

Standard Agenda for Covenant Groups

- **Welcome**
- **Chalice Lighting**
- **Opening Readings** [2-4 minutes]
- **Check In** [15-20 minutes; use the Chalice as a talking piece for check-in]
- **Review of Covenant** [first meeting, 15 minutes; at subsequent meetings, 2-5 minutes]
- **Deeper Listening** [0-15 minutes]
- **Centering** [3 minutes]
- **Content/Topic:**
 - **First Reading**
 - **Reflection Questions**
 - **Listening to One Another** [Total: 50-70 minutes, depending on time.]
- **Check Out** [10-15 minutes]
- **Closing Reading** [3 minutes]
- **Extinguish Chalice**
- **Business**