

# This Week at Unity Church

April 22-28, 2018

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Finding Yourself at Unity: Worship & the Liturgical Year

Finding Yourself at Unity meets on Sunday mornings, from 10:15-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously during the year. Drop in any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

## Forward Global Women Presents: Huda Abuarquob

**Today • 10:15-11:00 a.m. • Center Room**

Huda Abuarquob is the Regional Director of the Alliance for Middle East Peace for the Middle East and North Africa Region. She is an avid peace activist involved with Women Wage Peace. Huda will discuss women's peace movements in Israel and Palestine, including her involvement with Women Wage Peace. Senator Sandy Pappas, President of Forward Global Women, will talk about the non-profit she co-founded.

## Project Home at Unity Church

Project Home is one small but important way Unity Church members can help families struggling with homelessness. With the help of 150 volunteers Unity Church houses parents and children from The Family Place, a day shelter in St. Paul. **Help us fill the last few shifts before May 1!** Sign up online at <http://bit.ly/ucprojecthome2018> or after morning services at the Project Home table. If you have already signed up, orientation sessions (tour of the physical space, learn about what you do on each shift, ask questions) will be held on:

- Wednesday, April 25 • 7:10 p.m. • Whitman Lobby, lower level
- Sunday, May 6 • 10:15 a.m. • Whitman Lobby, lower level

## Once in a Blue Moon Show, Auction, Sale, and Raffle

Purchase \$2 raffle tickets for "Blue Moon," the beautiful raffle quilt hanging in the main lobby. In the Parish Hall, quilters can also help you bid on all the creative, one of a kind quilted wall-hangings and small quilts displayed there. Thinking of Mother's Day gifts? Check out the Buy-It-Now items on Evergreen's table. One hundred percent of the money raised from the sale, raffle tickets, and silent auction goes to local organizations serving hungry and homeless people in St. Paul. Bidding ends, and the winning raffle ticket will be drawn, at 12:30 p.m. on Sunday, April 29.

## Unitarian Universalist History 101

**Sundays, April 22-29, May 6 & 20 • 12:30-1:30 p.m. • Robbins Parlor**  
Rev. Lisa Friedman teaches this six-session introduction to concepts and people from UU history. Drop-ins are welcome!

## Coming of Age 2018!

The entire congregation is warmly invited to witness the Coming of Age of this year's ninth grade class on Saturday, April 28, at 2:30 p.m., in the Sanctuary. Come and listen in amazement as our young people share their personal credos, bravely laying out the beliefs of their hearts and minds for all to hear.

## Boston Pilgrimage: October 17-22, 2018

Janne and Rob Eller-Isaacs will lead a pilgrimage to the Unitarian Universalist homelands of New England. Visit Plimouth Plantation, wander the streets and back lanes of Boston and Concord, and explore the historical roots of our faith and our democracy. Interested? Email Song Thao at [song@unityunitarian.org](mailto:song@unityunitarian.org). The trip will cost between \$1400-\$1800, exclusive of airfare.

*Hope is a choice that becomes spiritual muscle memory,  
a renewable resource for moving through life as it is,  
not as we wish it to be. — Krista Tippett*

## Arthur Foote Music Sunday

**May 6: Hope as Practice**

**Services at 9:00 AM, 11:00 AM, and 4:30 PM**

Unity Choir • Unity Singers • Women's Ensemble  
Children's Choir • Laura Sewell, cello

## Call for Parish Hall Artists

The Unity Church Art Team is now seeking artists to exhibit in the Parish Hall gallery during the 2018-19 church year. The application deadline is May 1. More information and the application form can be found online at [www.unityunitarian.org/parish-hall-artists](http://www.unityunitarian.org/parish-hall-artists).

## This Week in Religious Education

R.E. Enrollment for 2018-19 will be offered again during summer for families who missed April sessions:

- Sunday, June 24 • 11:30 a.m.-12:45 p.m. • Foote Room
- Sunday, July 15 • 11:30 a.m.-12:45 p.m. • Foote Room

These sessions include enrollment for OWL and COA. Childcare is provided. If your family is unable to participate in these sessions, please contact Michelle Mecey at [michelle@unityunitarian.org](mailto:michelle@unityunitarian.org).

Coming of Age Sunday is April 29. All junior high youth are asked to attend the 4:30 p.m. COA service in place of regular classes.

**Spirit Play (ages 3-6):** Children live into this season of spring's renewal by wondering together about the human life cycle: Why don't people come into the world already grown up? How do we know if we are growing? How do our bodies know how to grow? Please wonder together with your children about their sacred play.

**Rotations (grades 1-6):** Children continue their journey exploring the year's final theme, "Endings." Please take a moment to stay connected with your child's Journey Guide.

**Junior High (grades 6-8):** Youth continue classes today, through four courses offered this semester.

**Tweens (grades 5-7):** Regular tween meetings continue April 25, building relationships and community.

**Our Whole Lives** meets Wednesday, April 25, with focus on "sexual decision making part 2." OWL is a sexuality and spirituality program typically for grades 8-9.

**Coming of Age** meets today for class closure at 4:30 p.m. and 5:45 p.m. ceremony rehearsal with mentors and agers. COA is a signature spiritual growth program typically for 9th graders.

**Tower Club:** Senior high youth meet tonight to reflect on "coming of age" now as senior youth, and readying to welcome and support 9th graders into Tower Club. Tower Club is a gathering place for 10th-12th graders to enjoy community and share life at the intersection between the world and faith. Lots of fun and food, typically Sunday evenings from 6:00-8:15 p.m.

## This Week at Unity Church

### Sunday, April 22

Forward Global Women Presentation	10:15 a.m., Center Room
Afterthoughts	10:15 a.m., Gannett Room
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Children's Choir Rehearsal	10:15 a.m., Robbins Parlor
Finding Yourself At Unity	10:15 a.m., Ames Chapel
Sustainable Living Team	10:15 a.m., DeCramer Room
UU History 101	12:30 p.m., Robbins Parlor
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
COA Rehearsal	5:45 p.m., Sanctuary
Tower Club	6:00 p.m., Center Room

### Monday, April 23

Men's Retirement Group	1:00 p.m., Robbins Parlor
Circle of Peace	5:15 p.m., Center Room
Affordable Housing Team	6:00 p.m., Gannett Room

### Tuesday, April 24

Sangha Meditation Group	5:30 p.m., Ames Chapel
Unity Singers Rehearsal	7:30 p.m., Parish Hall

### Wednesday, April 25

Wellspring Wednesday	See box below
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### Thursday, April 26

Women in Retirement: The Choice Years	1:00 p.m., Center Room
Young Adults Group	7:30 p.m., Center Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

### Saturday, April 28

Women's Ensemble Rehearsal	9:30 a.m., Foote Room
Kung Fu	10:00 a.m., Body Room
Coming of Age Ceremony	2:00 p.m., Sanctuary

## Wellspring Wednesday, April 25

**6:00 p.m. Dinner:** *Pizza Party! Pizza, salad, ice cream, and fun!*

*\$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family*

**6:45 p.m. Worship service in the Ames Chapel**

**7:10 p.m. Programs and Childcare**

### Introduction to Religious Naturalism

Religious Naturalism is a perspective that regards nature as both exhaustive of reality and worthy of deep reverence, devotion, thanksgiving, and praise. It is an exciting liberal theological view that can overcome the tired conflict between science and religion; atheism and theism. Come learn how you might practice this way of being religious. Led by ministerial intern Andrea Johnson.

### Drones 101 with Women Against Military Madness

*Drones 101* is a video presentation with live narration that was created by Women Against Military Madness. This presentation is designed to help people understand how drone technology has changed the way in which we wage war, the innocent lives lost all across the Middle East, the psychological damage inflicted on drone pilots, and the worsening reputation of the U.S. around the world because of our use of drones. There will be a parallel activity offered for younger children where participants will be provided small flyable kites to personalize and decorate.

### Follow up to Congregational Read: *My Grandmother's Hands*

Arif Mamdani and Janne Eller-Isaacs present the exercises included in *My Grandmother's Hands*.

### Above Every Name Soul Session: A Journey Through Scripture

### Embodied Spiritual Practice: Yoga

### Learn and Play Go, A Chinese Board Game

### Tween Group: Grades 5-7, meet after chapel in jr. high room

## Sunday, April 29 • *Coming of Age*

Services at 9:00 a.m., 11:00 a.m., 4:30 p.m.

Coming of Age Sunday celebrates the signature year-long journey of our ninth grade youth, transitioning from the inherited faith of childhood to the adult journey of faith, and marked by youth sharing their statement of faith or credo. COA youth, mentors, and families will be present at the 4:30 p.m. service, while all services will include a collage of voices, with religious education staff and ministers leading in joyful celebration. Musician: Ellis, voice and guitar.

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. Information about today's offering recipient, St. Paul Freedom School, is available in your order of service. On April 29 the offering recipient is Children's Law Center Minnesota.

## East Parking Lot Reserved

On Sundays, the small parking lot on the east side of the church is now reserved for people needing handicapped, assisted, reserved, or electrical vehicle parking.

## Youth Late-Night LGBTQ+ Celebration

Friday, May 11 • 6:00-10:00 p.m. • Unity Church

Join us for a queer/trans web series, music, snacks, and a super chill time. Intended for ages 13-17. Email Ray Hommeyer at [ray@unityunitarian.org](mailto:ray@unityunitarian.org) to sign up.

## Unity's First Queer Retreat

Saturday, May 12 • 4:00-9:00 p.m. • Unity Church

For all those who identify under the queer and/or trans umbrella — especially for people who don't fit into the gender binary. Optional offerings include meditation, dance, art, and community building. There will be food and space to relax. We are asking for a suggested donation, but no queer and trans folk will be turned away! Sign up online at [www.unityunitarian.org/lgbtq.html](http://www.unityunitarian.org/lgbtq.html) by Friday, May 4. Questions? Contact Ray Hommeyer at [ray@unityunitarian.org](mailto:ray@unityunitarian.org).

## Minnesota Climate Forum

Friday, April 27 • 10:00 a.m.-4:30 p.m.

Mayo Memorial Auditorium, Minneapolis

A day of experts discussing climate change responses and opportunities from public and private sectors. Anyone interested in the intersection of public and private efforts to address climate change is invited. Details at <http://bit.ly/mnclimate>.

## Robin DiAngelo and Resmaa Menakem

### *Experiencing the Racial Body and Mind*

Friday-Saturday, June 15-16 • Unity Church

Resmaa Menakem and Robin DiAngelo will co-lead this rare opportunity to address both sides of the "dance" of racism. Together Resmaa and Robin will connect the mind and the body within the system of white supremacy and offer a map for healing. Register online at [www.unityunitarian.org](http://www.unityunitarian.org) beginning April 30. Cost: \$50-\$150 sliding scale fee, lunch included. Child care available by request to [ray@unityunitarian.org](mailto:ray@unityunitarian.org).

## Summer Fun for Children and Youth at Unity Church

Chalice Camp: July 9-13 and July 16-20

Explore UU history, personal identity, and beloved community.

**New this year! Chalice Kids: July 23-27 and July 30-August 3**

Chalice Kids is a drop in program for kids and youth.

Register at [www.unityunitarian.org/chalice-camp.html](http://www.unityunitarian.org/chalice-camp.html).

Both programs are for kids and youth entering grades K-8 in 2018.