

# This Week at Unity Church

June 17–23, 2018

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Finding Yourself at Unity

### Topic: Membership 101 and Congregational Life

Finding Yourself at Unity meets on Sunday mornings, from 11:15 a.m.-12:15 p.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Drop in any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

## Meet the Parish Hall Artist

Our featured artist for June, Lorelee Wederstrom, will be available in the Parish Hall after the service today. Stop by her table to see more of her work and perhaps make a purchase.

## Minnesota Poor People's Campaign

### Confronting the Distorted Moral Narrative:

### Beloved Community Means No Police

### Monday, June 18 • 4:00 p.m. • The People's Plaza

In August, Minneapolis Mayor Jacob Frey will propose his budget for 2019, and he has indicated that he will add more funding for the Minneapolis Police Department to add more cops. Join the Minnesota Poor People's Campaign for its final action in 40 days and tell Mayor Frey and the Minneapolis City Council to invest in creative alternatives that truly protect our beloved community. Come hear from clergy, representatives of communities most impacted by militarized policing, and advocates for more humane and loving alternatives. The People's Plaza is located between Minneapolis City Hall and the Hennepin County Government Center. Details: [www.mnpoorpeoplescampaign.org](http://www.mnpoorpeoplescampaign.org)

## Summer Solstice Sadhana with Elen Bahr

### Thursday, June 21 • 7:30-9:00 p.m. • Unity Church

Celebrate the light! The summer solstice is a beautiful time to celebrate the activating energy of the sun and recognize the bounty of all we have individually and collectively manifested. In this class we will embark on a ritualized journey that may include intention setting, breath exercises, chanting, slow flowing yoga postures, meditation, visualization, and deep relaxation. All levels of practice are welcome; please bring a journal and pen.

## Chalice Circles begin again in September! Sign up today!

Chalice Circles are small groups of 8-10 participants who come together with a trained leader, once a month from September–June, to nurture spiritual growth in community. At the beginning of each month, participants receive materials based upon the monthly worship theme. From these materials, each participant chooses one spiritual exercise and a deep question to sit with for the course of the month. At the end of the month, participants gather with their group to share their experiences. Sign up online at [www.unityunitarian.org/chalice-circles.html](http://www.unityunitarian.org/chalice-circles.html) or in person at the Chalice Circles table in the Parish Hall today.

## Pride Parade! March with MUUSJA

Minnesota Unitarian Universalist Social Justice Alliance will be hosting the UU delegation in this year's Ashley Rukes Pride Parade, taking place at 11:00 a.m. on Sunday, June 24. People of all ages are warmly invited to join. Get dressed up in your most fabulous gear, bring a sign or a drum or a bubble wand, and join the group to proclaim Unitarian Universalism's message of love and affirmation for *all* people! Please contact Pastor Danny Givens at [danny.givens@muusja.org](mailto:danny.givens@muusja.org) if you want to participate.

## Are you deeply committed to the life of the church?

### Apply to be a Unity Church Trustee!

Past Trustees reflection on their Board service:

"The work that trustees do is ABSOLUTELY NECESSARY to ensure that we make progress toward a world where each individual has dignity and worth. It was hard work and it was very rewarding."

"Since my time on the board, my commitment to Unity Church has strengthened. I now feel a deeper appreciation for our achievements and the life-changing impacts we are able to make on an almost routine basis."

"Serving on Unity's Board of Trustees means you care deeply about your church community, the church's standing in the community, what the church does for the community."

The Unity Church Board of Trustees is accepting applications for three, three-year terms that will begin in November. If you're interested in serving on the Board at this pivotal moment in the church's history, please visit [www.unityunitarian.org/board-of-trustees.html](http://www.unityunitarian.org/board-of-trustees.html) where you will find a job description and application. The deadline to apply is July 13. Questions? Contact Bailey Webster at [webst176@umn.edu](mailto:webst176@umn.edu).

## Summer Sundays Pancake Brunch

### July 15 and August 19 • Following the 10:00 a.m. service!

Join us for a pancake brunch after Sunday worship. We'll have fresh pancakes, real maple syrup, sausages, juice, coffee, and more! Want to help flip pancakes? Contact Madeline Summers, Volunteer Coordinator, at [madeline@unityunitarian.org](mailto:madeline@unityunitarian.org).

## This Week in Religious Education

**Summer in the Garden is held today during the 10:00 a.m. service**, and continues throughout summer. Great for children ages 4-12. Meet in the outdoor garden, next to the Sanctuary. No registration is necessary but drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, please contact KP Hong at [kp@unityunitarian.org](mailto:kp@unityunitarian.org). Regular nursery care for younger children continues throughout summer.

**Looking for COA Mentors and Teachers:** Interested in listening and sharing with others about the faith journey? Can you be yourself, open and honest around teenagers? Please consider being a teacher or mentor for COA for the 2018-19 year. If you are interested in learning more, contact Drew Danielson at [drew@unityunitarian.org](mailto:drew@unityunitarian.org).

### R.E. Enrollment sessions for 2018-19 will be offered:

Sunday, June 24 • 11:30 a.m.-12:45 p.m. • Foote Room

Sunday, July 15 • 11:30 a.m.-12:45 p.m. • Foote Room

Sessions include enrollment for OWL and COA. Childcare provided. Questions? Email [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org).

## Summer Fun for Children and Youth at Unity Church

### Openings are still available during all four weeks!

### Chalice Camp: July 9-13 and July 16-20

Explore UU history, personal identity, and beloved community.

### New this year! Chalice Kids: July 23-27 and July 30-August 3

Chalice Kids is a drop in program for kids and youth.

Programs run Monday-Friday, 8:30 a.m.-5:30 p.m.

Details at [www.unityunitarian.org/chalice-camp.html](http://www.unityunitarian.org/chalice-camp.html).

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## This Week at Unity Church

### Sunday, June 17

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|----------------------------------|--------------------------|
| New Member Reception             | 11:15 a.m., Center Room  |
| Afterthoughts                    | 11:15 a.m., Gannett Room |
| Finding Yourself at Unity        | 11:15 a.m., Ames Chapel  |
| Above Every Name Worship Service | 1:00 p.m., Sanctuary     |

### Monday, June 18

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|------------------------|-------------------------|
| Men's Retirement Group | 1:00 p.m., Gannett Room |
| Circle of Peace        | 5:15 p.m., Center Room  |

### Tuesday, June 19

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| Sangha Meditation Group | 5:30 p.m., Ames Chapel  |
| Living with Grief Group | 7:00 p.m., Gannett Room |

### Thursday, June 21

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|-------------------------------------|-----------------------------|
| Pastoral Care Team                  | 9:00 a.m., Anderson Library |
| Caregivers Support Group            | Noon, Anderson Library      |
| A New Look at the Bible             | 7:00 p.m., Center Room      |
| Racial and Restorative Justice Team | 6:00 p.m., Robbins Parlor   |
| Young Adult Group                   | 6:30 p.m., Center Room      |
| Textile Arts Group                  | 7:00 p.m., DeCramer Room    |
| Solstice Sadhana                    | 7:30 p.m., Foote Room       |

### Friday, June 22

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| Hazel Dicken Memorial Service | 2:00 p.m., Sanctuary |
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## Our Whole Lives Parent Summer Book Club

This group is open to all adults, but geared towards parents, and will touch on communicating with your children about sex and sexuality. Discussions, led by Jamie Bosc, will center on the topics covered in the book for each month. Contact Jamie with questions at [bosc.jamie@gmail.com](mailto:bosc.jamie@gmail.com). The group meets on the following Tuesdays, from 7:00-8:30 p.m.

June 26 • *For Goodness Sex* by Al Vernacchio

July 24 • *Girls and Sex* by Peggy Orenstein

August 21 • *Come As You Are* by Emily Nagoski

## Racial Justice Movie Night: *Black Panther*

Friday, July 13 • 7:00 p.m. • Robbins Parlor

*An ongoing film series to further our growth in the understanding and challenging of white supremacy and structural racism. Popcorn will be served and there will be time for conversation.*

After the death of his father, T'Challa returns home to the African nation of Wakanda to take his rightful place as king. When a powerful enemy suddenly reappears, T'Challa's mettle as king — and as Black Panther — gets tested when he's drawn into a conflict that puts the fate of Wakanda and the entire world at risk.

## Take Unity Church Out to the Ball Game

Saint Paul Saints vs. Wichita Wingnuts

Wednesday, July 25 • 7:05 p.m. • CHS Field

Join other Unity Church members and friends at CHS Field! We have pre-purchased a block of seats together at \$14 per ticket. You can reserve your tickets at the Summer Opportunities Table in Parish Hall or by contacting Rev. Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org) or 651-228-1456 x107. RSVP by June 30.

## Save the Date: American Red Cross Blood Drive

Tuesday, July 31 • 1:00-7:00 p.m. • Parish Hall

Unity Church will be hosting a blood drive for the American Red Cross this summer. Watch for information about scheduling a donation appointment online. Interested in volunteering or helping organize? Contact Rev. Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org).

Sunday, June 24 • 10:00 a.m.

## *The Freedom of Belonging*

It is easy to shy away from commitment and call it freedom. But there is a difference between freedom from and freedom to. True belonging invites us into discipleship not to a person, though the teacher may well embody the teachings, but to the teachings themselves. What does discipleship look like in our religious community? What kind of freedom is born of true belonging? Rev. Rob Eller-Isaacs and Rev. KP Hong will offer the service. Musicians: Tesfa Wondemagegnehu, voice; Ruth Palmer, piano.

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On June 10, \$1,395.70 was collected in the Sunday offering. Unity Church Chalice Camp will receive a donation of \$976.99. Information about today's offering recipient, Vivienne's Joy Foundation, is available in your order of service. On June 24 the offering recipient is Pu Taw Memorial Junior College.

## Mentoring at Unity: A Path to Deeper Connection

Unity Church has a mentor program available to all visitors and new members. A mentor serves as a guide and a resource in the congregation. They pledge to meet at least once a month face to face, and be available for ongoing questions and advice for at least six months. If you have questions, or would like to request a mentor, please stop by the Welcome Table in the Parish Hall or email Rev. Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org).

## Summer Musicians

If you are interested in participating as a musician during a summer service, please contact Kathleen Bartholomay at [kathleenbartholomay297@gmail.com](mailto:kathleenbartholomay297@gmail.com) or 651-343-4764.

## Flowers for Summer Worship

If you would like to bring flowers from your garden for a summer service, please contact Martha Tilton at 651-228-1456 x105 or [martha@unityunitarian.org](mailto:martha@unityunitarian.org) to choose a date.

## Food Shelf Collection

Bring non-perishable food and hygiene items to Unity Church and help feed hungry people in our community through Evergreen Quilters' partnership with Hallie Q. Brown Food Shelf. Wicker collection trunks are located at the Portland and Holly entrances.

## Merging of Waters Worship Service

Be sure to collect water from your journeys (or backyard!) this summer for our annual Merging of Waters ritual service which will be held on Sunday, September 9.

## Look Who's Sharing Art

The watercolor of "Rembrandt's Tulips" was painted by Laurel Lein's mom, Betty Hardacker, sometime in the 1980s. Betty loved doing botanical artwork and these spring flowers with variations of color delighted her the most. It has hung on different walls of the Lein's house for years, even though Betty was never quite satisfied with it! Laurel says, "We love it!"

## Unity libraries are open all summer!

Visit the Anderson Adult Library and the Whitman Children's Library to pick up some great summer reads!

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: SAVE THE DATE!  
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: **Unity Church Silent and Live Auction: November 3, 2018** :  
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