

# This Week at Unity Church

August 23-29, 2015

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## PD&Q Railroad Celebrates 30th Anniversary

**Visitors welcome today!**

The PD&Q is a garden railroad built to half-inch scale, representing railroading of the 1940s and 50s. Battery-powered freight and passenger trains run around the yard among farms, ranches, mines, industries, bridges, and tunnels, all mostly built from scratch. Unity Church member Dutton Foster began this backyard project when he and his wife Caroline moved back to St. Paul in 1985, so the PD&Q is celebrating its 30th anniversary this summer. This is a one-of-a-kind model railroad experience and is great fun for people of all ages! Caroline and Dutton will welcome Unity visitors to the railroad from 12:00-2:00 p.m. today, weather permitting. The Fosters will have beverages on hand and people are invited to bring a picnic lunch, or to simply stop over for a visit. PD&Q railroad is located at 1882 Goodrich Avenue, St. Paul. Questions? Please contact the church office at 651-228-1456.

## Young Adult Group Potluck

**Tuesday, August 25 • 6:30 p.m. • Center Room**

Unity's young adult group seeks to build community and make connections between people ages 18-35 in our congregation. Join us for our monthly potlucks and add your name to our email list to hear about other meet-up opportunities. If you have questions, please contact Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org). Childcare is available with advance notice to [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org).

## Choice Living: Connections for Women in Retirement

Unity's Connections for Women in Retirement Group will meet on Thursday, August 27, at 1:00 p.m., for an informal discussion of the topic, "I'm too old for this!" Contact Margaret at [margkinney@gmail.com](mailto:margkinney@gmail.com) for more information.

## A Bell Ringer's Guild Training

**Sunday, August 30 • 11:45 a.m.**

Participants will learn the history of the bell, tour the bell tower, and have an opportunity to try ringing the bell firsthand. Contact Madeline Summers at [madeline@unityunitarian.org](mailto:madeline@unityunitarian.org) to participate.

## Welcome to Unity: Our Class for Newcomers

**Sunday, August 30 • 11:30 a.m.-12:45 p.m.**

If you have been visiting and would like to find out more about Unitarian Universalism and Unity Church, please sign up for Welcome to Unity at the Welcome Table in the Parish Hall today.

## Welcome Team Members Needed

We are currently looking for additional Welcome Team Members at all services (9:00, 11:00, and 4:30). Volunteers are needed to greet members and visitors as they arrive to church, pass out orders of service, ring the church bell, collect and count the offertory, and assist with serving coffee after the service. Welcome Team members are asked to serve at one service, once per month. Contact Madeline Summers at [madeline@unityunitarian.org](mailto:madeline@unityunitarian.org).

## Merging of Waters Worship Service

Be sure to collect water from your journeys (or backyard!) this summer for our annual Merging of Waters ritual service which will be held on Sunday, September 13. This year we welcome back legendary singer and songwriter Peter Mayer who will join us at all three services. We hope to see you there, too!

→ PLEASE NOTE THE TIME CHANGE!



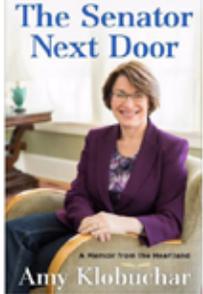
Unity Church-Unitarian and Common Good  
Books are Honored to Present

**Senator  
Amy Klobuchar**

Discussing Her New Book  
***The Senator Next Door***  
*A Memoir from the Heartland*

Amy Klobuchar, one of the U.S. Senate's most candid and funniest women, tells the story of her life and her unshakable faith in our democracy. She said, "I wrote *The Senator Next Door* because I want more people to have faith that our democracy can get things done for the people of this country."

**Friday, August 28, 2015**  
**7:30 p.m. 7:00 p.m.**  
Unity Church Sanctuary



## Dine with Nine Potluck & 2015-16 Sign Up

**Saturday, September 12 • 6:00-8:00 p.m. • Parish Hall**

Are you interested in getting to know more people at Unity Church? Do you enjoy great food and lively conversation? Would you like to extend the hospitality of our community to both new and long term members alike? Beginning in October, small groups of Unity Church members and friends will gather in each other's homes once a month for food and fellowship. Join us for an all-ages potluck dinner in the Parish Hall to kick-off our new Dine with Nine season and to learn more about the program.

You can sign up to participate in this year's Dine with Nine suppers in several ways: at the September 12 potluck, online at [www.unityunitarian.org/dine-with-nine.html](http://www.unityunitarian.org/dine-with-nine.html), or by email to Teresa Wernecke at [teresa475@gmail.com](mailto:teresa475@gmail.com). Please include your contact information and let us know if you would like to sign up for a family or adult only group or whether you have particular location or transportation needs. We look forward to another great year!

## Yoga For All Bodies

**Thursdays in August • 7:30 - 8:30 p.m. • Foote Room**

Experience and honor the strength, flexibility and balance of your body in this hour-long yoga practice. Poses will be shown in standing and seated options. No previous yoga experience is necessary — just a desire to feel energized and enjoy the beautiful power of community. Pay what you can. Questions? Contact Elen Bahr at [elen@everyyogi.com](mailto:elen@everyyogi.com) or 612-669-3807.

## This Week in Religious Education

Summer Sundays in the garden continue today! Please meet in our outdoor garden, next to the parking lot. Drop-in capacity will be limited by the number of adult volunteers present. Nursery care for younger children continues throughout summer.

**Last chance to register for Religious Education before classes begin on September 20. If you are planning to register your child for religious education, please plan attend the registration session on Wednesday, September 2, at 7:00 p.m. in the Sanctuary. Childcare is provided.**

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## This Week at Unity Church

### Sunday, August 23

Afterthoughts 11:15 a.m., Gannett Room

### Tuesday, August 25

Men's Retirement Group 1:00 p.m., Gannett Room

Sangha Meditation Group 5:30 p.m., Ames Chapel

Young Adult Potluck 6:30 p.m., Center Room

OWL Parent Orientation 7:00 p.m., Foote Room

### Thursday, August 27

Women's Retirement Group 1:00 p.m., Center Room

COA Mentor Orientation 7:00 p.m., Robbins Parlor

Yoga for All Bodies 7:30 p.m., Foote Room

### Friday, August 28

Amy Klobuchar Book Signing & Discussion 7:30 p.m., Sanctuary

### Saturday, August 29

Bill Downing Memorial Service 3:00 p.m., Sanctuary

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## Help Bring Inspiration to Children's Spaces at Unity Church

Volunteers are needed during August to help update the children's Religious Education spaces on the lower level. All skill levels are welcome in the following areas. You don't need to be a professional:

- Carpentry skills
- Painting
- Cabinetry skills
- Fabrication skills
- Installation and general labor skills

Email KP at [kp@unityunitarian.org](mailto:kp@unityunitarian.org) if you are able to help!

## Obama Elementary Tutors

Volunteers are needed to tutor students who are struggling with reading and/or math skills at Obama Elementary (located across Holly Avenue from Unity Church). Volunteers will be assigned one or two classroom teachers based on availability and are asked to spend at least one hour per week for three months in this significant service to children in our community. Contact Madeline Summers at [madeline@unityunitarian.org](mailto:madeline@unityunitarian.org) to volunteer as a tutor.

## Selby Avenue JazzFest

**Saturday, September 12 • 11:00 a.m.-8:00 p.m. • Selby/Milton**

Selby Avenue Jazz Fest is a full day of free jazz, this year featuring Walter Chancellor, Jr., and his band. Concessions with delicious food extend a block north and arts, crafts, and informational tables will run east on Selby. The event is sponsored by Golden Tyme Coffee Cafe. Details online at [www.selbyavejazzfest.com](http://www.selbyavejazzfest.com).

## Memorial Service for Carl Kaworu Nomura

Carlo Kaworu Nomura will be memorialized at First Unitarian Society on Sunday, September 6, at 2:00 p.m. Carl, 93 years strong, was very involved with First Unitarian Society and Camp Unistar. He died peacefully on July 25 in Port Townsend, WA, his retirement town. Carl was a dear friend of Karen Buggs.

## Where are you on your life journey?

Join Spiritual Director Sarah Cledwyn for Journey Conversations, a time to reflect on and deepen our engagement with our own journey and gain appreciation for the journeys of others. Groups will begin meeting in September. A day group will meet from 10:00 a.m.–noon on Mondays and another group will meet on Thursday evenings from 6:30-8:30 p.m. Details and registration are online at [www.unityunitarian.org/spiritual-direction.html](http://www.unityunitarian.org/spiritual-direction.html).

## August 30 Worship Service • 10:00 a.m.

### **Believe What You Know — Rev. Lisa Friedman**

So often we struggle to articulate what we believe. And yet, we live out our beliefs each day in countless ways. Perhaps we know more than we think. Musician: Katy Taylor, celtic/devotional music

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the Community Outreach Ministry at Unity Church and seventy percent is given to a chosen community non-profit recipient. **Please make checks payable to Unity Church.** On August 9, \$808.78 was collected in the offering. Camp Tamarack will receive a donation of \$566.15. On August 16, \$655.25 was collected in the offering. Faith Builders Habitat for Humanity will receive a donation of \$458.68. Information about today's offering recipient, Cycles for Change, is available in your order of service. The offering recipient on August 30 is Unity Church Chalice Camp.

## August Parish Hall Artist

Robyn Priestly writes about her work: "The pieces are done with my mixed media block print technique, hand-printed and then painted with acrylics. These are mounted on wood panels, and have metallic leaf accents. I'm really enjoying doing this series, there's a nice mix of accuracy of the animal, with creative patterning and some whimsical and spiritual aspects mixed in that really appeals to me, and I hope to the viewer."

## Wellspring Wednesday Returns September 9!

Staff and volunteers are gearing up for another exciting year of Wednesday night programming that will offer opportunities to share delicious meals, attend multi-generational worship services, and participate in classes and discussions on a wide variety of topics. If you would like to serve on a Wellspring Wednesday cooking team (new role this year: grocery shopper!), please contact Madeline Summers at [madeline@unityunitarian.org](mailto:madeline@unityunitarian.org). If you have an idea for a program you would like to offer, please fill out the online form at [www.unityunitarian.org/wellspring-wednesday.html](http://www.unityunitarian.org/wellspring-wednesday.html) or contact Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org).

## Serve on Unity's Board of Trustees

Would you like to engage more fully in the life and mission of Unity Church? Consider serving on the Board of Trustees. Nominations are now open for three trustees, each serving a three year term which will begin following Unity's annual meeting in November 2015. To qualify for Board service, you must be a voting member of the congregation. Please contact Ginny Allen by September 15 to express your interest or to nominate someone else as a candidate. You can also review a full job description posted online at <http://bit.ly/BOT2014>.

	<p><b>Writers &amp; Artists!</b> Submit your work to: <b>Cairns</b> The Unity Church Journal of the Arts <u>Vol. 7</u> Early consideration deadline: June 15 <b>Final Deadline:</b> <b>October 1, 2015</b></p>
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