

# This Week at Unity Church

March 26–April 1, 2017

**Welcome visitors!** After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

## Finding Yourself at Unity: An Inquirers Series • Today!

### Topic: Worship and the Liturgical Year

Finding Yourself at Unity meets on Sunday mornings from 10:15-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously through the year. Drop in at any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

## March Parish Hall Artists

This Sunday is the last to view Peggy Wright's and Katherine Simon Frank's exhibit "Perspectives on Nature." You can see it through Wednesday, March 28. Peggy Wright, a freelance editor and writer as well as visual artist, has been making art since 2008. She paints with thread on her hand-painted, hand-dyed, and monoprinted fabric. Kathie Simon Frank worked with students at the U of M until she took early retirement in 2001 to pursue her love of making landscapes and nature scenes with fabric.

## Young Adult Group

The Young Adult group is growing! Join us on Tuesday, March 28, for a 6:30 p.m. potluck in the Center Room. All are welcome! Contact Nic Cable at [nic@unityunitarian.org](mailto:nic@unityunitarian.org) to be added to the email list to receive Young Adult news and announcements.

## A Good Time for the Truth

### Reading, Writing and Talking about Race

**Wednesdays, March 29 and April 5 • 7:00-8:30 p.m. • Unity Church**

*A Good Time for the Truth* presents sixteen of Minnesota's best writers, exploring and exposing their lived realities as people of color. Their essays will deepen readers' understanding of race and inspire reflection and writing on their own experiences.

**March 29:** Discussion with editor and poet Sun Yung Shin

**April 5:** Guided writing session on race and whiteness led by literary minister Karen Hering

Copies of *A Good Time for the Truth* are available at the Bookstall. Email [karen@unityunitarian.org](mailto:karen@unityunitarian.org) if you plan to attend.

## Maundy Thursday Worship Service

**Thursday, April 13 • 7:00 p.m. • Ames Chapel**

Please join us for a service of ritual and community, sharing in traditional holy week practices of Eucharist and Foot Washing. In the Memorialist tradition, we join to remember the life and teachings of Jesus of Nazareth, which include welcoming all people to a meal of love, giving thanks for the gifts of life, and serving each other in humility.

## Unity's Book Sale HAS BEEN RESCHEDULED for APRIL 22-23

Donate used books, CDs, games, and software for our annual High School Book Sale. Please bring good quality fiction and non-fiction books, CDs, DVDs, and games to the Foote Room now through April 21. Please no VHS tapes, reference books, mildewed books or textbooks. Come, see, and share what community members have been reading and support our high school Tower Club in this effort to raise funds for their Boston pilgrimage.

## 2017 Chalice Camp • Fun! Friends! Church!

All kids going into first through eighth grades are invited to sign up as campers: [www.unityunitarian.org/chalice-camp.html](http://www.unityunitarian.org/chalice-camp.html). Scholarships and staff applications are available by emailing [chalicecamp@unityunitarian.org](mailto:chalicecamp@unityunitarian.org).

## Open Call to Read, Sing, and/or Play at



**Poetry and Music Salon  
April 7, 2017 ★ 7:00 pm**

**Contact us:  
[library@unityunitarian.org](mailto:library@unityunitarian.org)  
Space is limited. Contact us ASAP.**

## This Week in Religious Education

Today is Story Sunday with grade school Rotations children and Junior High youth in the Sanctuary for worship. Rotations children will be blessed out after the Story for All Ages, while Junior High youth remain for the full service as part of their growing practice of worship. Spirit Play children should go directly to their classrooms.

**Religious Education Enrollment for 2017-18** will be held on Wednesday, April 19, 7:00-8:30 p.m., and Saturday, April 22, 10:00 a.m.-12:00 p.m. These in-person sessions will orient parents about volunteer roles, provide updates and the opportunity to share in community conversation, and offer instructions for enrolling children in next year's Religious Education. Childcare provided. Watch for further information.

**Spirit Play (ages 3-6):** Children continue into this season of spring and life's renewal by considering the life cycle of a frog. How does a tadpole know when it's time to become a frog? How might the tadpole feel about losing its tale? How might the frog think about change? What changes more, a frog or a child? Please wonder together with your children about their sacred play.

**Rotations (grades 1-6):** In classrooms downstairs, youth continue their journey as a community of faith, exploring the theme "Endings."

**Junior High (grades 6-8):** On Story Sundays, youth are in the sanctuary for full worship in place of classes, as part of their growing practice of worship at the center of congregational life.

**Tweens (grades 5-7)** meet this Wednesday, March 29, at 7:15 p.m., in the Body Room.

**Our Whole Lives** concludes March 29 with a potluck celebration and closing ceremony. OWL is a sexuality and spirituality program for grades 8-9.

**Coming of Age** meets today with youth in writing workshop as part of developing their Credo.

**Tower Club:** High school youth meet with a focus on spiritual practices of discernment. Lots of fun and food, too! Sunday evenings from 6:00-8:15 p.m.

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## This Week at Unity Church

### Sunday, March 26

Children's Choir Rehearsal 10:15 a.m., Robbins Parlor  
Women's Ensemble Rehearsal 10:15 a.m., Foote Room  
Afterthoughts 10:15 a.m., Gannett Room  
Finding Yourself at Unity 10:15 a.m., Ames Chapel  
Above Every Name Worship Service 1:00 p.m., Sanctuary  
*Above Every Name Ministries warmly welcomes members and friends of Unity Church for an inclusive Communion during their weekly worship service today.*

Soup Supper 5:45 p.m., Parish Hall  
Naomi Shihab Nye Event (tickets required) 7:00 p.m., Sanctuary

### Monday, March 27

Men's Retirement Group 1:00 p.m., Gannett Room  
Affordable Housing Team 6:00 p.m., Gannett Room

### Tuesday, March 28

Sangha Meditation Group 5:30 p.m., Ames Chapel  
Young Adult Potluck 6:30 p.m., Center Room  
Unity Singers Rehearsal 7:30 p.m., Parish Hall

### Wednesday, March 29

Wellspring Wednesday 6:00 p.m., See box below

### Thursday, March 30

Unity Choir Rehearsal 7:30 p.m., Parish Hall

### Saturday, April 1

Kung Fu Class 10:00 a.m., Body Room

*Still Point, a weekly opportunity for quiet reflection, was put in place in the wake of the election. We are discontinuing it at this time and encourage you to take advantage of the many other opportunities for worship, reflection, and meditation here at Unity Church.*

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## Call for Parish Hall Artists

The Unity Church Art Team has opened applications for artists to exhibit in the Parish Hall gallery. The deadline for application is May 1. More information and the application form can be found at: [www.unityunitarian.org/parish-hall-artists](http://www.unityunitarian.org/parish-hall-artists).

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### Wellspring Wednesday, March 29

**6:00 p.m. Dinner:** (Libya) Curried chicken legs, pickled carrot salad, Boosla (chickpeas and onion), rice. Vegan, vegetarian, GF options available. Cost: \$7/adult, \$4/child (age 5-12), \$2/child (age 2-4), \$20/family

**6:45 p.m. Worship service in the Ames Chapel**

**7:10 p.m. Programs and Childcare**

**Reading, comments, and book discussion with *A Good Time for the Truth* anthology editor and poet Sun Yung Shin**

The second offering of this three-part series will share insights from the book's editor, Sun Yung Shin.

**Welcome to Unity**

If you have been visiting Unity Church and would like to find out more about Unitarian Universalism and our congregation, we invite you to join us for a Welcome to Unity class.

**Yoga Movement and Mindfulness: Ishvara Pranidhana**

The practice of Ishvara Pranidhana, surrender, means if we are able to completely surrender our individual ego identities to our higher self, we will attain the identity of the Divine. Come contemplate that sense of harmony.

**Learn and Play Go: A Chinese Board Game**

**Tween Group**

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## Sunday, April 2: *Whose Are We?*

**9:00 a.m. • 11:00 a.m. • 4:30 p.m.**

Having wrestled with the concept of sin, we turn our attention to what redeems us. Rev. Janne Eller-Isaacs and worship associate Rochelle Lockridge will explore the spiritual lessons of interdependence and the process of redemption. Musicians: Laura Sewell, cello; Unity Singers (9:00/11:00); Unity Choir (4:30).

## Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On March 19, \$2,618.33 was collected in the Sunday offering. SELF International will receive a donation of \$1,832.83. Information about today's offering recipient, Minnesota Prison Writing Project, is available in your order of worship. On April 2 the offering recipient is AGAPE High School.

## LGBTQ+ Community and Support Group

**Sunday, April 2 • 12:30 p.m. • Robbins Parlor**

**No meeting on Easter Sunday, April 16**

A place for you to come and be in community with other LGBTQ people, wherever you are in your journey. Questions? Contact Jamie Bosc at [bosc.jamie@gmail.com](mailto:bosc.jamie@gmail.com).

## Recovery Ministry

**Tuesday, April 4 • 5:00-6:30 p.m. • Gannett Room**

A monthly gathering of sharing poetry, readings, and our own stories. This group is for anyone who self identifies as being in recovery. Questions? Contact Jessica Clay at [jessica@unityunitarian.org](mailto:jessica@unityunitarian.org).

## Your Unitarian Universalist Elevator Speech

**Sundays, April 9, 23, and 30 • 12:30-1:30 p.m.**

Do you ever wish you could explain Unitarian Universalism in the time it takes to ride an elevator? Would you like to increase your confidence in talking about your church and your faith? Join us for this three-session class where we will write and practice our elevator speeches. Sign up in the Parish Hall on Sundays or email Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org).

## Meet and Greet: Jeanne Pupke, Candidate for UUA President

**Saturday, April 15 • 1:30-3:30 p.m. • Parish Hall**

This June at General Assembly, Unitarian Universalists will elect a new president of the Unitarian Universalist Association (UUA). There are three candidates this year and on April 15 the Rev. Jeanne Pupke will visit Unity Church for a meet and greet. If you would like to meet Jeanne or find out more about the UUA and General Assembly, please join us!

## Mentoring Program at Unity Church

If you are new(ish) to Unity Church and would like someone to answer questions you have about the community and its many programs, to help you find your way into deeper involvement with the congregation, or to get to you know you and perhaps join you at activities here... Then you may want a mentor! We have trained mentors waiting to be matched with someone new to the community. Contact Lisa Friedman at [lisa@unityunitarian.org](mailto:lisa@unityunitarian.org) or 651-228-1456 x107 to learn about being matched with a mentor.

*Of all the things that exist, we breathe and wake and turn it into song.— Mark Nepo*

## Arthur Foote Music Sunday • May 7, 2017

**9:00 a.m. • 11:00 a.m. • 4:30 p.m.**

With special guest, Dale Warland!

Children's Choir, Unity Singers, Women's Ensemble, Unity Choir