob Eller-Isaacs and K.P. Hong are offering a four-hour workshop designed especially for young adults (ages 18-35). There will be small group conversations, meditation training, embodied practice, and an invitation to find a practice partner or build a small group to support your effort. Register by email to martha@unityunitarian.org. Child care is available with advance request via registration.

A Journey to Learn with Mano a Mano

Mano a Mano invites you to join a unique journey to Bolivia to visit the training center where Mano a Mano teaches earth-friendly agricultural practices that lead to healthier communities. Witness the determination of subsistence farm families in creating a better life for their children as they expand on Mano a Mano projects — a water reservoir, a medical center, a road — all on their own. Learn more about this travel opportunity at an information session on Sunday, September 24, after each service, in the DeCramer Room. Questions? Contact Segundo Velasquez, co-founder of Mano a Mano and long-time Unity member at segundo@manoamano.org.

Cairns: The Unity Church Journal of the Arts, Vol. 9

You are invited to share your art and writing with the Unity Church community! All writing and art is appreciated and will be reviewed for publication — you do not need to be a professional writer or artist to submit. Final deadline is September 25! Details and online submission form are available at www.unityunitarian.org/cairns-arts-journal.html.

Immigration 101: How did we get to where we are now?

Tuesday, September 26 • Sanctuary at Unity Church

Music and gathering at 6:40 p.m., program begins at 7:00 p.m.

Presented by Michelle McKenzie, JD, and deputy director/director of advocacy at The Advocates for Human Rights, an organization committed to standards of international human rights through research, education, and advocacy. Music by Ahmed Anzaldúa, pianist, conductor, teacher and co-founder of the Justice Choir and founder of Border CrosSing. This event is free and all are welcome.

This Week in Religious Education

Welcome back for our first Sunday of Religious Education classes!

Spirit Play (ages 3-6): Children in Spirit Play today take time to consider their new classrooms, community, and the routines that are part of their sacred play. Where are the caring cards children make and send to those in need of care? What is the Magic Mountain? What can children do with a labyrinth? Please wonder together with your children.

Rotations (grades 1-6): Children begin in worship, upstairs in the Ames Chapel (9:00/4:30), or in the Sanctuary (11:00), with their friends and Journey Guides. Then in classrooms downstairs, they begin their journey as a community of faith, exploring "God is knowable." Take a moment to say hello and get to know your child's Journey Guide for this semester. Classes end at 10:15 a.m., 12:15 p.m., and 5:45 p.m., respectively. Parents quietly waiting in the lobby area helps our teachers and children end their classes well, and it's really appreciated!

Junior High (grades 6-8): Youth begin classes today getting oriented to community and topics: Power of Myth (OWL Room), UU Identity & History (Jr. High classroom), What Do You Stand For? (Jr. High classroom), and Earth-Centered Religions (Foote Room).

Our Whole Lives is a sexuality and spirituality program typically for grades 8-9. The class meets September 20 on the topic "Examining Values." Questions? Contact Drew Danielson at drew@unityunitarian.org.

Coming of Age is our signature spiritual growth and enrichment program typically for 9th graders. Class today brings focus to "Me and Us" with youth sharing autobiographies and a covenant for the year. COA Retreat at Camp St. Croix, September 22-24. Questions? Contact Drew Danielson at drew@unityunitarian.org.

Tower Club: Senior high youth gathered this weekend for an overnight, to welcome incoming 10th graders and begin again in community. No meeting tonight. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith. Sundays, 6:00-8:15 p.m. Questions? Contact Drew Danielson at drew@unityunitarian.org.

This Week at Unity Church

Sunday, September 17

Finding Yourself at Unity	10:15 a.m., Ames Chapel
Afterthoughts	10:15 a.m., Gannett Room
Children's Choir Rehearsal	10:15 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Beyond Inquirers	12:30 p.m., Robbins Parlor
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
LGBTQ+ Group	6:30 p.m., Robbins Parlor

Monday, September 18

Circle of Peace	4:30 p.m., Center Room
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Tuesday, September 19

Sangha Meditation Group	5:30 p.m., Ames Chapel
Living with Grief Group	7:00 p.m., Gannett Room
Unity Singers Rehearsal	7:30 p.m., Foote Room

Wednesday, September 20

Wellspring Wednesday	See box at right
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Thursday, September 21

Pastoral Care Team	9:00 a.m., Anderson Library
Caregivers Support Group	Noon, Anderson Library
Racial and Restorative Justice Team	6:00 p.m., Robbins Parlor
Textile Arts Group	7:00 p.m., DeCramer Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

Saturday, September 23

Spiritual Practice for Young Adults	9:00 a.m., Parish Hall
Evergreen Quilters	10:00 a.m., Foote Room

September Parish Hall Artist: Susan Solomon

Susan Solomon is originally from Las Vegas where she was surrounded by neon in the city lights, but also in the sunsets. Susan studied at the Pennsylvania Academy of Fine Arts. Her landscapes are inspired by many St. Paul sites. Come and see local landscapes in a new and evocative way.

New Share at Art Share in the Parish Hall

Check out the special pieces shared for two weeks. Get to know Julie and Tomkin (and Chloe and Scout.) It's easy to sign up to share — check out the Art Team bulletin board in the Parish Hall.

Volunteer at Obama Elementary

There are many ways to be involved at Obama Elementary including library assistants (once a week), Family Nights (once a month), teacher recognition (once a month), enrichment clusters (once a week for eight weeks), and one-on-one work with scholars on math or reading (once a week for the school year.) For more information contact Marty Rossmann at rossm001@umn.edu.

Awakening Wise Courage: Meg Wheatley & Barbara McAfee

Tuesday, October 10 • 6:30 p.m. • Unity Church

Unity Church collaborates with Wisdom Ways Center for Spirituality to present an inspiring evening of conversation, music, and poetry. Details and tickets online at <http://bit.ly/wheatleyww>.

BOOK READING
TIMOTHY
TYSON
AUTHOR OF
THE BLOOD OF
EMMETT TILL



Wed. Sept. 27, 2017 at 7:10 pm

Sunday, September 24 • Listen Louder

Sometimes it is difficult to discern the call of vocation. Other times the call comes, and we refuse to heed it. How do we learn to listen loudly in a world with so many demands, with its busyness and constant communication? Rev. Janne Eller-Isaacs and worship associate Suzanne Quinn-McDonald will explore how we might listen more loudly to our heart's longing. Musicians: Unity Singers (9:00/11:00) and Unity Choir (4:30).

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. On September 10, \$4,138.65 was collected in the Sunday offering. Obama Elementary Sunshine Fund will receive a donation of \$2,897.06. Information about today's offering recipient, the UUSC/UUA Hurricane Relief Fund, is available in your order of worship. On September 24 the offering recipient is Shantideva Homeopathic Research Initiative.

Dine with Nine

Meet new people while enjoying delicious food and lively conversation! Small groups of Unity Church members and friends gather in each other homes once a month for food and fellowship. Sign up to participate online at www.unityunitarian.org/dine-with-nine.html or in the Parish Hall after the service.

Wellspring Wednesday, September 20

6:00 p.m. *Dinner: Garlic roasted pork (or tofu), baked potatoes, green beans and gravy. Cost: \$7/adult, \$4/child (age 5-12), \$2/child (age 2-4), \$20/family*

6:45 p.m. Worship service in the Ames Chapel

7:10 p.m. Programs and Childcare

Exploring the Intersection of Social Justice and Vocation

How do we answer the needs of the world and respond to its injustices? How does our longing to create a better world connect with our choice of career and vocation? How do we bring our deepest values into our daily work? Explore these questions with a panel of Unity Church members whose professional work lives at the exploration of justice and vocation. The conversation will be facilitated by Hallman Ministerial Intern Arif Mamdani.

Committing to Unity

This class explores the deeper meanings and expectations of membership and shared ministry. The class concludes with a celebration ceremony as participants sign the membership book!

UU History Book Club

Join the monthly UU History Book Club for an exploration of theology and heritage. September's discussion will be on Emerson's *Self Reliance and Other Essays*.

Great College Search *Class runs 7:15-8:45 p.m.

September 20: Getting ready and conducting a search

September 27: Creating a list of schools and applying

October 4: Financial aid basics

October 11: Competitive Colleges: What, Why, and How

Learn how to optimize the college search process and become a critical consumer of colleges. Sessions include a presentation followed by time for questions. This offering is for high school students and/or parents. *Craig Allen is a member of Unity Church and a certified college admissions counselor.*

Yoga and the 7 UU Principles and Purposes

#2: Justice, equity and compassion in human relations

Go: A Chinese Game: Learn and play the Chinese board game

Tween Group: Grades 5-7