

This Week at Unity Church

June 10-16, 2018

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Finding Yourself at Unity: Q & A with Rev. Rob Eller-Isaacs

Finding Yourself at Unity meets on Sunday mornings, from 11:15 a.m.-12:15 p.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Drop in any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

Volunteer: 2018 St. Paul Freedom School

Summertime offers the opportunity to volunteer at St Paul Public School's Freedom School, a learning and cultural enrichment program for children in the neighborhood. Many Unity Church members and friends have helped in summers past by sorting books and serving as aides in reading and math. The term is June 18 to July 27, at Capitol Hill Magnet school, in the Rondo Education Center. You can choose to help the whole term or part of it. For more information, stop by the Freedom School table in the Parish Hall today or contact Jane Thomson at thoms028@tc.umn.edu.

Weekly Rally and Action: Minnesota Poor People's Campaign Monday, June 11 • 2:00 p.m. • Minnesota State Capitol

A rally for a living wage and economic justice. All working Minnesotans deserve a living wage. But with minimum wage stuck far below the cost of living, thousands of Minnesotans are working full time and still fighting to make ends meet. That is why Saint Paul workers are organizing to raise the minimum wage to \$15. Join in solidarity with low-wage workers to stand up for a \$15 minimum wage. Details: www.mnpoorpeoplescampaign.org

Robin DiAngelo and Resmaa Menakem

Experiencing the Racial Body and Mind

Friday-Saturday, June 15-16 • Unity Church

Resmaa Menakem and Robin DiAngelo will co-lead this rare opportunity to address both sides of the "dance" of racism. Together Resmaa and Robin will connect the mind and the body within the system of white supremacy and offer a map for healing. Register online at www.unityunitarian.org. Cost: \$50-\$150 sliding scale fee, lunch included.

Summer Solstice Sadhana with Elen Bahr

Thursday, June 21 • 7:30-9:00 p.m. • Unity Church

Celebrate the light! The summer solstice is a beautiful time to celebrate the activating energy of the sun and recognize the bounty of all we have individually and collectively manifested. In this class we will embark on a ritualized journey that may include intention setting, breath exercises, chanting, slow flowing yoga postures, meditation, visualization, and deep relaxation. All levels of practice are welcome and supported; please bring a journal and pen.

One Voice Mixed Chorus: Roots & Wings

Saturday, June 23 • 7:30 p.m. • Sunday, June 24 • 3:30 p.m.

Ordway Concert Hall • Tickets: www.ovmc.org

Join One Voice Mixed Chorus on LGBT Pride Weekend to celebrate 30 years of One Voice! Roots & Wings reflects on where OVMC has journeyed in their 30 years and honors the resilience of the LGBT and allied community.

Unity libraries are open all summer!

Visit the Anderson Adult Library and the Whitman Children's Library to pick up some great summer reads!

Are you deeply committed to the life of the church?

Apply to be a Unity Church Trustee!

Past Trustees reflection on their Board service:

"The work that trustees do is ABSOLUTELY NECESSARY to ensure that we make progress toward a world where each individual has dignity and worth. It was hard work and it was very rewarding."

"Since my time on the board, my commitment to Unity Church has strengthened. I now feel a deeper appreciation for our achievements and the life-changing impacts we are able to make on an almost routine basis."

"Serving on Unity's Board of Trustees means you care deeply about your church community, the church's standing in the community, what the church does for the community."

The Unity Church Board of Trustees is accepting applications for three, three-year terms that will begin in November. If you're interested in serving on the Board at this pivotal moment in the church's history, please visit www.unityunitarian.org/board-of-trustees.html where you will find a job description and application.

Questions? Contact Bailey Webster at webst176@umn.edu.

This Week in Religious Education

Summer in the Garden is held today during the 10:00 a.m. service,

and continues throughout summer. Great for children ages 4-12. Meet in the outdoor garden, next to the Sanctuary. No registration is necessary but drop-in capacity will be limited by the number of adult volunteers present. If you would like to help, please contact Anna Newton at asnewton3@gmail.com or KP Hong at kp@unityunitarian.org. Regular nursery care for younger children continues throughout summer.

Orientation session for the 2018-19 Coming of Age class:

Wednesday, June 13 • 7:00-8:15 p.m.

All parents and youth should attend an orientation session. For further information, contact drew@unityunitarian.org.

Looking for COA Mentors and Teachers: Interested in listening and sharing with others about the faith journey? Can you be yourself, open and honest around teenagers? Please consider being a teacher or mentor for COA for the 2018-19 year. If you are interested in learning more, contact Drew Danielson at drew@unityunitarian.org.

R.E. Enrollment sessions for 2018-19 will be offered:

Sunday, June 24 • 11:30 a.m.-12:45 p.m. • Foote Room

Sunday, July 15 • 11:30 a.m.-12:45 p.m. • Foote Room

Sessions include enrollment for OWL and COA. Childcare provided. Questions? Email michelle@unityunitarian.org.

Summer Fun for Children and Youth at Unity Church

Openings are still available during all four weeks!

Chalice Camp: July 9-13 and July 16-20

Explore UU history, personal identity, and beloved community.

New this year! Chalice Kids: July 23-27 and July 30-August 3

Chalice Kids is a drop in program for kids and youth.

Programs run Monday-Friday, 830 a.m.-5:30 p.m.

Details at www.unityunitarian.org/chalice-camp.html.

This Week at Unity Church

Sunday, June 10

Afterthoughts 11:15 a.m., Gannett Room
Finding Yourself at Unity 11:15 a.m., Ames Chapel
Above Every Name Worship Service 1:00 p.m., Sanctuary

Tuesday, June 12

Sangha Meditation Group 5:30 p.m., Ames Chapel
Unity Book Club 7:00 p.m., Robbins Parlor

Wednesday, June 13

Board of Trustees 6:00 p.m., Anderson Library

Thursday, June 14

Women in Retirement: The Choice Years 1:00 p.m., Center Room
A New Look at the Bible 7:00 p.m., Center Room

Friday, June 15

Resmaa Menakem and Robin DiAngelo 7:00 p.m., Sanctuary

Saturday, June 16

Resmaa Menakem and Robin DiAngelo 9:30 a.m., Sanctuary

Pride Parade! March with MUUSJA

Like they do every year, Minnesota Unitarian Universalist Social Justice Alliance (MUUSJA) will be hosting the UU delegation in this year's Ashley Rukes Pride Parade, taking place at 11:00 a.m. on Sunday, June 24. They have spots for 50 marchers, and people of all ages are warmly invited to join. Get dressed up in your most fabulous gear, bring a sign or a drum or a bubble wand, and join us to proclaim Unitarian Universalism's message of love and affirmation for *all* people! If you are interested in joining MUUSJA at Pride Parade, please contact Pastor Danny Givens, Statewide Organizer, at danny.givens@muusja.org.

Our Whole Lives Parent Summer Book Club

This group is open to all adults, but geared towards parents, and will touch on communicating with your children about sex and sexuality. Discussions, led by Jamie Bosc, will center on the topics covered in the book for each month. Contact Jamie with questions at bosc.jamie@gmail.com. The group meets on the following Tuesdays, from 7:00-8:30 p.m.

June 26 • *For Goodness Sex* by Al Vernacchio
July 24 • *Girls and Sex* by Peggy Orenstein
August 21 • *Come As You Are* by Emily Nagoski

Take Unity Church Out to the Ball Game

Saint Paul Saints vs. Wichita Wingnuts

Wednesday, July 25 • 7:05 p.m. • CHS Field

Join other Unity Church members and friends at CHS Field! We have pre-purchased a block of seats together at \$14 per ticket. You can reserve your tickets at the Summer Opportunities Table in Parish Hall or by contacting Rev. Lisa Friedman at lisa@unityunitarian.org or 651-228-1456 x107. RSVP by June 30.

Save the Date: American Red Cross Blood Drive

Tuesday, July 31 • 1:00-7:00 p.m. • Parish Hall

Unity Church will be hosting a blood drive for the American Red Cross this summer. Watch for information about scheduling a donation appointment online. Interested in volunteering or helping organize? Contact Rev. Lisa Friedman at lisa@unityunitarian.org.

Flowers for Summer Worship

If you would like to bring flowers from your garden for a summer service, please contact Martha Tilton at 651-228-1456 x105 or martha@unityunitarian.org to choose a date.

Sunday, June 17 • 10:00 a.m. • *Longing to Belong*

Poet John O' Donohue explains that the word belonging holds together the two fundamental aspects of life: being and longing. Belonging is deep, only in the superficial sense does it refer to our external attachment to people, places, and things, rather it is the living and passionate presence of the soul. Join ministerial intern Andrea Johnson and Rev. Lisa Friedman as we explore our longing to belong. Musicians: Dan Schwartz, guitar; Ruth Palmer, piano.

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On June 3, \$1681.50 was collected in the Sunday offering. Faith Builders Habitat for Humanity will receive a donation of \$1,177.05. Information about today's offering recipient, Unity Church Chalice Camp, is available in your order of service. On June 17 the offering recipient is Vivienne's Joy Foundation.

Summer Musicians

If you are interested in participating as a musician during a summer service, please contact Kathleen Bartholomay at kathleenbartholomay297@gmail.com or 651-343-4764.

June Parish Hall Artist

Native Minnesotan Lorelee Wederstrom has lived on and around water all her life. In her Parish Hall exhibit "From the Land of Sky Blue Waters" Lorelee demonstrates her deep connection to this life giving source through photographs and verse.

Look Who's Sharing Art

The watercolor of "Rembrandt's Tulips" was painted by Laurel Lein's mom, Betty Hardacker, sometime in the 1980s. Betty loved doing botanical artwork and these spring flowers with variations of color delighted her the most. It has hung on different walls of the Lein's house for years, even though Betty was never quite satisfied with it! Laurel says, "We love it!"

Mentoring at Unity: A Path to Deeper Connection

Unity Church has a mentor program available to all visitors and new members. A mentor serves as a guide and a resource in the congregation. They pledge to meet at least once a month face to face, and be available for ongoing questions and advice for at least six months. If you have questions, or would like to request a mentor, please stop by the Welcome Table in the Parish Hall or email Rev. Lisa Friedman at lisa@unityunitarian.org.

Summer Sundays Pancake Brunch

July 15 and August 19 • Following the 10:00 a.m. service!

Join us for a pancake brunch after Sunday worship. We'll have fresh pancakes, real maple syrup, sausages, juice, coffee, and more! Want to help flip pancakes? Contact Madeline Summers, Volunteer Coordinator, at madeline@unityunitarian.org.

Food Shelf Collection

Bring non-perishable food and hygiene items to Unity Church and help feed hungry people in our community through Evergreen Quilters' partnership with Hallie Q. Brown Food Shelf. Wicker collection trunks are located at the Portland and Holly entrances.

Merging of Waters Worship Service

Be sure to collect water from your journeys (or backyard!) this summer for our annual Merging of Waters ritual service which will be held on Sunday, September 9.

• Unity Church Silent and Live Auction: November 3, 2018 •