

This Week at Unity Church

July 15–21, 2018

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Finding Yourself at Unity

Topic: Social Justice and Community Outreach

Finding Yourself at Unity meets on Sunday mornings, from 11:15 a.m.-12:15 p.m. This week the class will meet in the Center Room so that participants can enjoy the pancake breakfast. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Childcare is available in the nursery.

Summer Sundays Pancake Brunch

Today! Following the service!

Join us for a pancake brunch after worship. We'll have fresh pancakes, real maple syrup, sausages, juice, coffee, and more!

One Voice Mixed Chorus: Showtune Showdown

Monday, July 16 • 7:30 p.m. • Park Square Theater

Tickets are online at www.ovmc.org

Showtune Showdown is a unique blend of American Idol, Name That Tune, and Glee, with loads of Broadway glitz thrown into the mix. Join host Erin Schwab and celebrity judges T. Mychael Rambo, Lori Dokken and Senator Scott Dibble as they put Minnesota's finest choirs (The Singers-Minnesota Choral Artists, Twin Cities Gay Men's Chorus, and Callipe Women's Chorus) through their paces to earn the coveted \$1,000 grand prize! Throw in audience participation, a chance to win incredible raffle and auction items, and a joyful good time, and it's sure to be an evening you won't soon forget!

Beyond Polarization: A Workshop for Liberals Who Want to Communicate Better with Conservatives

Sponsored by Better Angels and Unity Church

Led by Bill Doherty, Unity member and co-founder of Better Angels
Saturday July 21 • 9:15 a.m.–Noon • Parish Hall

Conversations across the political divide have become treacherous, with many people avoiding them or regretting them afterwards. In this workshop you'll learn skills for communicating respectfully with conservative friends and loved ones — ways to listen and talk that clarify differences and search for common ground. You'll learn to avoid the common barriers that "blues" put up in conversations with "reds." And you'll get acquainted with the Better Angels movement to depolarize America. Please email lisa@unityunitarian.org if you plan to attend.

Our Whole Lives Parent Summer Book Club

This group is open to all adults, but geared towards parents, and will touch on communicating with your children about sex and sexuality. Discussions, led by Jamie Bosc, will center on the topics covered in the book for each month. Contact Jamie with questions at bosc.jamie@gmail.com. The group meets on the following Tuesdays, from 7:00-8:30 p.m., in the Robbins Parlor.

July 24 • *Girls and Sex* by Peggy Orenstein

August 21 • *Come As You Are* by Emily Nagoski

Sing for the Water

Friday, July 27 • 7:00-8:30 p.m. • Faith Mennonite Church

2720 East 22nd Street, Minneapolis

An evening of community singing, poetry, and blessing for the water of our rivers and lakes. Water protector Sharon Day will share about the upcoming Nibi Water Walk along the Wisconsin River. Donations will be gratefully accepted and encouraged to support walkers and water protection. All ages are welcome, treats provided by the hosts at Faith Mennonite! <http://bit.ly/singwater>

American Red Cross Blood Drive

Tuesday, July 31 • 1:00-7:00 p.m. • Parish Hall

Unity Church will host a blood drive for the American Red Cross on July 31. To schedule a donation appointment, call 1-800-Red-Cross or visit www.redcrossblood.org and enter the sponsor code: UCUpstPaul. Interested in volunteering or helping organize? Contact Rev. Lisa Friedman at lisa@unityunitarian.org.

Textile Arts Group

All ages and levels of experience are welcome! Unity's Textile Arts Group meets on the first and third Thursday of each month, from 7:00-8:30 p.m. (July 19, August 2 and 16). Bring your knitting, crocheting, tatting, embroidery, needlepoint, and cross stitch for an evening of fellowship and service. Questions? Contact Linda Mandeville at lindamandeville41@gmail.com.

Zen Meditation

Find renewal and grounding in the practice of Zen meditation. The group meets on Tuesdays, from 5:30-6:30 p.m., in the Ames Chapel. Instruction takes place on the first Tuesday of the month (August 7) at 5:00 p.m. Contact KP Hong at kp@unityunitarian.org if you plan to attend instruction.

July Parish Hall Artists

Our Parish Hall artists are Gary Jurek and Rose Allen. Enjoy the way light enhances Gary's colorful stained glass pieces. The fabric art hand crafted by Rose also showcase how she plays with color, texture, and shape.

Look Who's Sharing Art

Tony Line Christner says his oil painting is not a portrait of Michael, his husband, but it's a landscape that shows how much he loves Michael.

Unity libraries are open all summer!

Visit the Anderson Adult Library and the Whitman Children's Library to pick up some great summer reads!

This Week in Religious Education

Summer in the Garden is held today during the 10:00 a.m. service, and continues throughout summer. Great for children ages 4-12. Meet in the outdoor garden, next to the Sanctuary. No registration is necessary but drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, please contact KP Hong at kp@unityunitarian.org. Regular nursery care for younger children continues throughout summer.

R.E. Enrollment session for 2018-19 will be offered:

Today! • 11:30 a.m.-12:45 p.m. • Foote Room

This session includes enrollment for OWL and COA. Childcare provided. Questions? Email michelle@unityunitarian.org.

Looking for COA Mentors and Teachers: Interested in listening and sharing with others about the faith journey? Can you be yourself, open, and honest around teenagers? Consider being a teacher or mentor for COA for the 2018-19 year. Interested? Contact Drew Danielson at drew@unityunitarian.org.

Summer Fun for Children and Youth at Unity Church

Openings are still available!

Details at www.unityunitarian.org/chalice-camp.html.

