

# This Week at Unity Church

September 16-22, 2018

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Finding Yourself at Unity

**Topic: Q&A with Rev. Janne Eller-Isaacs**

Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

## Director of Music Ministries Search Survey

Unity's beloved Director of Music Ministries, Ruth Palmer, will be retiring from her position at the end of this church year. The search is now on to find a committed and skilled new director. The search committee needs to hear from the congregation as it embarks on the hiring process and they're asking for your help!

Please complete a very brief online survey by September 30: <http://bit.ly/ucumusic>. Paper copies of the survey are available at the Welcome Table in the Parish Hall. Then, consider joining members of the search committee for an open conversation about the search and hiring process. These conversations, held in the Anderson Library after each service on September 23 and 30, will offer time to ask questions and share ideas. Thank you!

## Dine with Nine... Brunch or Dinner

Are you interested in getting to know more people at Unity Church? Do you enjoy good food and lively conversation? Beginning in October, small groups of Unity Church members and friends will gather once a month for food and fellowship. The self-directed groups will choose dates, times, and places for their gatherings. New this year is the opportunity to do brunch! Sign up at the Dine with Nine table in the Parish Hall today or online at [www.unityunitarian.org/dine-with-nine.html](http://www.unityunitarian.org/dine-with-nine.html).

## Obama School: Volunteer Tutors Needed

Obama Elementary School is across the street from Unity Church. Obama teachers want Unity Church members to volunteer in their classrooms. Choose: Pre K to 5th grade; M-F; AM or PM; reading, writing, or math; alone, or find a partner and volunteer together! New volunteers will be mentored. In just one hour at Obama School, experience integrity, service, and JOY!! Email Marty Rossmann at [rossm001@umn.edu](mailto:rossm001@umn.edu) for more information.

## Proposed Unity Church Bylaw Changes

The Board of Trustees is proposing several revisions to Unity's bylaws — the rules that the church uses to govern itself. To go into effect, these proposed changes will need to be approved by three-fourths of the voting members present at the congregational meeting on November 17. The August 2018 version of the proposed bylaws is available at [www.unityunitarian.org/board-of-trustees](http://www.unityunitarian.org/board-of-trustees). Consider joining the board for a conversation about the changes during Wellspring Wednesday sessions on September 19 and 26. If you have any questions or reactions, reach out to any trustee; contact information is listed at the link above.

## \$15 Minimum Wage Advocacy Opportunities

Join 15 Now to show City Hall the overwhelming public support for raising the minimum wage.

- Minimum Wage Public Hearing: September 20, 5:30 p.m., at the Palace Community Center (781 Palace Ave)

This is an opportunity for public testimony, speaking for 1-2 minutes about why you support raising the minimum wage. If you have questions, need a ride, want practice testifying, or want to RSVP, please email 15 Now at [fifteennowmn@gmail.com](mailto:fifteennowmn@gmail.com).

## This Week in Religious Education

Welcome back for our first Sunday of Religious Education classes!

**Spirit Play (ages 3-6):** Children in Spirit Play today take time to consider their new classrooms, community, and the routines that are part of their sacred play. Where are the caring cards children make and send to those in need of care? What is the Magic Mountain? What can children do with a labyrinth? Please wonder together with your children about their classroom and their place of sacred play.

**Rotations (grades 1-6):** Children first begin in worship, upstairs in the Ames Chapel (9:00 and 4:30) or in the Sanctuary (11:00) with their friends and Journey Guides. Then in classrooms downstairs, they begin their journey as a community of faith, exploring "God is Mystery." Take a moment to say hello and get to know your child's teachers.

**Tween Group (grades 5-7):** Meetings continue this week, building relationships and community. Meet in Ames Chapel at 6:50 for Wellspring Wednesday worship.

**Junior High (grades 6-8):** Youth begin classes today getting oriented to community and topics: Technology & Religion, UU Identity & History, Sacred Threads, and Building the Beloved Community. Each class concludes with worship in Ames Chapel.

**Our Whole Lives** is a sexuality and spirituality program typically for youth in grades 8-9. They meet September 19 on the topic "Examining Values."

**Coming of Age (COA)** is our signature spiritual growth and enrichment program typically for 9th graders. Class today brings focus to "Me and Us" with youth sharing autobiographies and covenant for this year.

**Tower Club:** Youth meet this afternoon at 1:00 for a picnic; no evening meeting. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith. Lots of fun and food, too, typically Sunday evenings from 6:00-8:15 p.m.

**Cairns**  
THE UNITY CHURCH  
JOURNAL OF THE ARTS  
Vol. 10, 2018

**Final Deadline:**  
SEPTEMBER 24, 2018

For more information  
& to submit,  
go to the Unity website:  
[unityunitarian.org/cairns-arts-journal](http://unityunitarian.org/cairns-arts-journal)

## This Week at Unity Church

### Sunday, September 16

Children's Choir Rehearsal	10:00 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Afterthoughts	10:15 a.m., Gannett Room
Finding Yourself at Unity	10:20 a.m., Ames Chapel
Obama School Team	12:15 p.m., Robbins Parlor
Above Every Name Worship Service	1:00 p.m., Sanctuary
Tower Club	1:00 p.m., Center Room
Soup Supper	5:45 p.m., Parish Hall
LGBTQ+ Group	6:30 p.m., Robbins Parlor

### Monday, September 17

Circle of Peace	5:15 p.m., Center Room
ARLT	7:00 p.m., Gannett Room

### Tuesday, September 18

Sangha Meditation Group	5:30 p.m., Ames Chapel
Living with Grief Group	7:00 p.m., Gannett Room
Unity Singers Rehearsal	7:30 p.m., Parish Hall

### Wednesday, September 19

Al Anon	5:00 p.m., Science Room
Wellspring Wednesday	See box at right

### Thursday, September 20

Pastoral Care Team	9:00 a.m., Anderson Library
Caregivers Support Group	Noon, Anderson Library
Unity Choir Rehearsal	7:30 p.m., Parish Hall
Fresh Air AA	7:30 p.m., Anderson Library

### Saturday, September 22

Gun Sense Ministry Team	9:00 a.m., Gannett Room
Evergreen Quilters	10:00 a.m., Foote Room

## Parish Hall Artists

Edie Karras and Rachel Cain capture the beauty of nature in their wonderful joint photography exhibit. Don't miss it!

## Look Who's Sharing Art

Tom Zell loves this colorized late 1800s photo of his great grandparents on their South Dakota homestead.

## A Celebration of and by T. Mychael Rambo

### Benefiting Save Our Sons & The Circle of Peace

#### Sunday, September 30 • 7:00 p.m. • The Dakota

Artists performing include: T. Mychael Rambo, Debbie Duncan, Aimee K. Bryant, Robert Robinson, Keno Evol, Pavielle French, Ginger Commodore, Tonia Hughes, Julius Collins, Thomasine Petrus, Brittany Delany, and Jamecia Bennett. Tickets are \$40 and are available online at [www.dakotacooks.com](http://www.dakotacooks.com).

## Save the Date: Celebrate Ruth Palmer

Mark your calendars for the evening of May 11, 2019, when we will have the opportunity to celebrate our dear Ruth Palmer and the enormous impact she has had on our musical and spiritual lives. Jake Runestad and Dale Warland have each been commissioned to write a piece in honor of Ruth as she starts her retirement. These pieces will be premiered that evening, with a reception following the concert. More information will be coming as the day approaches, but for now, save the date!

**SAVE THE DATE!**

**Saturday, November 3, 2018**

*COME TOGETHER! Unity Church Silent & Live Auction*

## Sunday, September 23 • 9:00 a.m., 11:00 a.m., 4:30 p.m.

### Wrought Faith

The free and responsible search for truth and meaning does not happen by accident. It is taught and forged, discovered and refined throughout our lives. The role of a faith community in the journey of growing our souls is unique: it challenges, supports, inspires, and holds us accountable to our deepest values and hopes for the world. What might lifespan faith development look like here at Unity Church? How do our credos continue to grow, after Coming of Age and beyond? Join Rev. Lisa Friedman and Rev. KP Hong, along with worship associate Bob Lies, in an invitation to become a community of intentional, lifelong learners. Musicians: Mila Women's Ensemble (all services), Unity Singers (9:00/11:00), Women's Ensemble (4:30).

### Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On September 9, \$4,469.25 was collected in the Sunday offering. Obama School Sunshine Fund will receive a donation of \$3,128.48. Information about today's offering recipient, Beacon Interfaith Housing Collaborative, is available in your order of service. The offering recipient on September 23 is Altrusa of St. Paul.

### Wellspring Wednesday, September 19

6:00 p.m. Dinner: Roasted chicken, ratatouille, bread, dessert.  
Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

#### 6:50 p.m. Worship service in the Ames Chapel

#### 7:15 p.m. Programs and Childcare

#### Open Page Writing Session: Faith as a Verb

Free; RSVP requested to [karen@unityunitarian.org](mailto:karen@unityunitarian.org)

Led by Consulting Literary Minister Karen Hering, Open Page writing session participants use stories, poetry, images and objects as well as wisdom from religious teachings, science and history to reflect on the month's theme in their own words.

**Board Bylaws Listening Session:** The Board of Trustees is proposing several revisions to Unity's bylaws. To go into effect, these proposed changes will need to be approved at the congregational meeting on November 17. Find the proposed changes online at <http://www.unityunitarian.org/board-of-trustees.html> and then come share you thoughts.

**Committing to Unity:** This class explores the deeper meanings of membership and concludes with a ceremony as participants sign the membership book and officially join the church!

**Textile Arts Group:** Open to textile creatives of all ages. Bring your knitting, embroidery, needlepoint, etc.

**Vinyasa Flow Yoga:** This class is for individuals seeking more rigorous movement. Flowing from pose to pose is coordinated with regulated breathing to strengthen muscles and build balance.

#### Great College Search with Craig Allen \*Runs 7:15-8:45 p.m.

Learn how to optimize the college search process. Topics:

September 19: Getting ready/conducting a search

September 26: Creating a list of schools and applying

October 3: Financial aid basics

October 10: Competitive Colleges: What, Why, and How

**Learn and Play Go**, the Chinese board game

**Tween Group**