

# This Week at Unity Church

July 5–11, 2015

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Taking Heart: Attend a Ramadan Iftar

As our Muslim neighbors prepare for the sacred month of Ramadan this July, the Minnesota Council of Churches, in partnership with the Muslim American Society of Minnesota, announces a series of open houses at area mosques organized by the council's Taking Heart program. Ramadan is the month on the Islamic lunar calendar during which Muslims abstain from food and drink from sunrise to sunset. The fast is performed to learn compassion, self-restraint, and generosity. Each day the fast is broken with a meal called Iftar. Details and registration are online at <http://bit.ly/iftar2015>. There is no charge as mosques are generously offering their hospitality.

## UU Families Summer Potluck Gathering

**Sunday, July 12 • After the service**

**Meet at the park on the NW corner of Portland and Grotto**

A casual potluck with family-friendly games and an opportunity to connect around a shared desire to raise our children in this faith community. Please bring an item for the potluck and plates, utensils, and a blanket for your own family.

## Unity Church Book Club

The Unity Church Book Club will meet on Tuesday, July 14, at 7:00 p.m., in the Robbins Parlor. The book they will be discussing is *Five Days at Memorial: Life and Death in a Storm-Ravaged Hospital* by Sheri Fink. All are welcome — even if you haven't read the book!

## Mental Illness: Hope for Recovery • Free Workshop

**Registration required: <https://HopeStPaul7-25.eventbrite.com>**

**Saturday, July 25 • 9:00 a.m.-3:00 p.m. • Bring a bag lunch**

**Supportive Living Solutions: 2515 Wabash Avenue, St. Paul**

Offered by NAMI, this workshop will offer information, hope, and practical strategies for dealing with the complexities of mental illnesses. Participants will learn about types of mental illnesses, treatments and recovery, coping strategies, the mental health system, and local resources. *The National Alliance on Mental Illness (NAMI) of Minnesota is a non-profit organization dedicated to improving the lives of children, adults, and families living with mental illnesses. NAMI Minnesota offers education, support, and advocacy.*

## Welcome to Unity: Our Class for Newcomers

**Sunday, July 26: 11:30 a.m.-12:45 p.m. ~ also offered ~**

**Sunday, August 30: 11:30 a.m.-12:45 p.m.**

If you have been visiting and would like to find out more about Unitarian Universalism and Unity Church. Sign up at the Welcome table after the service or by email to [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org).

## Flowers for Summer Worship

If you would like to bring flowers from your garden for a summer service, please contact Marcy Mann-Anderson at 651-228-1456 x110 or [marcy@unityunitarian.org](mailto:marcy@unityunitarian.org) for available dates and details.

## Stone Soup Planning Committee

If you'd like to be a part of planning the first ever Unity Church Stone Soup and Fall Festival contact Madeline Summers at [madeline@unityunitarian.org](mailto:madeline@unityunitarian.org).

## Help Close the 2015 Budget Gap

As the result of a 2015 pledge drive that came in below budgeted expectations, the Unity Church Pledge Team is reaching out to the congregation to help close the gap. If you are able to make a new 2015 pledge or increase your current pledge, please do so online at [www.unityunitarian.org](http://www.unityunitarian.org). We're incredibly grateful for your generosity, because none of what this congregation does is possible without the financial support of its people.

## Help to cook — and eat — a pancake brunch

**Sunday, July 19 • Following the 10:00 a.m. service!**

We'll have fresh pancakes after Sunday worship with made-from-scratch syrups and jams. Volunteers should contact Madeline Summers, Volunteer Coordinator at [madeline@unityunitarian.org](mailto:madeline@unityunitarian.org).

## Merging of Waters Worship Service

Be sure to collect water from your journeys (or backyard!) this summer for our annual Merging of Waters ritual service which will be held on Sunday, September 13.

## LAST CHANCE! SUMMER CAMP AT UNITY CHURCH

### ARTS CAMP

**Week 1: July 6-10 // Arts Camp Week 2: July 13-17**

Director: Rene Meyer-Grimberg, [unityartscamp@gmail.com](mailto:unityartscamp@gmail.com)

### CHALICE CAMP

**Week 1: July 20-24 // Chalice Camp Week 2: July 27-31**

Director: Hannah Eller-Isaacs, [chalicecamp@unityunitarian.org](mailto:chalicecamp@unityunitarian.org)

Lots of ways to connect — for people of all ages!

Camps are for kids entering grades 1-6

Registration: [www.unityunitarian.org/summer-camps.html](http://www.unityunitarian.org/summer-camps.html)

Monday-Friday, 8:30 a.m. to 5:30 p.m.

Cost: \$250/week, scholarships available

## This Week in Religious Education (R.E.)

Summer Sundays in the garden continue today! Please meet in our outdoor garden, next to the parking lot. Drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, contact Anna Newton ([newtona@comcast.net](mailto:newtona@comcast.net)) or KP Hong ([kp@unityunitarian.org](mailto:kp@unityunitarian.org)). Nursery care for younger children continues throughout summer.

**RELIGIOUS EDUCATION ENROLLMENT** for families who have not yet enrolled children for the 2015-16 church year will be held on Sunday, July 12, at 11:30 a.m., in the Foote Room. Please RSVP to [kp@unityunitarian.org](mailto:kp@unityunitarian.org) and contact Michelle Hill at [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org) for child care.

**SUMMER CAMP OPENINGS STILL AVAILABLE!** Information is online at: [www.unityunitarian.org/summer-camps.html](http://www.unityunitarian.org/summer-camps.html)

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### Sunday, July 5

Afterthoughts 11:15 a.m., Gannett Room

### Monday, July 6

Arts Camp 8:30 a.m., Parish Hall

### Tuesday, July 7

Arts Camp 8:30 a.m., Parish Hall

### Wednesday, July 8

Arts Camp 8:30 a.m., Parish Hall

### Thursday, July 9

Arts Camp 8:30 a.m., Parish Hall

Women's Retirement Group 1:00 p.m., Center Room

A New Look at the Bible 7:00 p.m., Center Room

### Friday, July 10

Arts Camp 8:30 a.m., Parish Hall

### Saturday, July 11

Board of Trustees 9:00 a.m., Anderson Library

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### Unity libraries are open on Sundays throughout the summer!

Stop by the Anderson Adult Library on the upper level and the Whitman Children's Library on the lower level to pick up some great summer reads!

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## Get Ready To Rumble! One Voice Mixed Chorus Fundraiser

Monday, July 13 • 7:00 p.m. • Parkway Theatre

Doors open at 6:30 with happy hour specials!

Tickets are \$35 for Premier seating//\$20 for General Admission

One Voice Mixed Chorus is challenging the Twin Cities Gay Men's Chorus, and The Singers – Minnesota Choral Artists to an epic battle for choral supremacy... a Showtune Showdown! Showtune Showdown is a unique blend of American Idol, Name That Tune, and Glee, with loads of Broadway glitz thrown into the mix. The proceeds will help fund One Voice Mixed Chorus's community engagement work, including anti-bullying education in schools, and performances in Greater Minnesota. Details and tickets are online at [www.ovmc.org](http://www.ovmc.org).

## Little Mekong Night Market: August 7-8

6:00 p.m.-midnight • Western and University Avenues

The Little Mekong Night Market is inspired by the famous night markets held throughout Asia—with a Minnesota local twist. Plan a visit on August 7 and 8 to the night market for an unforgettable experience of new sights, sounds and flavors. There will be food vendors, farmers, handicrafts, music, exhibits, cultural performances, and kids activities. Their mission is to support local small businesses and provide a venue for family fun and excitement. More information online at [www.littlemekong.com](http://www.littlemekong.com).

## July Worship Services • 10:00 a.m.

### July 12: *To Be Awake* — Terri Burnor

The Buddha was asked, "Are you a god?" and other such questions since he was recognized as an extraordinary being. "No," the Buddha replied to each. "I am awake." Join Terri Burnor and worship associate Jen Welsh as they explore how awakening is to learn the art of living. Musician: Mark Maronde, piano.

### July 19: *The Habit of Keeping Faith* — Sherry Essen

Flannery O'Connor once said, "It is much harder to believe than not to believe." What does it mean to "keep the faith?" And what does this require of us... attitudinally, physically, and emotionally? Inspired by a recent near miss event, Sherry Essen will talk of how confronting the very thing she feared most led to a deepened commitment to simple ways of being that are fostering faith and freedom in her life. Sherry will be joined by worship associate Nicole Lynskey. Musician: Brian Henke, guitar. A pancake brunch in the Parish Hall will follow this service – all are welcome!

### July 26: *Born-Again Universalism: An Altar Call for Love* — Ashley Horan

The language, emotion, and theology of Pentecostalism tends to be well outside of our often-intellectual Unitarian Universalist comfort zone. But our Pentecostal siblings and friends have much to teach us about the transformational capacity of the Spirit and the power of Testimony.

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the Community Outreach Ministry at Unity Church and seventy percent is given to a chosen community non-profit recipient. **Please make checks payable to Unity Church.** On June 28, \$1240.00 was collected in the Sunday offering. Unity's partnership in the Faith Builders Habitat for Humanity will receive \$868.00 to contribute toward their summer build in the Midway neighborhood of St. Paul. Information about today's offering recipient, Cycles for Change, is available in your order of service. The offering recipient on July 12 is Unity Church Chalice Camp.

## Young Adult Group Potluck

Tuesday, July 28 and August 25 • 6:30 p.m. • Center Room

Unity's young adult group seeks to build community and make connections between people ages 18-35 in our congregation. Join us for our monthly potlucks and add your name to our email list to hear about other meet-up opportunities. If you have questions, please contact Rev. Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org). Childcare is available with one-week advance notice to Michelle Hill at [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org).

## Heart to Heart: A Couples' Enrichment Weekend

Friday, November 6, to Sunday, November 8, 2015

Koinonia Retreat Center • Annandale, MN

Heart to Heart is a program led by three experienced couples and is designed to enrich communication and intimacy in your relationship. All committed couples are welcome — same-sex and opposite-sex, married and unmarried. More information is available online at <http://heart.mn.cx> or by calling 651-300-4119.

## Church Photo Directory Team Now Forming

If you are interested in helping to coordinate the publication of a church photo directory this fall, please contact Martha Tilton at [martha@unityunitarian.org](mailto:martha@unityunitarian.org) or 651-228-1456 x105.

	<p><b>Writers &amp; Artists!</b> Submit your work to: <b>Cairns</b> The Unity Church Journal of the Arts Vol. 7 Early consideration deadline: June 15 <b>Final Deadline:</b> October 1, 2015</p>
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