commUNITY

Unity Church-Unitarian fosters transformation through a free and inclusive religious community that encourages lives of integrity, service, and joy.

Vol. 49, No.12 | Unity Church–Unitarian | August 2026

Transformation Created Together

Molly Flattum, Trustee

Transformation begins within. It happens when we learn to listen — to the quiet voice of conscience, to the wisdom of those whose experiences differ from our own, and to the stillness that exists beneath the noise of everyday life. More often than not, transformation doesn't arrive in dramatic, life-altering moments. Instead, it quietly unfolds through the ordinary moments that invite us to pay attention.

This summer, our family intentionally limited the number of activities our children participated in. We hoped to create space for unstructured time together — to slow down and simply be. Of course, life had other plans. Unexpected invitations appeared, extended family trips filled the calendar, work travel interrupted routines, and suddenly those quiet evenings playing in the front yard became much harder to find.

Yet it has been in those few unscheduled moments that we've experienced the richest parts of summer. We've found ourselves joining spontaneous neighborhood four-square games, climbing trees, spending hours drawing with sidewalk chalk, and chasing fireflies as dusk settled in. In those simple moments, we naturally shared the joys and sorrows of our lives. Without planning to, we made space to listen to one another and to be fully present.

Summer also gives me an opportunity to reflect on the past year I spent teaching in the Spirit Play classroom. It's easy to imagine Spirit Play as simply a place where young children play while the adults attend worship in the Sanctuary. In reality, it is a place of deep conversation, curiosity, and connection. Together we talk honestly about what is happening in our own lives and in the wider world.

During Metro Surge, our children shared feelings of fear, sadness, and anger as they tried to make sense of the events around them. But alongside those difficult emotions was something equally powerful: a genuine desire to help. They talked about attending protests with their families, delivering food and supplies, and caring for neighbors in need. Children have an extraordinary capacity for vulnerability. They are often willing to share openly and honestly, and in doing so, they invite the rest of us to do the same.

Each Sunday in Spirit Play, we begin with our joys and sorrows ritual. Sometimes a joy is as simple as visiting a grandparent or making a new friend. A sorrow might be the loss of a beloved pet or the disappearance of a favorite stuffed animal. I've shared my own joys and sorrows, and more than once I've found myself wiping away tears. The response from the children is always the same. They offer comfort without hesitation. They hold one another — and their teachers — with remarkable empathy and compassion.

Teaching in Spirit Play has broken me open in ways I never expected. The openness and care that the children bring to one another has transformed me just as much as any sermon or adult conversation ever has. It reminds me that spiritual growth isn't reserved for a particular age or place. It happens wherever people create space to be fully seen and fully loved.

Transformation often emerges through moments of grief, joy, wonder, and struggle. Sometimes it comes through a meaningful conversation, a piece of music, a walk in nature, or an animated morning in a religious education classroom. These experiences remind us that we belong to something larger than ourselves — a community where we are invited to celebrate, grieve, question, and grow together.

Perhaps transformation isn't usually found in grand gestures. Perhaps it is built through countless small, unplanned moments: a summer evening chasing fireflies with my children, an unexpected game with neighborhood kids, or a Sunday morning spent listening to the wisdom of young people. These moments quietly reshape how we experience the world and how we show up for one another.

As we savor these final weeks of summer and prepare for a new church year, I hope to continue seeking moments of wonder that invite transformation. May we continue to seek truth with open minds, extend love with open hearts, and nurture a community where every person can grow spiritually while helping others do the same. In doing so, we discover that transformation is not simply something that happens to us — it is something we create together.

Summer Theme: Transformation

Reflect on the theme with our Spiritual Practice Packet.

Just Words

Transformation and Preparation

Rev. Dr. Oscar Sinclair, Senior Minister

Late summer is a time of preparation in my life. For the last 15 years, the rhythm of my year has been that of a Unitarian Universalist congregation — merging waters in early fall, followed by the holidays, spring, and eventually flower communion to close out the "year." Summer is a time to prep, to think about the questions that will define the coming year, where we have been as a congregation, and where we might be going together. This year, it has also been a time of preparation for Ailish and I, as we move into a new house and get ourselves settled into a new neighborhood and routine.

August is the "end of the beginning," when this liminal time of the summer starts to give way to more structured time of school and the congregational year. Liminal time is wonderful, spacious, and often transformative, but I find myself looking forward to new routines and some measure of predictability.

Our new house is in walking distance of Unity Church, so if you see me around the neighborhood say, "Hello!" One of the defining questions of *last* year came from Alisdair MacIntyre: What does it mean to create an intentional community of resilience and joy in this moment in history? I am excited, in an era of climate change and global disconnection, to ground myself in this community, to walk to work each day and to be present to the changing seasons in this little corner of Saint Paul. Octavia Butler's novel *Parable of the Sower* is famous for its opening line that "everything we touch, we change," but there is another insight that I hold close: in moments when the world is on fire and those in power pursue destruction, what will make it through is small groups of people gathered in community, planting gardens. See you in church, as we plant together.

— *Oscar*

Stay Connected

commUNITY is the monthly newsletter of Unity Church. Deadlines are the 15th of the month prior to the month of publication. Subscriptions to this monthly newsletter and our weekly e-news are available by contacting Martha at martha@unityunitarian.org. Access all the hyperlinks in the newsletter with this QR code.

Religious Education Info Sessions

Mark your calendar! Several information and orientation sessions are coming up for Religious Education families and volunteer teachers.

For New Families
Please attend one of our Religious Education New Family Orientation sessions scheduled for:

- Saturday, August 9 | Noon–1:00 p.m.
- Wednesday, September 9 | 5:30–6:30 p.m.

For Returning Families
The Stages of Faith Formation
Wednesday, August 13 | 6:00–7:30 p.m.

For New Volunteer Teachers
Orientation to Teaching in Religious Education
Tuesday, August 19 | 6:00–7:30 p.m.

For Returning Volunteer Teachers
Deepening Our Teaching Practice
Saturday, August 23 | 12:00–1:45 p.m.

Please plan to attend the session(s) that apply to you. Email nelson@unityunitarian.org to participate.

Looking for a few good things...

We're on the lookout for a few things at the church — maybe you can help? Contact the person in parentheses!

- Bookcases, particularly taller ones (Laura Park)
- Quart-sized Mason jars for pickling and canning later this summer (Heidi Birkholz)
- 9" square cake pans (Heidi Birkholz)
- Kitchen appliances ((Heidi Birkholz: please vet them with Heidi before you bring them)
- Graphic artist (Laura Park)

Unity Church Ends Statements

We the people of Unity Church- Unitarian, grounded in a joyous vision of beloved community, within, among, and beyond ourselves,

- understand the interconnected roots of oppression and yoke ourselves to the demands, sacrifices, and hard work of antiracism, multiculturalism, and climate and economic justice;
- cultivate a multigenerational community of joy, care, and belonging, and evangelize love to meet the deep and abiding hunger in all of us;
- practice lifelong faith formation, grounded in Unitarian Universalist theology, that breaks us open and allows us to be transformed.

Sunday Services

Summer Sunday services, from Memorial Day weekend through Labor Day weekend, are held at 10:00 a.m., both in the Sanctuary and via livestream. Sundays in the Garden for children and youth is held during the 10:00 a.m. service.

August 2: *Moral Imagination*

Veronica Nordeng DeVillez | Dick Buggs

Come explore the prophetic and pastoral wisdom of the Harm Reduction Movement. We are in a societal crisis, when whole groups of people are redacted and fractured, reduced to behaviors and pathologies, and subsequently dehumanized. Harm Reduction theology is rooted in compassion, seeking people out, meeting them where they are, and inviting them into beloved community.

August 9

Rev. Shay MacKay | Nate Schultz

August 16: *You Believe What?*

Ollie Stocker | Anne Haley

This service explores how we develop and reassess our faith throughout our lives. How do we enrich the faith we have?

August 23: *The Valley of St. Peter*

Rev. Dr. Oscar Sinclair

In early August, two dozen Unity Church members and staff travel to Hungary and Romania where they will visit Unity's partner church in Homoródszentpéter. This Sunday we'll share stories from that trip, as well as lessons from the long relationship between Saint Paul and Transylvania.

A congregational brunch in Parish Hall will follow the service on Sunday, August 23. All are welcome!

August 30: *Bring Your Body to Church*

Betsy Hearn | Dick Buggs

An embodied spirituality views the body, emotions, primary instincts and our experiences of breakthrough, intuition and ecstasy as equal partners in spiritual practice and growth. This service will explore worship as a blend of inward devotion and outward physical participation.

Merging of Waters

Sunday, September 13

Remember to collect water this summer for our annual Merging of Waters ritual of reunion in September.

Offering Recipients

Each week, sixty percent of our Sunday offering is given to a community non-profit and forty percent supports the Community Outreach Ministry at Unity Church. Donations are gratefully accepted online at bit.ly/sundayoffering.

August 2: UU the Vote

UU the Vote, a bold initiative created by the Unitarian Universalist Association's Side With Love team, helps Unitarian Universalists bring our faith's values to life in building democracy. This offering will help Unity's UU the Vote team engage people in issue and strategy education, get-out-the-vote drives, voter protection, and more.

August 9: Access Press

The mission of Access Press is to amplify the collective voice of Minnesotans living with disabilities. Access Press is a catalyst for discussion of critical issues facing disability communities, tapping into the energy of their untiring spirit and fierce commitment of their allies. Their primary focus is on building mutually beneficial relationships with organizations and business serving persons living with disabilities. Unity Church member Brandon Miller is a board member of Access Press.

August 16: Como Connects

Staff and volunteers at Como Connects work to link older adults in the Como Park/Falcon Heights area with community resources. Their services support independence, increase opportunities for socialization and promote safety for adults as they age. This collection will support strength-building programs to promote resident safety and reduce personal injuries. Unity Church member Mary Nienaber serves on the Como Connects Board.

August 23: Homoródszentpéter Elementary School

This one room school located in Homoródszentpéter, Transylvania, the home of Unity's Partner Church, provides classes for children in grades one through four. Over 150 Unity Church members and friends have visited Transylvania during this 35-year partnership. This collection will help fund language classes, cultural enrichment, and after school programs for the elementary school child ren.

August 30: Giving Voice Initiative

Giving Voice Initiative is a local program that pairs people living with dementia and their caregivers with local choral groups. Guests and chorus members rehearse together and give several community choral concerts each year. Singing with Giving Voice provides a "resurrection" moment for folks living with dementia. This collection will provide support services for community concerts.

Welcome Words

Philippa Anastos, Membership Coordinator and Program Assistant

August has a particular quality — the pause before return. I do not hear the choirs practicing on Tuesdays and Thursdays, I do not get to see all of you on Wednesday nights, but the fall calendar is already taking shape. We have been lucky to have some wonderful visitors over these past months, and I hope you will introduce yourself as you see the new faces, and recommend your favorite programs when the church year begins! If you are new and would like suggestions of where to start in the fall, feel free to reach out to me at philippa@unityunitarian.org.

Finding Yourself at Unity

Finding Yourself at Unity: For Visitors and Inquirers
Summer Sundays | 11:15 a.m. | Center Room
Drop-ins welcome | Childcare available in the nursery
Join the repeating five-session cycle at any time.
August 2: Membership 101
August 9: Social Justice & Community Outreach
August 16: No session
August 23: Faith Formation & Religious Education
August 30: Q&A with the Minister

Summer Lectio Divina

Wednesday, August 12 | 7:10 p.m. | Zoom
Is it poetry? Is it meditation? It's a bit of both — Lectio Divina! Come experience the alchemy that occurs through focused reflection on an inspirational text. Led by Shelley Butler and Lisa Wersal; facilitated by your own heart. Register once and attend as you are able.

Spiritual Deepening: UU Wellspring

UU Wellspring is a year-long program of spiritual deepening connected to the Six Sources of our living Unitarian Universalist faith tradition. Through reading and reflection, daily spiritual practice, spiritual companionship, and small group process that holds space to hear our deepest thoughts, the UU Wellspring Sources program is a deeply meaningful way to explore what Unitarian Universalism means to you and how you want your faith to guide your life and your work for justice. The program meets every two weeks and begins with an orientation on Saturday, August 22. Please register by August 10.

Sunday Brunch

Sunday, August 23 | After the service | Parish Hall
Delicious brunch served with plenty of coffee and conversation. Donations accepted.

Fellowship Groups

Email Philippa at philippa@unityunitarian.org to learn more and get connected.

Afterthoughts: Sundays, 10:15 a.m., Middle School Room 021, to discuss the service

Caregivers Support Group: third Thursday of the month at noon, Zoom

Evergreen Quilters: second Tuesday of the month, 7:00-9:00 p.m., Anderson Library, and fourth Saturday of the month, 10:00 a.m.-noon, off-site.

Families Living with Mental Health Challenges: third Saturday of each month, 9:30-11:30 a.m., Zoom

Food Ministry: Help prepare a meal, clean the kitchen, bake pies, or do some canning and preserving. Contact Heidi Birkholz at heidi@unityunitarian.org.

Living With Grief Group: third Tuesday of the month, 7:00-8:30 p.m., Zoom

Men's Coffee Group: Wednesdays, 10:00 a.m., Center Room, for light-hearted conversation

Men's Conversation Group: Monday, August 3, 17, 31, 7:00-9:00 p.m., Zoom. Discuss a range of topics.

Men's Retirement Circle: Monday, August 10 and 24, 1:00-3:00 p.m., Robbins Parlor

New Look at the Bible meets the second Thursday of the month, 7:00 p.m., at Unity Church

Sangha Practice: Tuesdays, 4:30-6:00 p.m., Ames Chapel. This group is open to anyone interested, no experience is necessary, instructions provided. Email kp@unityunitarian.org to join the practice.

The Singing Resistance: Thursdays, 6:30-7:15 p.m., Parish Hall. Learn songs of hope and resilience to sing with the larger Singing Resistance of the Twin Cities. This group is on break until September.

Textile Arts Group: first and third Friday of the month, 9:30-11:00 a.m., Robbins Parlor, bring your knitting, stitching, etc.

Unity Book Club: second Tuesday of the month, 7:00-8:30 p.m., Zoom.
August 11: *Still Alice* by Lisa Genova
September 8: *All the Beauty in the World: The Metropolitan Museum of Art and Me* by Patrick Bringley

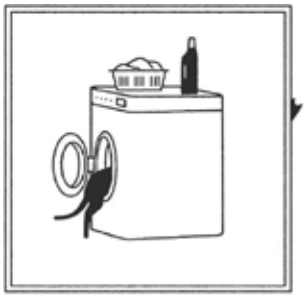
Women's Coffee Circle: first and third Saturday of each month, 10:00-11:30 a.m., Center Room

Women in Retirement: second and fourth Thursday of each month, 1:00-3:00 p.m., Center Room

Young Adult Group (ages 18-35): every other Wednesday at 7:10 p.m., Center Room. Email Rev. KP at kp@unityunitarian.org to be added to the email list.

Who Knew Fascism Could Be Fun?

Shelley Butler, Library-Bookstall Team



STAY NIMBLE AND UNPREDICTABLE

Social justice movements have always used humor to further the cause, highlight absurdities, and engage people in the issues. But, I did take pause when I saw ***Lessons From Cats for Surviving Fascism*** by Stewart Reynolds, recently delivered to the Bookstall. This bestseller has been described as "like, *On Tyranny*, but with cats." Illustrated lessons are funny but defiant, practical and subversive, and come with the advice, "Cats don't ask for permission and neither should you." In the Bookstall.

I keep hearing more and more talk around Unity Church about ***Outgrowing Modernity: Navigating Complexity, Complicity, and Collapse with Accountability and Compassion*** by Vanessa Machado de Oliveira, including in the late June sermon by Rev. Andrea La Sonde Anastos. Separability, an artificial division of humans and the natural world, is an illusion. The resulting hierarchies are part of the cultural "dis-ease" which we are encouraged to un-learn, as the first difficult step in saving the planet. This book shows us how. In the Bookstall and Anderson Library.

Coming Up (more info next month):

- The Whitman Children's Library Book Giveaway: September
- The Whitman Children's Library Grand Re-opening: September
- Justice Learning Partners/Community Outreach Ministry Team Book Read: September
- Book Reading with Rev. Diana McLean, author of *Defiantly Joyful: Unitarian Universalist LGTBQIA+ Histories*, October 21, 2026

In the meantime, enjoy the rest of summer! I'm already looking forward to the once-a-year indulgence of fried deliciousness at the Minnesota State Fair; craving Deep-Fried Tofuego Bites with pineapple and cabbage slaw at Rooted & Wild — trust me, even non-vegans will enjoy! Oh, and the annual visit to the dairy cows.

For more Minnesota State Fair recommendations or any book-related questions, please do contact the libraries or the Bookstall here: library@unityunitarian.org.

Assisting Indochinese Refugees

Archives Team: Pauline Eichten, Aubrey Lodahl, Carol Miller, Betsy Moore, Deb Woodburn

The Indochinese Refugee Assistance Project (IRAP) was started in 1982 and operated for at least 10 years. It was set up to offer direct assistance to refugees, primarily Hmong, who were displaced by the Vietnam War and its aftermath. It also aimed to educate members and friends of Unity Church about the needs and culture of the refugees and to offer opportunities to work with them individually.

Unity Church was one of many organizations that provided basic necessities such as housing, furniture, household utensils, food, and clothing. An update in1988 noted that IRAP was working with seven families. "I will never forget the vision of those downstairs Sunday school rooms just full of clothes and bedding and household goods," was a reflection from one volunteer.

There was an English language tutoring program, noted as one of the largest programs in the Twin Cities that was church-run, volunteer-staffed, and free. Several volunteers taught knitting to a group of elderly Hmong women, and the committee provided gifts to outstanding graduating Hmong high school seniors.

While confined to refugee camps in Thailand, Hmong women began to embroider "story cloths" depicting some of their experiences. IRAP sponsored the Hmong Handicraft Sale in Parish Hall, which continued for many years. These craft sales allowed Hmong artisans to earn money selling their work. Unity commissioned a banner "as a visual reminder … to learn about and better understand the people and cultures of Indochinese refugees." One large, embroidered textile is on display on the first floor. Here is one part of one section of it.

St. Paul's new mayor, Kaohly Her, was born in the mountains of Laos and came to the United States in the 1970s with her parents and two sisters after spending time in a refugee camp in Thailand. She is just one example of the over 90,000 Hmong people who reside in the Twin Cities.

For more about the history and significance of textiles in Hmong culture in this Library of Congress Blog post.

Homoródszentpéter End of School Year Celebration and August Pilgrimage

Christoph Meyer-Grimberg, Partner Church Team

In June our partner church school in Homoródszentpéter celebrated the end of the school year with a number of music and dance performances. The kids in grades one through four played locally made zithers and performed traditional fairytale and harvest songs wearing their regional costumes.

Check out a description of the performances with links to videos. They are absolutely adorable!

Unity Church has supported the village school for many years through generous donations from the congregation. We have helped the village fund an after school program and language and cultural enrichment classes, creating an attractive local school for families with young kids. This year, for example, the kids learned to play the zithers made by a local artisan shown in the videos. Please renew your support for the 2026-27 school year. The village very much appreciates our support!

In August a group of 21 pilgrims led by Rev. Dr. Oscar Sinclair and our new Community Outreach Ministry Team Manager Meleah Houseknecht will be on a two-week pilgrimage to Transylvania/Romania, where Unitarianism originated. We will travel with open mind and heart, ready to be transformed. We will form new and renew old friendships, both on the road and when the group spends a week with host families in Homoródszentpéter. Watch for a travel report in September after the group returns.

Unity Church Civil Rights Pilgrimage to Alabama

Where you see wrong or inequality or injustice, speak out, because this is your country. This is your democracy. Make it. Protect it. Pass it on.

— Thurgood Marshall

In support of Unity's Ends Statements, please join the Racial Justice Community Outreach Ministry Team for a pilgrimage to visit the heart and soul of America's Civil Rights Movement. The trip will be scheduled for May or early June of 2027. Pilgrims will meet in Birmingham on a Wednesday and visit Montgomery and Selma before departing from Birmingham on Sunday afternoon.

The Racial Justice Team will host an orientation and Q&A for anyone interested in learning more about the pilgrimage. Please mark your calendar for Wednesday, September 30, at 7:10 p.m., in the Center Room.

The pilgrimage will be led by the Living Legacy Project based in Richmond, VA. Questions? Email Clover Earl at 2clover@gmail.com.

Planting Seeds of Justice

Krista Finstad Hanson
UUSC Partner Team

The Unity Church UUSC Partner Team is working to bring a connection back to Unity Church with the Unitarian Universalist Service Committee (UUSC).

From the UUSC website: "At UUSC, we build on a rich legacy of bold action spanning more than eight decades. Across generations and continents, we have been in solidarity with communities facing oppression, centering their leadership, solutions, and visions for a liberated world."

The following text comes directly from the UUSC: UUSC Denounces Supreme Court Decisions Endangering People in Migration

"Violence, climate change, land grabs, war, and persecution force many people to leave their homes. But instead of finding safety, they face harsh immigration laws that make their journey to freedom more difficult and dehumanizing.

UUSC advocates for policies that treat people with dignity and compassion by offering spaces of welcome and strengthening access to asylum. UUSC denounces the June 25 rulings of the U.S. Supreme Court in Mullin v. Al Otro Lado and Mullin v. Doe, which represent a devastating setback for the human rights of people in migration, their families, communities, and everyone who cares about justice and equality.

In keeping with UUSC's work in solidarity with grassroots migration justice partners, two UUSC staffers recently participated in the 23rd Annual Migrant Trail Walk. The Migrant Trail is both a memorial and an act of solidarity with people in migration and the thousands who have died after crossing the border." Read a blog post about this moving experience.

Climate Citizenship in 2026

Alana Howey, Act for the Earth Team

Unity's Act for the Earth Team has been using Project Drawdown as one of our guiding models for work to impact climate change. Project Drawdown recently developed a new tool called SHIFT to help guide and prioritize a personal plan to connect with effective structural change. Using the tool, I find that I am characterized as a relatively wealthy ($38K income is in the top 10% globally), college graduate, from a liberal democracy (for now at least!). SHIFT affirmed that one of my most impactful actions is to be a climate citizen.

What does it mean to be a good citizen? A deep dive into the concept can be found in Mike Bedenbaugh's *Reviving Our Republic: 95 Theses for the Future of America* (2024). He defines citizenship: "A good citizen actively participates in the democratic process, including:

- Voting in elections, which is a key responsibility that defines citizenship
- Engaging in discussions about policies
- Contacting representatives
- Being informed about current events and American citizenship

At its core, good citizenship involves supporting and improving the community."

Beyond voting and contacting our representatives in government (more on that next month!), an important citizen action listed in the SHIFT model is to join an organization working for climate action.

What does it mean to be a climate citizen as a Unitarian Universalist at Unity Church? Article II of the UUA's Shared Values Statement (2024) includes: *With reverence for the great web of life and with humility, we acknowledge our place in it. We covenant to protect Earth and all beings from exploitation. We will create and nurture sustainable relationships of care and respect, mutuality and justice.* One of Unity's End Statements is even more explicit: *understand the interconnected roots of oppression and yoke ourselves to the demands, sacrifices, and hard work of antiracism, multiculturalism, and climate and economic justice*.

Climate action and climate justice demand accountability to each other — acknowledging our interdependence as the foundation of relationship-building across differences. Our team has chosen to follow the Rise and Repair Alliance that works at the intersection of climate and indigenous justice, as well as ISAIAH and Unidos in their promotion of clean and affordable energy for all. We have also gained more appreciation of intersectionality with the Community Outreach Team Summit meetings in which Unity's teams come together to share and learn from one another. Several joint ventures between teams have blossomed in the last several years.

This fall we hope to expand on our perspectives with a Community Outreach Ministry Team book read of Rebecca Solnit's *The Beginning Comes After the End*. This "collection of essays offers rich content to explore how everything is connected. While the white nationalist and authoritarian backlash drives individualism and isolation, this new world embraces antiracism, feminism, a more expansive understanding of gender, environmental thinking, scientific breakthroughs, and Indigenous and non-Western ideas, pointing toward a more interconnected, relational world."

There will be a three-session, in-person series of discussions beginning September 29. Opportunities for online engagement will be offered through Unity's Justice Learning Partners beginning September 23.

Obama School Team

As we near the beginning of a new school year, here are two opportunities to pique your interest in volunteer roles at Obama School. Thanks for your support!

- Last year, several of us formed a small team that went to the school early on Friday afternoons to distribute food packs to children's backpacks. There were only 19 backpacks to fill, and it took us about 45 minutes. We'll be recruiting for this team during September.
- The principal of the Middle School would like more volunteers as they expand the population by adding seventh grade this fall. We don't know exactly what she's proposing, but if you might be interested in working with middle schoolers, watch more information.

Hallie Q. Brown Food Shelf and Clothing Closet

Bring non-perishable food and other household items for the food shelf. Please, no dented cans or expired food. Donation baskets are located at the Holly and Portland Avenue entrances. Financial contributions are gratefully accepted online.

In addition to the food shelf, Hallie Q. Brown, has a clothing closet and seeks donations of new or gently used clothing and shoes (for people of all genders and ages) as well as *new* undergarments for children of all ages. All items must be clean and in good condition. Drop-off at Hallie Q. Brown (270 N. Kent Street, St. Paul), Monday-Friday, 9:00 a.m. to 4:30 p.m.

Unity Church–Unitarian

Sanctuary Entrance: 733 Portland Avenue | Saint Paul, Minnesota 55104
Business Entrance: 732 Holly Avenue | Saint Paul, Minnesota 55104
651-228-1456 | fax: 651-228-0927 | www.unityunitarian.org | unity@unityunitarian.org

Rev. Dr. Oscar Sinclair, Senior Minister
Rev. KP Hong, Minister of Faith Formation
Rev. Shay MacKay, Minister of Congregational Care
Laura Park, Executive Director
Marcia Hayes, Chair, Board of Trustees

NON-PROFIT ORG.
US POSTAGE
PAID
TWIN CITIES MN
PERMIT NO. 1141

TIME SENSITIVE MATERIAL

National Convergence for Democracy | Tending the Soil

Friday-Sunday, August 21-23 | Minneapolis Convention Center

The National Convergence for Democracy is a three-day gathering in the Twin Cities (Minneapolis-Saint Paul) designed to bring together community, grassroots, and frontline organizers and leaders from across the country who want to skill-share and coordinate the next iteration of democracy defense in the United States. Tending the Soil is an alignment of five power-building non-profits and labor organizations — representing more than 10,000 Minnesotans — led by working class, BIPOC community leaders with a long history of effective and equitable organizing. Get all the details and register today.

Join us for a St. Paul Saints Game

Purchase Tickets

Our annual St. Paul Saints outing is coming up! Meet friends new and old (and dance with Mudonna) at the St. Paul Saints game on Friday, August 28, at 7:00 p.m. Tickets are $22 each.

Welcome, Families

Religious Education for children and youth begins September 20!

To learn how your family can join the fun and fellowship, please turn to page two.

In The Justice Database

World Central Kitchen

Even as one crisis like the Ukraine war gets pushed off the front page for another like the Venezuela earthquake, World Central Kitchen remains to provide healthy meals for those in need.