

This Week at Unity Church

September 9-15, 2018

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Finding Yourself at Unity

Topic: Social Justice and Community Outreach

Finding Yourself at Unity meets on Sunday mornings, from 10:20-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

St. Paul Organized Trash

If you are a registered voter in St. Paul, please consider signing petitions for a referendum in which voters approve or reject St. Paul's new ordinances regarding organized trash. Affordable housing and zero-waste efforts will be harmed by rules that double or triple garbage hauling costs for many households. For information, or to sign petitions, visit the St. Paul Organized Trash table in the Parish Hall today, or see www.stpaultrash.com. Sponsored by Unity Church members Eric Lein and Alisa Lein.

Chalice Circles: Last chance to sign up!

Chalice Circles are small groups of 8-10 participants who come together with a trained leader, once a month from September-June, to nurture spiritual growth in community. At the beginning of each month, participants receive materials based upon the monthly worship theme. From these materials, each participant chooses one spiritual exercise and a deep question to sit with for the course of the month. At the end of the month, participants gather with their group to share their experiences. Sign up online at www.unityunitarian.org/chalice-circles.html.

Dine with Nine... Brunch or Dinner

Are you interested in getting to know more people at Unity Church? Do you enjoy good food and lively conversation? Beginning in October, small groups of Unity Church members and friends will gather once a month for food and fellowship. The self-directed groups will choose dates, times, and places for their gatherings. New this year is the opportunity to do brunch!

To learn more, visit the Dine with Nine table in the Parish Hall on Sundays through September 23. Sign up to participate online at www.unityunitarian.org/dine-with-nine.html or by email to Teresa Wernecke at teresa475@gmail.com. Please include your contact information and let us know if you would like to sign up for a family or adult only group, or whether you have a particular location or transportation needs. We look forward to a great year!

Help Provide a Meal for Jeremiah Families

Help cook a meal at The Jeremiah Program (932 Concordia Avenue, St. Paul), a residence and education program for single moms and their children. Meals are provided before evening classes and Unity Church volunteers are needed to help with preparation on the following dates: Tuesday, September 11; Thursday, October 18; Tuesday, November 13; Thursday, January 17; Tuesday, March 19; Thursday, April 18. Helpers (including kids over eight years old) work from 4:00-7:00 p.m. To volunteer contact Karen Buggs at 651-297-0111 or buggs745@hotmail.com.

Unity Book Club

The Unity Book Club meets on the second Tuesday of the month at 7:00 p.m. All are welcome — even if you haven't read the book! Contact Jack Hawthorne at jack.hawthorne@comcast.net.

- September 11: *Democracy in Chains: The Deep History of the Radical Right's Stealth Plan for America* by Nancy MacLean

Racial Justice Movie Night: *Real Women Have Curves*

Friday, September 14 • 7:00 p.m. • Robbins Parlor

Join Unity Church members and friends for an ongoing film series to further our growth in the understanding and challenging of white supremacy and structural racism. Popcorn will be served and there will be time for conversation.

Real Women Have Curves is an award winning movie that gives voice to Hispanic young women who are struggling to love themselves and to find respect in American culture.

Proposed Unity Church Bylaw Changes

The Board of Trustees is proposing several revisions to Unity's bylaws — the rules that the church uses to govern itself. To go into effect, these proposed changes will need to be approved by three-fourths of the voting members present at the congregational meeting on November 17. The August 2018 version of the proposed bylaws is available at www.unityunitarian.org/board-of-trustees. Consider joining the board for a conversation about the changes during Wellspring Wednesday sessions on September 19 and 26. If you have any questions or reactions, reach out to any trustee; contact information is listed at the link above.

This Week in Religious Education

Welcome back, families! Today is Merging of Waters Family Sunday, and all children and youth are in the Sanctuary for the full worship service. Activity packets for younger children are available for use during worship, as well as nursery care in the lower level.

Spirit Play, Rotations, and Junior High programs begin next Sunday, September 16, at all three service times:

- We are continuing to make final updates, so please watch for emails with rosters of enrolled children.
- Locations for junior high classes will be posted downstairs in the junior high area (near nursery)
- For those volunteer teaching, there is one final teacher orientation session this Wednesday, September 12, 7:15-8:30 p.m. Email michelle@unityunitarian.org for details.

First **Tween Group** (grades 5-7) meets Wednesday, September 12, at 6:45 p.m., in Ames Chapel. Tweens will have chance to meet and collaborate with staff from SteppingStone Theatre for an evening of activities and fun.

Coming of Age (COA), our signature program for 9th graders, meets today at 3:30 p.m. for the first class, with both agers and mentors attending together.

Tower Club meets this evening, from 6:00-8:15 p.m., in the Center Room. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection of the world and faith. Lots of fun and food, too! For more information please contact Drew Danielson at drew@unityunitarian.org.

Our Whole Lives (OWL) begins Wednesday, September 12, at 7:00 p.m. Families are encouraged to come to Wellspring Wednesday dinner before youth head to class. OWL is a sexuality and spirituality program for 7-9 graders. For more information please contact Drew Danielson at drew@unityunitarian.org.

This Week at Unity Church

Sunday, September 9

Children's Choir Rehearsal	10:00 a.m., Robbins Parlor
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Afterthoughts	10:15 a.m., Gannett Room
Finding Yourself at Unity	10:20 a.m., Ames Chapel
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
Tower Club	6:00 p.m., Center Room

Monday, September 10

Men's Retirement Group	1:00 p.m., Gannett Room
Circle of Peace	5:15 p.m., Center Room

Tuesday, September 11

Emergency Action Plan Training	2:00 p.m., Robbins Parlor
Sangha Meditation Group	5:30 p.m., Ames Chapel
Evergreen Quilters	7:00 p.m., Anderson Library
Unity Book Club	7:00 p.m., Robbins Parlor
Unity Singers Rehearsal	7:30 p.m., Parish Hall

Wednesday, September 12

Al Anon	5:00 p.m., Science Room
Wellspring Wednesday	See box below
Mano a Mano Team	7:00 p.m. Art Room

Thursday, September 13

Women in Retirement: The Choice Years	1:00 p.m., Center Room
Young Adults Group	6:30 p.m., Gannett Room
A New Look at the Bible	7:00 p.m., Center Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall
Fresh Air AA	7:30 p.m., Anderson Library

Friday, September 14

Racial Justice Film Series	7:00 p.m., Robbins Parlor
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Wellspring Wednesday, September 12

6:00 p.m. Dinner: Taco bar! Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family

6:50 p.m. Worship service in the Ames Chapel

7:15 p.m. Programs and Childcare

Unitarian Universalism: A Multi-Theological Faith

Join us as we hear from a panel of Unity Church UUs who will reflect on their own personal faith and share how being in a multi-faith congregation has shaped their journey.

SteppingStone Theatre Acting Workshop: This workshop is designed for youth in grades K-8, and will divide into age-appropriate creative groups.

Above Every Name Soul Session: Join Pastor Danny Givens, Jr., and members of Above Every Name for a soulful journey through scripture in the Bible.

Yoga for the Season: This class includes season-specific yoga poses to help create equanimity in the body and mind. Elen Bahr returns to Wellspring Yoga this fall with classes for anyone interested in feeling better in their mind, body, and spirit.

Learn and Play Go: Learn and play the Chinese Board game, Go. Anyone above the age of 10 is welcome to play.

Tween Group: Meet in the Ames Chapel for worship, then join the SteppingStone Theatre workshop.

Religious Education Teacher Training

Sunday, September 16 • 9:00 a.m., 11:00 a.m., 4:30 p.m.

I Could Not Go and Went

With reverence and gratitude we enter into the High Holy Days. This year we will focus on the story of Jonah, his reluctance, his acquiescence, and his rage. Drawing on the text itself and Lucille Clifton's poem "Breakinglight," Rev. Rob Eller-Isaacs and worship associate Erika Sanders will frame the opportunity for us to forgive ourselves and each other and begin again in love. Musicians: Dan Friberg, oboe (all services); Unity Choir (9:00/11:00); "The Four" Unity Choir Quartet (4:30).

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On September 2, \$1,276.64 was collected in the Sunday offering. CLF Prison Ministry will receive a donation of \$893.65. Information about today's offering recipient, Obama School Sunshine Fund, is available in your order of service. The offering recipient on September 16 is Beacon Interfaith Housing Collaborative.

Parish Hall Artists

Rachel Cain and Edie Karras explore the beauty and diversity of nature in their engaging joint photo exhibit. Stop by the artist's table today to meet Rachel, she will have her note cards and small photographic prints available for sale.

Look Who's Sharing Art

Artist Ed Caldie presented the art he's sharing to his father on his Dad's 74th birthday in 1994. The drawing reminded his father that he had a very intriguing "other" self.

Invitation to Share Art

Art Share helps Unity Church members get acquainted and enriches the focus on art at Unity. Spotlight your favorite piece of art by displaying it for two weeks in the Parish Hall. There are open dates. Sign up on the calendar near the Parish Hall kitchen window. Previous sharers say it's meaningful and fun!

\$15 Minimum Wage Advocacy Opportunities

Join 15 Now at two upcoming events that will be key opportunities to show City Hall the overwhelming public support for raising the minimum wage.

- Minimum Wage Public Hearing #1: September 12, 5:30 p.m., at Saint Paul City Hall (15 W. Kellogg Blvd)
- Minimum Wage Public Hearing #2: September 20, 5:30 p.m., at the Palace Community Center (781 Palace Ave)

Both events will have opportunities for public testimony, speaking for 1-2 minutes about why you support raising the minimum wage. We encourage everyone to testify! If you have questions, need a ride, want practice testifying, or want to RSVP, please email 15 Now at fifteennowmn@gmail.com.

Cairns Vol. 10

THE UNITY CHURCH JOURNAL OF THE ARTS

Final Submission Deadline:

SEPTEMBER 24, 2018

