

This Week at Unity Church

February 11-17, 2018

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Help Map Unity's Future

Today is your last chance to be part of *Mapping Our Future*, Unity's Ends renewal process. In a small group participants will share stories about Unity Church and their wishes for its future, and imagine the difference Unity Church could make in people's lives if the group's most desired wishes came true. The final session is today, from 12:30-3:30 p.m., in the Center Room. Space is available and walk-ins are welcome



Buy a Pie for Pi Day!

Stop by Unity's Rainbow Chalice Alliance table in the Parish Hall today and order a delicious blueberry, apple, or French silk pie. Pies will be available for pick-up on Sunday, March 11, after each service. Your pie purchases help fund local LGBTQA events for youth. Want to help bake? Contact Elizabeth Giffin at egiffin19@yahoo.com. Thank you!

Finding Yourself at Unity: *Worship and the Liturgical Year*

Finding Yourself at Unity meets on Sunday mornings, from 10:15-11:15 a.m., in the Ames Chapel. Designed for visitors, new members, and inquirers, this eight-week series is offered continuously through the year. Drop in any time and pick up classes you miss in future rounds of the series. Childcare is available in the nursery.

Finding Yourself at Unity is also offered in a one-session all-inclusive format on Saturday, February 24, from 9:00 a.m. to noon. Email lisa@unityunitarian.org to sign up.

Unity Church Men's Retreat

Building Heart Connections • Saturday, February 17 • Unity Church
This retreat is open to all individuals who identify as male. The retreat will explore the emotional and spiritual aspects of building and maintaining relationships, with a morning keynote by Jose Santos, Assistant Professor of Anthropology at Metropolitan State University. Visit the Parish Hall today to get more details or sign up online at www.unityunitarian.org.

Join a Welcome Team! Come to Welcome Team Training!

We are looking for 30 generous souls to join our Welcome Teams for Sunday services. It is a great way to meet new people and make a positive impact at Unity Church. The Welcome Team commitment is 1.5 hours per month. Interested? Attend the Welcome Team Training on Tuesday, February 20, from 6:30-8:30 p.m. To RSVP please email madeline@unityunitarian.org.

Gun Sense Ministry Team

Protect Minnesota Lobby and Rally Day

Join Unity's Gun Sense Ministry team on Thursday, February 22, at the Minnesota State Capitol for Protect Minnesota Lobby Day and Rally. Groups will lobby legislators from 10:00 a.m.–2:00 p.m., with a rally in the rotunda at 2:00 p.m. For information about joining Unity's Gun Sense Ministry Team, supporting the work of the team, or attending lobby day, please visit the Gun Sense table in the Parish Hall or contact Sue Conner at sue.conner@comcast.net.

February Parish Hall Art Exhibit

Tom McGregor displays examples of plein air — creating a work of art outside. The term plein air, is a French expression meaning "open air," and is used colloquially by the French for camping and outdoor sports.

The 2018 Unity Congregation Book Read



My Grandmother's Hands Racialized Trauma and the Pathway to Mending Our Hearts and Bodies

- Read: January and February
- Discuss: Feb. 28 or March 4
- Meet the Author: Spring 2018

Available in the Bookstall and Anderson Library

The 29th Annual Unity Church Children's Musical Presents CLOSE TO HOME

March 1 and 2 at 7:00 p.m.

March 3 at 5:00 p.m.

Tickets on sale in the Parish Hall today!
\$5/child • \$10/adult • \$20/family



This Week in Religious Education

Today is Story Sunday with grade school Rotations children and junior high youth in the Sanctuary for worship. Rotations children will be blessed out after the Story for All Ages, while junior high youth remain for the full service as part of their growing practice of worship. Spirit Play children should go directly to their classrooms.

No classes next Sunday, February 18, given Presidents' Day weekend. Children may worship together with their families in the Sanctuary or join in community activities downstairs. Nursery care is always available. Regular classes resume February 25.

Spirit Play (ages 3-6): Children in Spirit Play hear stories about how Families All Matter, a three-Sunday series that explores how families come in diverse forms and expressions. How is your family alike/different from other families? How is church like a family? How do families show love? Please wonder together with your children about their sacred play.

Rotations (grades 1-6): Children first begin in the Sanctuary for Story Sunday; then in classrooms downstairs they continue their faith journey exploring the theme "The Sacred Within." Please take a moment to greet Journey Guides.

Junior High (grades 6-8): On Story Sundays, youth are in the Sanctuary for worship in place of regular classes as part of their growing practice of worship at the center of congregational life. Regular classes resume February 25.

Tweens (grades 5-7): Tweens meet February 14 for game night.

Our Whole Lives is off February 14 and resumes February 21.

Coming of Age meets with continuing focus on "The Sacred." COA is a spiritual growth program typically for 9th graders.

Tower Club: Senior High youth meet tonight to celebrate Valentine's Day, prepare care packages, and ready for upcoming Youth Con, February 17-18. Tower Club is a gathering place for 10th-12th graders on Sunday evenings from 6:00-8:15 p.m.

This Week at Unity Church

Sunday, February 11

Afterthoughts	10:15 a.m., Gannett Room
Women's Ensemble Rehearsal	10:15 a.m., Foote Room
Children's Choir Rehearsal	10:15 a.m., Robbins Parlor
Finding Yourself At Unity	10:15 a.m., Ames Chapel
Ends Renewal Session	12:30 p.m., Center Room
Partner Church Team	12:30 p.m., Anderson Library
Above Every Name Worship Service	1:00 p.m., Sanctuary
Soup Supper	5:45 p.m., Parish Hall
Tower Club	6:00 p.m., Center Room

Monday, February 12

Men's Retirement Group	1:00 p.m., Gannett Room
Circle of Peace	5:15 p.m., Center Room

Tuesday, February 13

Sangha Meditation Group	5:30 p.m., Ames Chapel
Sustainable Living Team	7:00 p.m., Center Room
Unity Book Club	7:00 p.m., Robbins Parlor
Board of Trustees	7:15 p.m., Anderson Library
Unity Singers Rehearsal	7:30 p.m., Foote Room

Wednesday, February 14

Wellspring Wednesday	See box below
Mano a Mano Team	7:00 p.m., Art Room

Thursday, February 15

Pastoral Care Team	9:00 a.m., Anderson Library
Caregivers Support Group	Noon, Anderson Library
Racial and Restorative Justice Team	7:00 p.m., Robbins Parlor
Textile Arts Group	7:00 p.m., Crothers Room
Unity Choir Rehearsal	7:30 p.m., Parish Hall

Saturday, February 17

Men's Retreat	8:30 a.m., Parish Hall
Kung Fu	10:00 a.m., Body Room

Wellspring Wednesday, February 14

6:00 p.m. *Dinner: Chicken shawarma, salad, chocolate dipped strawberries. Kid-friendly, vegetarian and gluten free options available. Cost: \$7/adult, \$4/child (5-12), \$2/child (2-4), \$20/family*

6:45 p.m. Worship service in the Ames Chapel

7:10 p.m. Programs and Childcare

Universalism and the Challenge of Seeing Difference

Universalism has long championed the love of God and salvation for all people. Through the years, this message of universal love also led to proclaiming our universal humanity. But in light of Unity's anti-racism work in seeing the racialized water in which we swim, are there parts of our Universalist theology that need to be revisited? Join Rev. Lisa Friedman in considering the call of love in our faith today.

#MeToo Follow up Discussions

You are invited to participate in facilitated conversations about the #MeToo movement. Female identified group, male identified group, and gender nonconforming groups will all be available.

Family Game Night

All are welcome — fun and games led by Drew Danielson.

Spiritual Practice Class: Mindful Walking and Eating

Embodied Spiritual Practice: Yoga

Above Every Name Soul Session: A Journey Through Scripture

Learn and Play Go, A Chinese Board Game

Tween Group: Grades 5-7

Sunday, February 18

Worn Out Phrases and Longing Gazes

In his 1995 best seller, *The Five Love Languages*, psychotherapist Gary Chapman posits that human beings have a variety of ways we use to show love. What are Unity Church's love languages? Rev. Rob Eller-Isaacs and worship associate Heidi Huelster will ask how we might just win each other's hearts. Musicians: Unity Choir and Unity Singers (9:00/11:00), and "The Four" (4:30).

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the operating budget at Unity Church and seventy percent is given to a chosen community non-profit recipient. Please make checks payable to Unity Church. On February 4, \$2,215.02 was collected during the offering. The Tanbara Memorial Scholarship Fund will receive a donation of \$1,550.51. Information about today's offering recipient, Exodus Lending, is available in your order of service. On February 18 the offering recipient is I AM Resources.

Unity libraries are open every Sunday!

Stop by the Anderson Adult Library on the upper level, and the Whitman Children's Library on the lower level, to check out some of the amazing books available to the congregation.

Unity Book Club

Tuesday, February 13 • 7:00-8:30 p.m. • Robbins Parlor

Unity's Book Club will discuss *Half of a Yellow Sun* by Chimamanda Ngozi Adichie. All are welcome — even if you haven't read the book!

Textile Arts Group

Thursday, February 15 • 7:00-8:30 p.m. • Crothers Room

All ages and levels of experience are welcome! Bring your knitting, crocheting, tatting, embroidery, needlepoint, and cross stitch.

Call for Parish Hall Artists

The Unity Church Art Team is now seeking artists to exhibit in the Parish Hall gallery during the 2018-19 church year. The application deadline is May 1. More information and the application form can be found online at www.unityunitarian.org/parish-hall-artists.

Art Share: Look Who's Sharing

A painting titled "Jazz Quartet," created by Don's uncle, is being shown by Don Lorr and Elizabeth Giffin.

Parish Hall Window

It is still a blank space, but obviously something is happening and it will be a beautiful improvement!

Serve on the Summit-University Planning Council

Unity Church holds an organizational seat on the Summit-University Planning Council. A member of the congregation is needed to represent Unity Church at monthly board meetings and to contribute volunteer time to one of the council's committees. You do not need to live in the Summit-U neighborhood! Interested in learning about this volunteer position? Contact Martha Tilton at martha@unityunitarian.org or 651-228-1456 x105.

Heart to Heart: Couples Enrichment Weekend

March 16-18, 2018

Heart to Heart is a retreat for all committed couples, married or unmarried, straight or queer. It is designed to enrich intimacy in your relationship by emphasizing personal reflection and communication. The retreat is held at the Koinonia Retreat Center in South Haven, MN. The cost, including housing and meals, is \$425, per couple. (Limited partial scholarships are available.) Details and registration are online at www.hearttoheartmn.org.