

This Week at Unity Church

April 24-30, 2016

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Arthur Foote

Music Sunday

How Can We Keep from Singing?

MAY 1ST 2016 **9 AM 11 AM** **4:30 PM** *Sanctuary at Unity Church*

Children's Choir → Unity Singers → Women's Ensemble → Unity Choir

Community Sing beginning at 8:45, 10:45, and 4:15

Join us before each service for a 15 minute Community Sing led by Tesfa Wondemagegnehu
MPR Manager of Choral Activities and Sing to Inspire



Unity Church 2016 Congregational Survey

The 2016 congregational survey (<http://bit.ly/ucusurvey2016>) is online and waiting for you! This is your chance — and responsibility — to let your Board of Trustees know how you feel about this religious community, the work we are doing, and its impact in your life and the lives of others. The survey is our board's primary tool to measure our progress regarding our mission and our collective vision. We need to hear from everyone! Fill out the survey online in Parish Hall after each service, or pick up a paper copy. The deadline is May 2.

Project Home needs volunteers for 24 more shifts in May!

Today is the last day the Project Home team will be answering questions and registering volunteers in the Parish Hall — homeless families with children will be arriving next week. We are especially in need of volunteers who can sleep over at the church (this shift goes from 8:00 p.m. until 7:00 a.m. the next morning (9:00 a.m. on weekends). Please stop by our table and talk to us — we're conveniently located across from the donuts! You can also sign up online at <http://bit.ly/projecthome2016>. Project Home training will also be held today! At 10:10 a.m., join us for a basic training that covers who our guests are and what to expect when you volunteer. At 12:10 p.m., join us for an advanced training that will provide insight into difficult situations that may occur during a project home shift. Check at the Project Home table in the Parish Hall to find out where the trainings will be held.

This Week in Religious Education

We celebrate Coming of Age Sunday today at all three services, with all Junior High youth in the main sanctuary for worship, especially at 4:30 if possible. COA youth, teachers, mentors, and families will be in attendance at the 4:30 service. Rotations and Spirit Play children stay with their regular schedules.

R.E. Enrollment for 2016-17 for spring has concluded, but families who missed can enroll at either of the next two sessions: Sunday, July 17, at 11:30 a.m. or Wednesday, September 7, at 6:30 p.m. To RSVP, please email michelle@unityunitarian.org

Foote Music Sunday is May 1 and all grade school children ("Rotations") who normally begin in the Sanctuary at 11:00 a.m. will instead begin their morning attending children's worship in the Ames Chapel.

Spirit Play (ages 3-5): Children live into this season of renewal and change with the timely story of Passover (Pesach) that celebrates the deliverance of the Jewish people from slavery in Egypt: What is Passover? How do special foods remind us of important moments in our lives? How is freedom important to us? Please wonder with your children.

Rotations (grades 1-6): Children continue with their final unit for the year on "Endings" and how grief is an important part of the process of healing from loss. Parents are asked to attend the concluding class, when children will hold a practice memorial service, Sunday May 8.

Junior High (grades 6-8): Youth are in the Sanctuary for full COA worship today, in place of regular classes.

Tower Club: High school youth have no regular meeting but will attend the COA service at 4:30 p.m.



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ARTS & TREASURES

Art, jewelry and musical instrument sale

SATURDAY MAY 7, 1-5 PM

Unity Church-Unitarian

Free mini-concert
Kids' activity table
Checks, credit or cash
Proceeds support Unity Church

Do you adore estate sales?
Are you looking for a unique Mother's Day gift?
Itching to learn to play an instrument?
If so, mark your calendar!

Every style and price range of jewelry
Paintings, drawings, prints, and ceramics
Clarinets, flutes, and an antique Martin ukulele

This Week at Unity Church

Sunday, April 24

Women's Ensemble Rehearsal	10:00 a.m., Foote Room
Children's Choir Rehearsal	10:15 a.m., Robbins Parlor
Afterthoughts	10:15 a.m., Gannett Room
Finding Yourself at Unity	10:15 a.m., Ames Chapel
Soup Supper	5:45 p.m., Parish Hall

Monday, April 25

Mary Reed Memorial Service	10:30 a.m., Sanctuary
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Tuesday, April 26

Sangha Meditation Group	5:30 p.m., Ames Chapel
Young Adult Potluck	6:30 p.m., Center Room
Unity Singers	7:00 p.m., Parish Hall

Wednesday, April 27

Wellspring Wednesday	See box below
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Thursday, April 28

Women in Retirement: The Choice Years	1:00 p.m., Center Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

Saturday, April 30

Parents Night Out	6:00 p.m., Children's Library
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Call for Parish Hall Artists • Deadline: April 30

The Unity Church Art Team is now accepting applications for Parish Hall exhibits beginning in October 2016. Information and an application are online at <http://bit.ly/unityart2016>.

Wellspring Wednesday, April 27

6:00 p.m. Dinner: *Pulled pork sandwiches, salad, dessert.*
Gluten free and vegan options available. Cost: \$7/adult, \$4/child (age 5-12), \$2/child (age 2-4), \$20/family

6:45 p.m. Worship service in the Ames Chapel

7:10 p.m. Programs and Childcare

Vaccines: Doubts, Debates, Facts, and Decisions

Patsy Stinchfield, Director of Infection Prevention, Children's Hospitals of Minnesota and Don Brunnquell, Clinical Faculty, University of Minnesota Center for Bioethics

Patsy is a national expert on vaccine and infection prevention who will bring her knowledge of the questions families raise and the studies that relate to those questions. Don brings his years of hospital bioethics experience and working with families who are skeptical of vaccines. We'll engage a full discussion of your concerns. We'll also touch on vaccines for adults (infection prevention protects both ourselves and our children!)

Meeting this World of Fear with Compassion — Ken Ford

For what reason would we spend a portion of our precious time exploring the inner landscape in silence? For what reason would we make the effort to develop the skill of meditation or the art of mindful presence? Mindfulness can chip away at the rigid boundaries that define this small world of self, the boundaries that allow us to forget that the "other" we meet is, in fact our own life. Mindfully present, we recognize in the other the anxiety and the fragile joy that we know so well as our own and we can offer the gift of compassion. Join us for an exploration of this inner work of meditation and mindfulness and for an introduction to the Unity Church Tuesday evening meditation group.

Learn and Play Go, the Chinese Board Game

Embodied Spiritual Practice: Therapeutic Yoga

Tween Group (grades 5-8)

Worship: Sunday, May 1

Arthur Foote Music Sunday: *How Can We Keep from Singing?*

Children's Choir, Unity Singers, Women's Ensemble, Unity Choir

Sunday, May 1 • During services at 9:00, 11:00, 4:30

SPECIAL ALERT! Come 15 minutes early to each service (8:45, 10:45, and 4:15) for a Community Sing led by Tesfa Wondemagegnehu, MPR Manager of Choral Activities and Sing to Inspire. We are delighted to have Tesfa as our guest. You can count on his exciting presence and talent inspiring our music of the day!

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the Community Outreach Ministry at Unity Church and seventy percent is given to a chosen community non-profit recipient. **Please make checks payable to Unity Church.** On April 17, Unity Church collected \$2885.88 in the Sunday offering. The Hallman Ministerial Intern Fund will receive the entire amount. Information about today's offering recipient, United Theological School Scholarship Fund, is available in your order of service. The offering recipient on May 1 is the Arthur Foote Music Fund.

Finding Yourself at Unity comes to Sunday!

New this spring, *Finding Yourself at Unity* is coming to Sunday mornings from 10:15-11:15 a.m. in the Ames Chapel, just up the staircase from the Parish Hall. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously throughout the year. It is designed for you to drop in at any time and pick up missed classes during future rounds of the series. **Today's topic: Social Justice and Community Outreach.** *Join us!*

Sew Many Colors Quilt Show in the Parish Hall

Evergreen Quilters art show/silent auction/raffle, *Sew Many Colors*, comes to an end at 12:30 p.m. today! Make a bid and buy your raffle tickets before it's too late! All proceeds are donated to three local non-profit organizations: Sharing Korner Food Shelf, The Family Place (a day shelter), and Jeremiah Program, a transitional housing program for women with children. Thank you for your generosity!

Young Adult Group (ages 18-35)

The Young Adult group is growing! Join us on Tuesday, April 26, for a 6:30 p.m. potluck at the church. All are welcome! Contact Lisa Friedman (lisa@unityunitarian.org) to be added to the email list.

The Ordination of Lindasusan Ulrich

The Ordination of 2014-15 Unity Church Hallman Ministerial Intern Lindasusan Ulrich will be held at 3:00 p.m. on May 7 at the First Unitarian Universalist Church of Ann Arbor. Members and friends of Unity Church are warmly invited to attend.

Thursday Morning Gardening Group

If you would like to help with the care and the maintenance of Unity's decorative gardens (not the Children's Garden), please join us this summer! Beginning in May, the group will gather at church at 9:30 a.m. on Thursday mornings to plant, weed, and water Unity's garden beds. Bring light gardening tools if you have them, gloves, and a water bottle. Questions? Please contact Ethel Griggs at 651-429-0064 or c.griggs@comcast.net.

UUA General Assembly: June 22-26, 2016

General Assembly is the annual meeting of our Unitarian Universalist Association. Attendees worship, witness, learn, connect, and make policy for the Association through democratic process. Anyone may attend; each congregation sends voting delegates. Details at www.uua.org/ga. Contact Lisa Friedman (lisa@unityunitarian.org), if you are interested in representing Unity Church as a delegate.