

Covenant Program #2

HUNGRY HEARTS; **STARVING SOULS**

Light Candle

At times our own light goes out and is rekindled by a spark from another person. Each of us has cause to think with deep gratitude of those who have lighted the flame within us.

~Albert Schweitzer

Check-in

Opening Reading:

“Most of us tend to bite off much more than we can chew in life. And because we cannot chew what we have bitten off, we tend to take life in lumps and have difficulty digesting it all. Too many of us take on too much. We are overly ambitious, overly acquisitive, overly possessive. We are much better off to take just a little of anything at a time, taste it fully, and suck all the sweetness from it. Enough is a feast.

~W. Phillip Keller
Taming Tension

“Our attention is continually grabbed by the minutia of our life. Even the choice of donuts (chocolate, cake, glazed, sprinkled, blueberry, long johns, bear claws, etc.) becomes a big event. Just to get through the grocery store requires diligent attention to brands, prices, labels, fat content, calories, while competing ads echo in our minds. Trivia...Exhausting...

Our culture seems to demand focus on materiality, while our souls are starving. Just getting along day to day, we seem to become covered with the pitch of the world, and like tar, materialism is difficult to get rid of. We walk around getting stuck to things that are not important to our salvation.”

~Leslie Williams
Night Wrestling

Reflection Questions~

When in your life is “materialism like tar”?
What does “enough is a feast” mean in your life?

What represents abundant living to you?

Reflective Silence~

- Discussing the Questions~

Business

Check -out

Closing Reading~

“There are so many little heedless ways in which a few cents are wasted here and a few more there. The total would be truly surprising if we should sum them up. I illustrated this to myself in an odd way lately. While looking over the pages of a catalog advertising articles from two cents to ten cents, my husband said, “There are a good many little things you’d like to have. Get what you want; they will only cost a few cents.” So, I made out a list of what I wanted, things I decided I could not get along without as I found them, one by one, on those alluring pages. I was surprised when I added up the cost to find that it amounted to five dollars. I put the list away, intending to go over it and cut out some things to make to total less. That was several months ago, and I have not yet missed any of the things I would have ordered. I have decided to let the list wait until I do.”

~Laura Ingalls Wilder
Saving Graces

Extinguish candle