

This Week at Unity Church

June 28–July 4, 2015

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Pancake Brunch • Today!

Following the service, everyone is invited to stay for fresh pancakes, sausages, and made-from-scratch syrups and jams. Donations will be gratefully accepted.

Parish Hall Artist: Walk-Through Lecture Today

At 11:30 this morning, Parish Hall artist Richard Nelson will give an informal walk-through lecture on the Maya Textile and Photography Exhibit. Maya history and culture, ethnographic photography, and weaving techniques are some of the topics that will be discussed. An additional collection of other photography projects from Mexico, Guatemala, and Spain will be available for viewing and sale.

10th Annual Unity Church Pilgrimage to New Orleans

Information Session • TODAY • 11:30 a.m. • Center Room

This year marks the 10th anniversary of Hurricane Katrina and the 10th pilgrimage of Unity Church members and friends who have gone to respond. Join the 2015 pilgrimage this fall, from October 24-31, and help Unity Church continue to make a difference.

2015 St. Paul Freedom School • Volunteer today!

For the past two summers approximately 20 people from Unity Church have volunteered at Freedom School, a summer enrichment and empowerment program serving St. Paul children entering kindergarten through 8th grade. This year, the school will run July 13 through August 21. Volunteers are needed to sort books and supplies, register children, help teachers, and to serve (not cook) weekly suppers on parents' night. Stop by the Freedom School table in the Parish Hall today where you can learn about the school, volunteer, and donate school supplies. If you have questions, please email Jane Thomson at thoms028@tc.umn.edu or Judy Rieke at jlriek2@gmail.com.

Call for Parish Hall Artists!

Share this with your artist friends!

Unity Church has gallery space for exhibitions that provide spiritual enrichment and liveliness for those attending the church and its functions. At the same time the gallery provides an opportunity for artists to show, share, and sell their work. Applications are now being accepted for month-long (2015-16 church year) exhibits. Guidelines and application forms are online at www.unityunitarian.org/parish-hall-artists.html. The application deadline is June 30.

Taking Heart: Attend a Ramadan Iftar

As our Muslim neighbors prepare for the sacred month of Ramadan this July, the Minnesota Council of Churches, in partnership with the Muslim American Society of Minnesota, announces a series of open houses at area mosques organized by the council's Taking Heart program. Ramadan is the month on the Islamic lunar calendar during which Muslims abstain from food and drink from sunrise to sunset. The fast is performed to learn compassion, self-restraint, and generosity. Each day the fast is broken with a meal called Iftar. Details and registration are online at <http://bit.ly/iftar2015>. There is no charge as mosques are generously offering their hospitality.

Help Close the 2015 Budget Gap

As the result of a 2015 pledge drive that came in below budgeted expectations, the Unity Church Pledge Team is reaching out to the congregation to help close the gap. If you are able to make a new 2015 pledge or increase your current pledge, please do so online at www.unityunitarian.org. We're incredibly grateful for your generosity, because none of what this congregation does is possible without the financial support of its people.

UU Families Summer Potluck Gathering

Sunday, July 12 • After the service

Meet at the park on the NW corner of Portland and Grotto

A casual potluck with family-friendly games and an opportunity to connect around a shared desire to raise our children in this faith community. Please bring an item for the potluck and plates, utensils, and a blanket for your own family.

Unity Church Book Club

The Unity Church Book Club will meet on Tuesday, July 14, at 7:00 p.m., in the Robbins Parlor. The book they will be discussing is *Five Days at Memorial: Life and Death in a Storm-Ravaged Hospital* by Sheri Fink. All are welcome — even if you haven't read the book!

Unity Church Goes to the Ballpark • BUY TICKETS TODAY!

Saint Paul Saints vs. Winnipeg Goldeyes

Tuesday, July 21 • 7:05 p.m. • \$14/adults // \$13/children/seniors

Join other Unity Church friends at the new St. Paul Saints CHS Field! A limited number of tickets is available. Purchase your tickets in the Parish Hall today or contact Lisa Friedman at lisa@unityunitarian.org or 651-228-1456 x107.

Flowers for Summer Worship

If you would like to bring flowers from your garden for a summer service, please contact Marcy Mann-Anderson at 651-228-1456 x110 or marcy@unityunitarian.org for available dates and details.

This Week in Religious Education (R.E.)

Summer Sundays in the garden continue today! Please meet in our outdoor garden, next to the parking lot. Drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, contact Anna Newton (newtona@comcast.net) or KP Hong (kp@unityunitarian.org). Nursery care for younger children continues throughout summer.

RELIGIOUS EDUCATION ENROLLMENT for families who have not yet enrolled children for the 2015-16 church year will be held on Sunday, July 12, at 11:30 a.m., in the Foote Room. Please RSVP to kp@unityunitarian.org and contact Michelle Hill at michelle@unityunitarian.org for child care.

SUMMER CAMP OPENINGS STILL AVAILABLE! Information is online at: www.unityunitarian.org/summer-camps.html

This Week at Unity Church

Sunday, June 28

Pancake Brunch 11:15 a.m., Parish Hall
New Orleans Trip Information Meeting 11:15 a.m., Center Room
Afterthoughts 11:15 a.m., Gannett Room
Parish Hall Artist Walk-Through Lecture 11:30 a.m., Parish Hall

Monday, June 29

Men's Retirement Group 1:00 p.m., Gannett Room

Tuesday, June 30

Sangha Meditation 5:30 p.m., Ames Chapel

Friday, July 3 Independence Day Holiday: Church Office Closed

Saturday, July 4 Independence Day: Church Office Closed

Wellspring: A Year of Spiritual Deepening

Do you yearn for deeper connection to your faith and to the people here? Do you wish you had a better grasp of our traditions, history, and theology? Do you dream of a day when you have the time to create a daily spiritual practice? Then you might want to know more about Wellspring, a year-long curriculum designed with spiritual deepening as the goal.

Wellspring responds to the need for spiritual grounding in our own tradition and offers a five-spoke model of spiritual deepening. The five spokes are: daily spiritual practice, regular meetings of the Wellspring group, engagement with Unitarian Universalist history and theology, meeting monthly with a one-on-one spiritual director, and discerning our unique call in life to bless the world.

Unity's Wellspring group this year is being co-facilitated by Janne Eller-Isaacs and church member Sherry Essen. The group will begin in September with a retreat and will meet two evenings a month through June 2016. Each session will have reading assignments that support our exploration and engagement of the topics and themes. To register, contact Song Thao at song@unityunitarian.org or 651-228-1456 x115. Questions? Please contact Janne at janne@unityunitarian.org or 651-228-1456 x106.

Stone Soup Planning Committee

We are planning a 24-hour soup cook-a-thon in October. If you'd like to be a part of planning the first ever Unity Church Stone Soup and Fall Festival contact Madeline Summers at madeline@unityunitarian.org.

SUMMER CAMP AT UNITY CHURCH

ARTS CAMP

Week 1: July 6-10 // Arts Camp Week 2: July 13-17

Director: Rene Meyer-Grimberg, unityartscamp@gmail.com

CHALICE CAMP

Week 1: July 20-24 // Chalice Camp Week 2: July 27-31

Director: Hannah Eller-Isaacs, chalicecamp@unityunitarian.org

Lots of ways to connect — for people of all ages!

Camps are for kids entering grades 1-6

Registration: www.unityunitarian.org/summer-camps.html

Monday-Friday, 8:30 a.m. to 5:30 p.m.

Cost: \$250/week, scholarships available

Upcoming Worship Service: July 5 • 10:00 a.m.

If Only We Were Free — Danny Givens

Life has presented many of us with opportunities to invite, receive, and embody freedom within a world of infinite restraints and possibilities. Join Rev. Danny Givens and worship associate Helen Pohlig in daring to be free enough to explore the facets of such restraints and possibilities during this thought provoking message. Musician: Joseph Caswell, piano

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the Community Outreach Ministry at Unity Church and seventy percent is given to a chosen community non-profit recipient. **Please make checks payable to Unity Church.** On June 21, \$2908.50 was collected in the Sunday offering. The entire offering will be shared with the people of Emanuel African Methodist Episcopal Church in Charleston, South Carolina. Camp Tamarack, the non-profit originally scheduled to receive the offering on June 21, will be rescheduled for another Sunday. The offering recipient on July 5 is Cycles for Change.

Welcome to Unity: Our Class for Newcomers

Sunday, July 26: 11:30 a.m.-12:45 p.m. ~ also offered ~

Sunday, August 30: 11:30 a.m.-12:45 p.m.

If you have been visiting and would like to find out more about Unitarian Universalism and Unity Church. Sign up at the Welcome table after the service or by email to lisa@unityunitarian.org.

Heart to Heart: A Couples' Enrichment Weekend

Friday, November 6, to Sunday, November 8, 2015

Koinonia Retreat Center • Annandale, MN

Heart to Heart is a program led by three experienced couples and is designed to enrich communication and intimacy in your relationship. All committed couples are welcome — same-sex and opposite-sex, married and unmarried. More information is available online at <http://heart.mn.cx> or by calling 651-300-4119.

Church Photo Directory Team Now Forming

If you are interested in helping to coordinate the publication of a church photo directory this fall, please contact Martha Tilton at martha@unityunitarian.org or 651-228-1456 x105.

	<p>Writers & Artists! Submit your work to: Cairns <i>The Unity Church Journal of the Arts Vol. 7</i> Early consideration deadline: June 15 Final Deadline: October 1, 2015</p>
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