



This Week at Unity Church

July 10–16, 2011

Welcome visitors! After the service today, please stop by the Welcome Table in the Parish Hall to introduce yourself and learn more about Unity Church.

Footnote Sunday CDs

Footnote Sunday CDs are available to be picked up in the Music Office for all those who ordered and purchased one.

Summer Welcome Teams

Welcome Team members are desperately needed for July 24 and 31. Team members are also still needed for Sundays in August. No experience is necessary. Choose a Sunday and email Julie at julieh@unityunitarian.org or call 651-228-1456 x.110.

Welcome to Unity: A Class for Newcomers

Today and August 14 • 11:00 a.m.-12:30 p.m.

This class is geared to newcomers, visitors, and those seeking to learn more about Unitarian Universalism and Unity Church. To sign up please visit the Welcome Table in the Parish Hall following the service or email julieh@unityunitarian.org.

Come Join us on the Faith Float in the Rondo Days Parade

Saturday, July 16 • 9:30 a.m.

Meet at St. Peter Claver Church: 375 North Oxford Street

Again this year Unity's Racial Justice Ministry Team is sponsoring the Faith Float for Rondo Days parade. We bring together singers from a variety of churches across the Rondo neighborhood to entertain parade watchers from the back of a flatbed truck. To join the singing troupe, you can simply show up at the parade site or you can attend our "Rehearsal-Reception" at which we enjoy fellowship and practice our musical selections. The Rehearsal-Reception will be held at Morning Star Baptist, 739 Selby on Monday, July 11, at 7:00 p.m. For more information contact Pat Haff at the Church Office (pat@unityunitarian.org).

Parking Alert!!

The north parking lot behind Obama School will be under construction through August 19 this summer. Please find alternative places to park.

Unity Sangha

Tuesdays • 5:30 - 6:30 p.m. • Robbins Parlor

Find renewal and grounding in the practice of Zen meditation. Come to learn and enjoy the support of others in the quiet effort to uncover the mind of clarity and peace. People at any level of experience are welcome. Please arrive on time. Newcomers are encouraged to arrive 10 minutes early and are welcome to contact lay teacher Ken Ford at 612-701-0841 or kford5@comcast.net with questions.

Unity Church Book Club

Everyone is welcome — even if you haven't read the book!

The Unity Church Book Club will meet from 7:00-8:30 p.m. on Tuesday, July 12. The Book Club will be discussing *This Child Will Be Great: Memoir of a Remarkable Life by Africa's First Woman President* by Ellen Johnson Sirleaf. On August 9 they will discuss *The Spanish Bow* by Andromeda Romano-Lax.

Whole Farm Coop

Buy meat, cheese, produce and more from local, sustainable farms and pick it up at Unity Church! Order from www.wholefarmcoop.com or call 320-732-3023 by Wednesday, July 13. Orders will be delivered to Unity Church on Wednesday, July 20.

Boston Pilgrimage: October 26–30, 2011

You are invited to join our ministers for a pilgrimage to the Unitarian Universalist holy sites! We'll visit Plimouth Plantation, Harvard Divinity School, the Oracles of Concord, Walden Pond and the historic churches of Boston. The approximate cost will be \$1200 exclusive of airfare. If you are interested in participating in this pilgrimage, please contact Song Thao at the Church Office (song@unityunitarian.org) to have your name added to the list.

New Orleans Pilgrimage: November 6-12, 2011

The sixth annual Unity Church Pilgrimage to New Orleans will take place from November 6-12, 2011. Watch for more information in the August and September newsletters or contact Pat Haff by email at pat@unityunitarian.org.

Flowers for Summer Worship

If you would like to bring flowers from your garden for a 10:00 a.m. summer worship service, please contact Julie at the Church Office at julieh@unityunitarian.org. The flowers need to be arranged in a vase and placed in the chancel by 9:15 a.m. on the Sunday you select. You may take the flowers home after the service.

Remember Merging of Waters!

Remember to bring back water from your summer travels (or backyard!) for our ritual Merging of Waters on September 11!

Ministry with Children and Youth

Summer Sundays in the Garden

Children attending the 10:00 a.m. summer services with their families are invited to join us for our Summer Gardening program each Sunday. Volunteer teachers will help kids ages 4-12 tend our vegetable and flower gardens out in the Greenspace. The beautiful blooms and healthy produce are given to clients of the Summit University Living At Home Block Nurse program. No registration is necessary. Please make sure your child has sunblock on and is signed in each Sunday in the Yellow Hallway downstairs.

Missed Religious Education Registration?

Save the Date: September 7, 2011

If your family missed our four Spring sessions of registration for Religious Education (R.E.) 2011-12, please plan on joining us for the September session on Wednesday, September 7, at 7:00 p.m. Many classes and volunteer roles have already been filled, so please come with an open mind and flexible spirit. R.E. begins on Sunday, September 18, 2011.

This Week at Unity Church

Sunday, July 10

Afterthoughts 11:00 a.m., Robbins Parlor
Welcome to Unity Class 11:00 a.m., Center Room

Monday, July 11

Arts Camp 8:00 a.m., Parish Hall
Job Transitions/Networking Group 9:30 a.m., Anderson Library
Grandparents Unitots Playgroup 9:30 a.m., Nursery
Men's Retirement Group 1:00 p.m., Gannett Room

Tuesday, July 12

Arts Camp 8:00 a.m., Parish Hall
Unity Sangha Meditation Group 5:30 p.m., Robbins Parlor
Evergreen Quilters 7:00 p.m., Anderson Library

Wednesday, July 13

Arts Camp 8:00 a.m., Parish Hall
Interweave Team 7:10 p.m., Robbins Parlor

Thursday, July 14

Arts Camp 8:00 a.m., Parish Hall
A New Look at the Bible 7:00 p.m., Center Room

Friday, July 15

Arts Camp 8:00 a.m., Parish Hall
Unitots Playgroup 9:00 a.m., Nursery
Janis Shearer and Johannas Frazier Wedding Ceremony 4:00 p.m., Sanctuary

You Can Make a Difference

Welcome an AFS exchange student into your family.

Hosting an AFS student will open up your world to new cultures and experiences. AFS Intercultural Programs is looking for families in the Twin Cities area to host an Exchange Student for the 2011-2012 school year. Students arrive in mid-August 2011 and stay through June 2012. There is great need for homes for students on the YES program which was established by Congress to build positive and lasting bridges between the United States and different Muslim communities around the world. By connecting lives and sharing cultures, AFS host families are building a more just and peaceful world. For more information, contact Jeff Wallner at 651-328-2938 or jwallner@afs.org.

Pastoral Care / Embracing Meditation

In the months of July and August, if you have pastoral needs and/or would like something mentioned in the Sunday Embracing Meditation, these are the best ways to communicate with the church:

- **For embracing meditation:** Send an e-mail message to Barbara Hubbard (barbarah@unityunitarian.org), Leon Dunkley (leon@unityunitarian.org), **and** Pat Haff (pat@unityunitarian.org)
- Call the church and speak with a staff member or leave a message at the front desk phone (extension 108)
- Fill out the Pastoral Care/Embracing Meditation form found on line at:
<http://www.unityunitarian.org/pastoral-care.html>
- Call the **new number** for the Pastoral Care Team cell phone at 651-373-8551

Upcoming Worship Service • July 17 • 10:00 a.m.

Lessons From the Cave — Ashley Horan

There are moments when life among other people, in the midst of the often overwhelming pain of the world, becomes too much. In such times, we often retreat “into the cave,” seeking solitude and refuge and escape—a motif reflected in almost every religious tradition. In this service, join Ashley Horan and Worship Associate Bob Steller for an exploration of the depths of the cave: what sends us scurrying inside, what we may encounter within, and what might ultimately draw us back out into the world once more. Musicians: Zoey Leuthner, oboe, and Rochelle Lockridge, guitar and vocals.

July 24: Justice, Roll Like Water — Ellen Green

What's in a word? What is *justice*? Is there a synonym? Is it a system or a way of being? If so, what is your personal way of justice and how does it work in the face of conflicting systems, especially when you have one foot in each? What's the end of justice—or could be? Ellen and Worship Associate Katy Taylor will wrestle with these and other personal issues with justice. Musicians: Kathleen Bartholomay and Priscilla Morton, two-piano music.

July 31: Stay Loose — Patricia Ohmans

What could a former shoe salesman know about international diplomacy? How much can we really know about the generation that preceded us? And how responsible are we for the sins of our fathers? Patricia Ohmans examines these and other conundrums in the life of John Larson Ohmans. Musicians: Kristin Sponcia, jazz piano with Graydon Peterson, double bass.

Our Ministry of Generosity

Each Sunday, thirty percent of the offering goes to support the Community Outreach Ministry at Unity Church and seventy percent is given to the chosen community non-profit recipient. **Please make checks payable to Unity Church.**

On July 3, Unity Church collected \$589.91 in the Sunday offering. Microgrants will receive a donation of \$412.94.

Today's offering recipient, Northwest Youth and Family Services (NYFS), is a nonprofit social service and mental health agency serving residents of northern and southern Ramsey counties since 1976. Its mission is to prepare youth and families for healthy lives, touching over 4,000 individuals annually. NYFS provides a mental health outpatient clinic, several educational and support groups, and general community social service functions for several metro communities. NYFS offers one-to-one support programs for individuals in need, from mental health counseling to chore services for senior citizens who want to live independently. Unity Church members Mark and Cynthia Stange have been active in several aspects of NYFS over the years with Mark currently serving on the development committee.

The offering recipient for July 17, Project SUCCESS, is a youth-development non-profit organization that has worked with middle and high school students in St. Paul and Minneapolis over a seven year period to help them develop life skills that can transform their lives. Their philosophy is to provide a non-judgmental and supportive forum where students can speak out and be heard, where they can learn to assess themselves and their options before making decisions about their future. To date, 10,600 students have been served through programs such as school-based workshops, theater experiences, and one-on-one assistance. Unity Church members Delaney and Willie Webb have participated and benefited from Project SUCCESS programs as have other Unity Church youth.